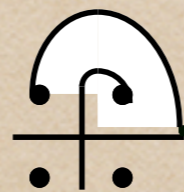
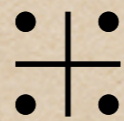


Creating Prayer Labyrinths



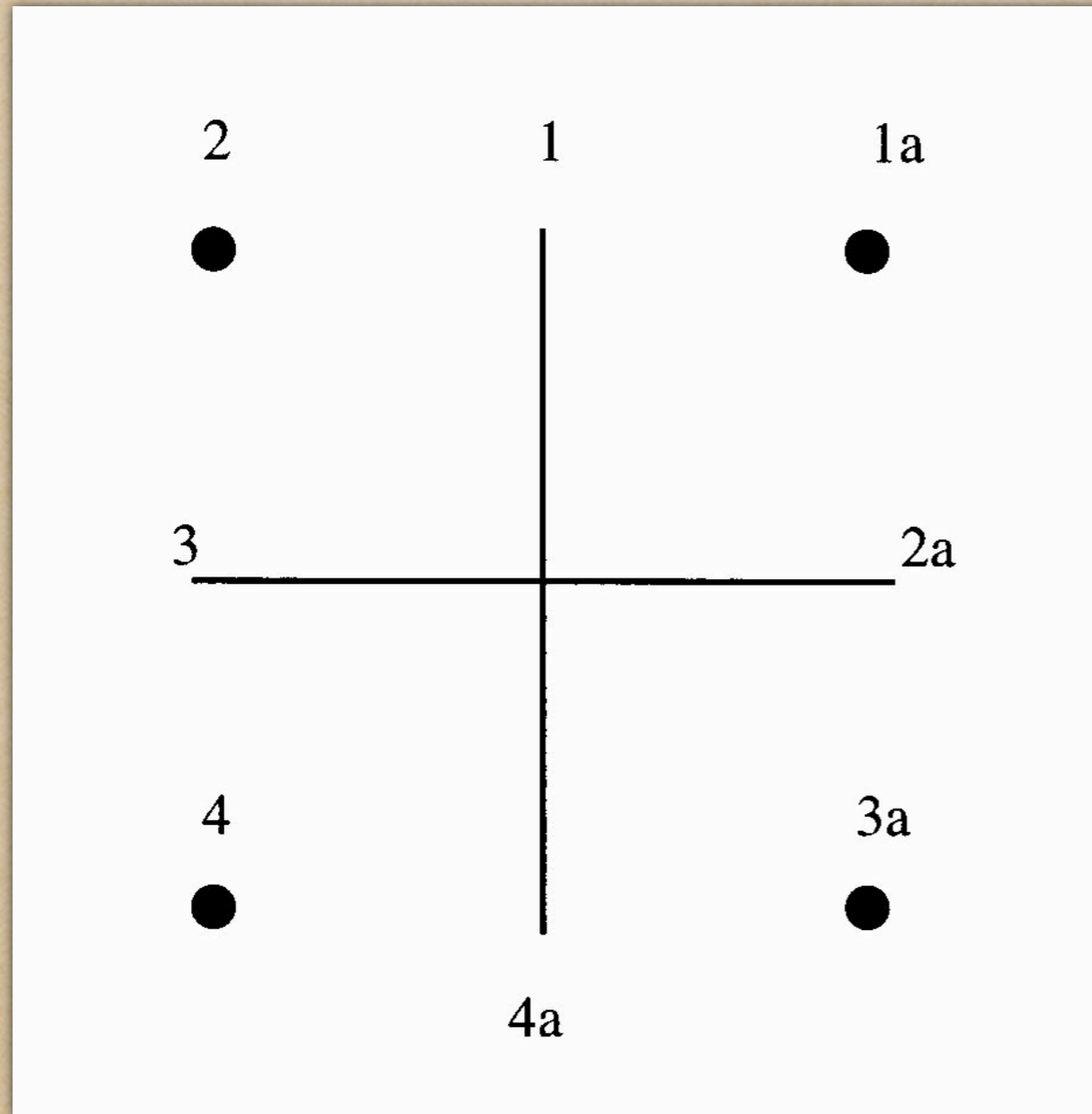
Prepared by ©The Rev. Jill K H Geoffrion, Ph.D.
www.jillgeoffrion.com www.fhlglobal.org www.jillgeoffrion.wordpress.com

Creating a 3 Circuit Prayer Labyrinth

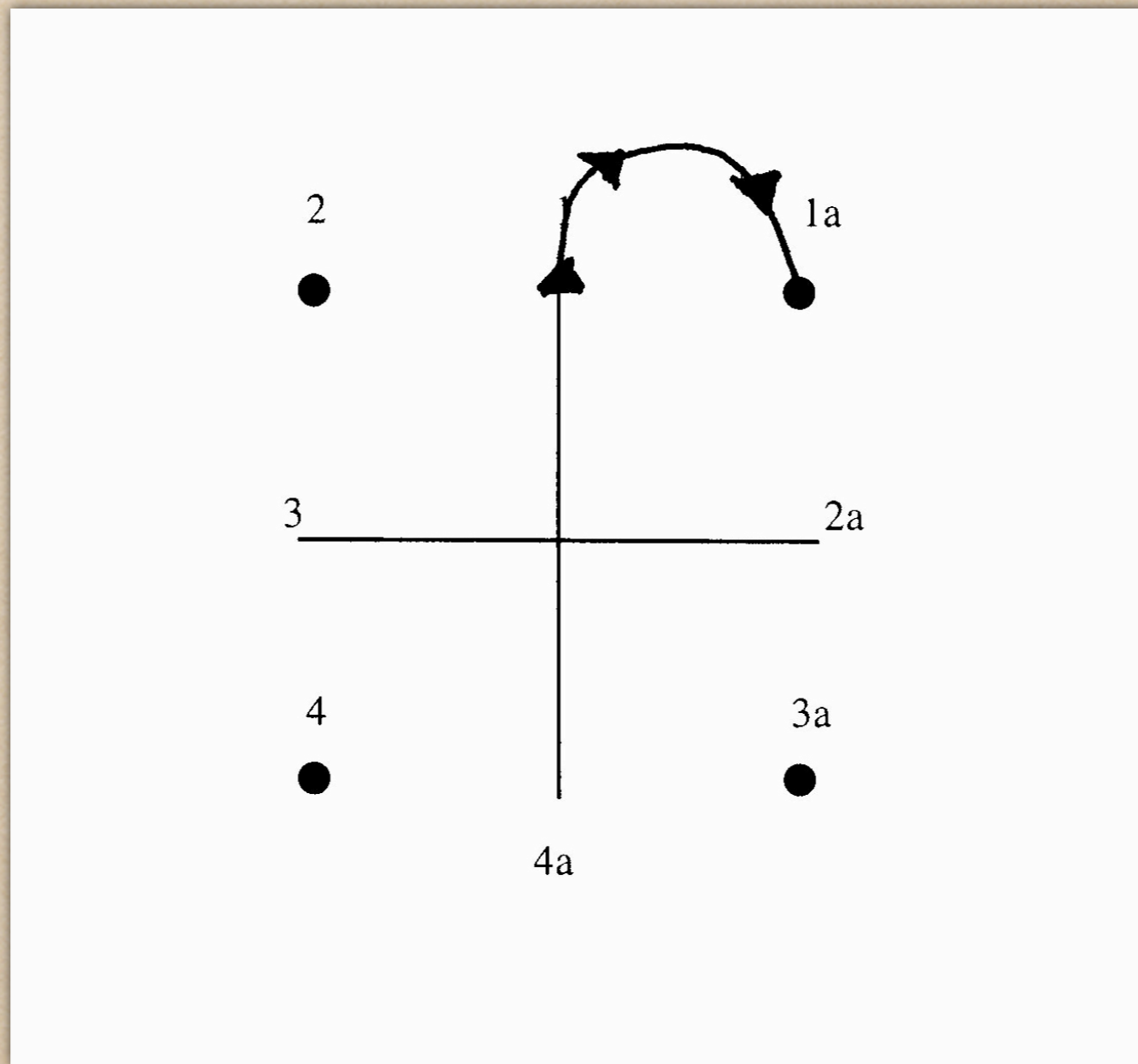


Create a 3 Circuit Labyrinth

Step 1: Make a Cross & 4 Dots

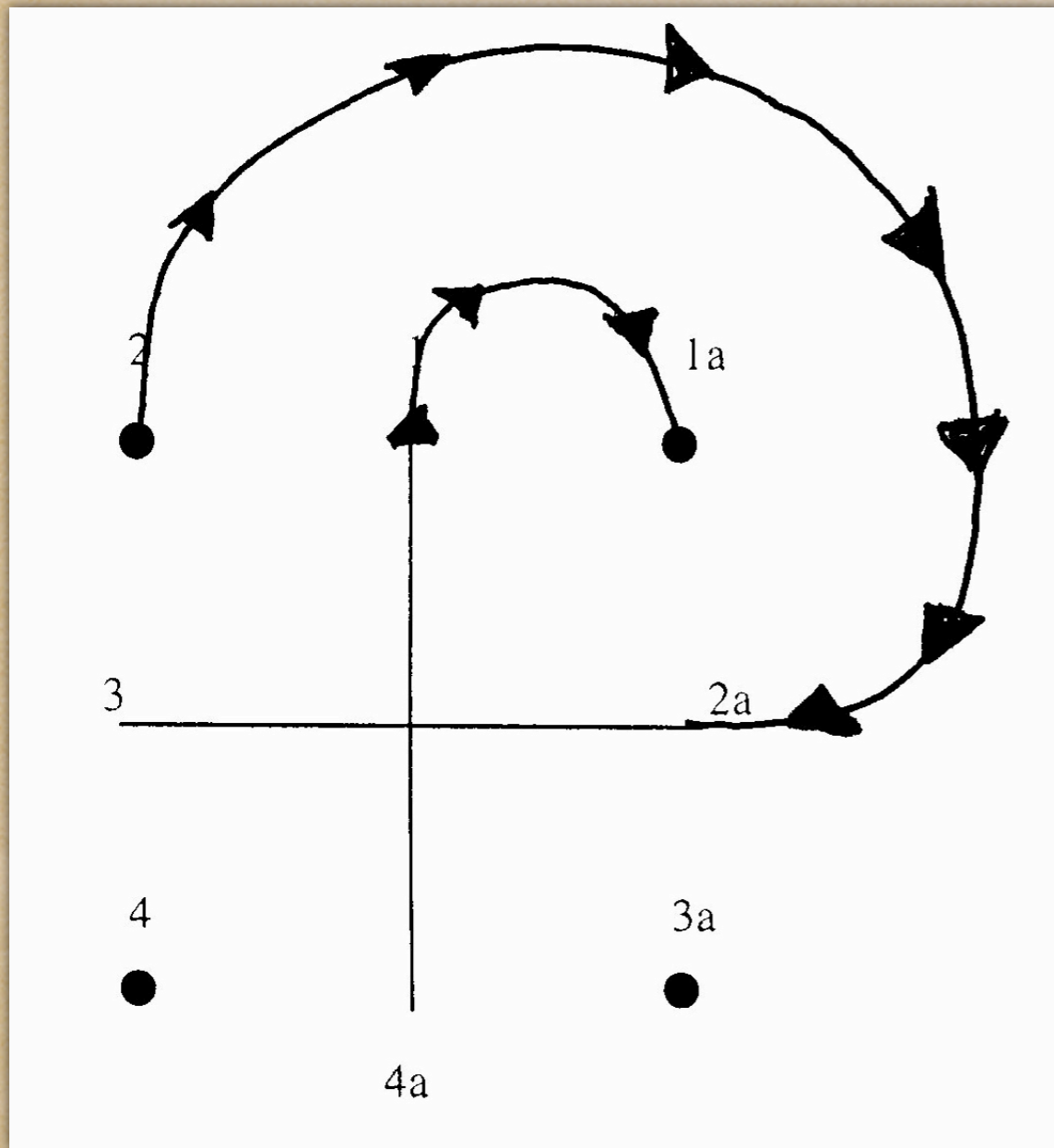


Creating a 3 Circuit Labyrinth



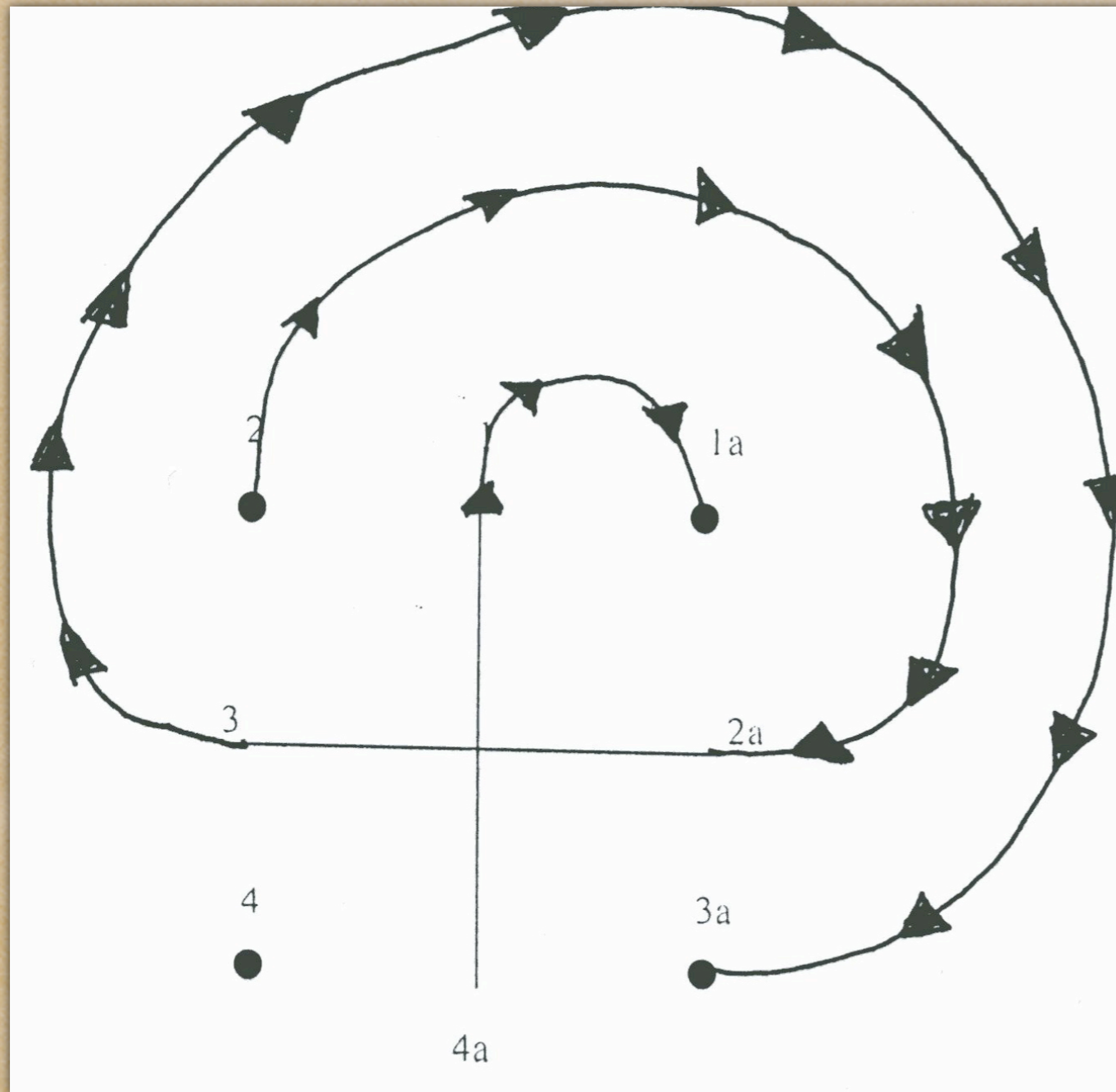
Step 2: Starting at the top of the cross make an arc from 1 to 1a.
Move from left to right.

Creating a 3 Circuit Labyrinth



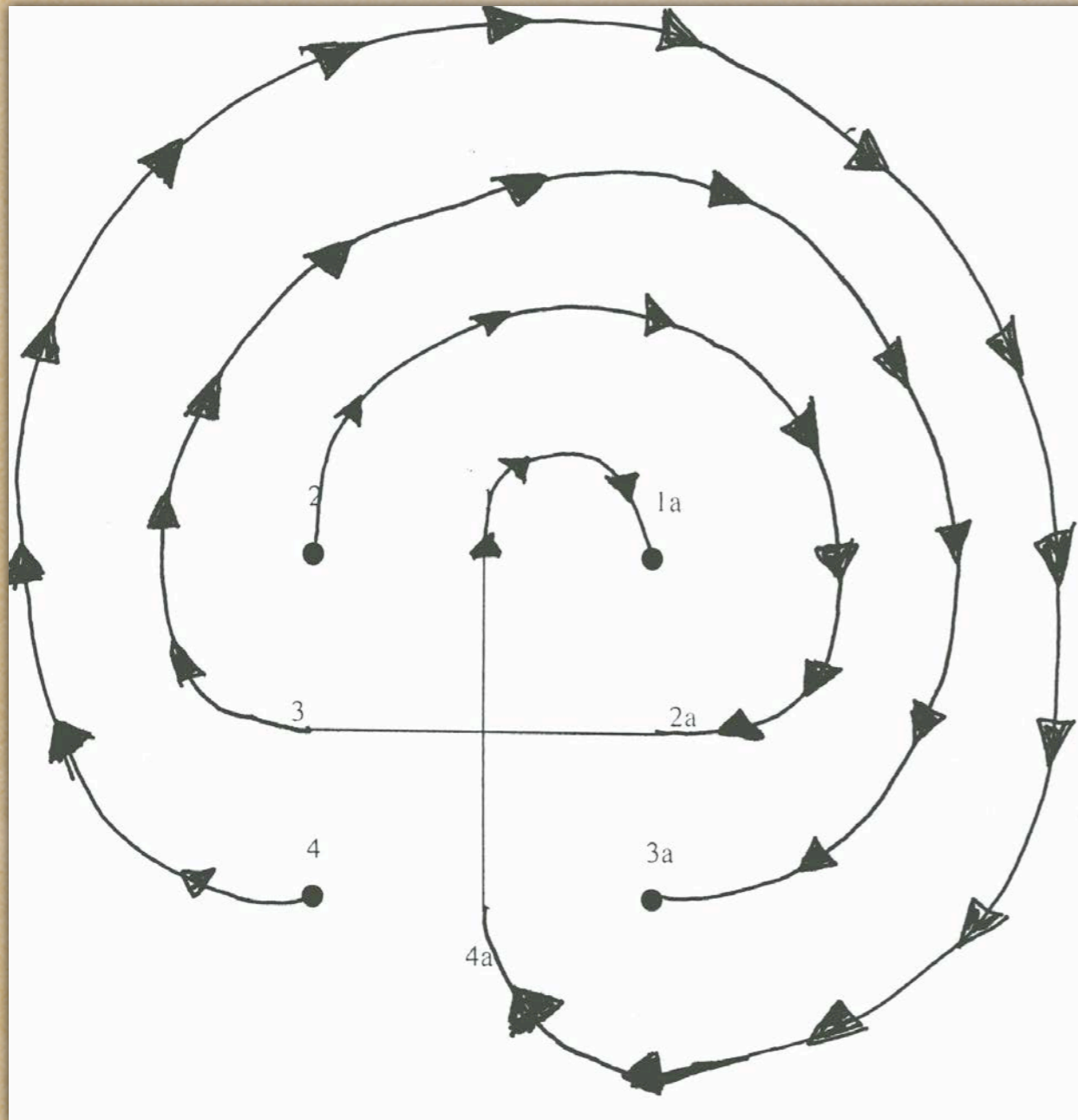
Step 3: Starting at #2 (to the left of the cross) make an arc from to 2a. Move from left to right.

Creating a 3 Circuit Labyrinth



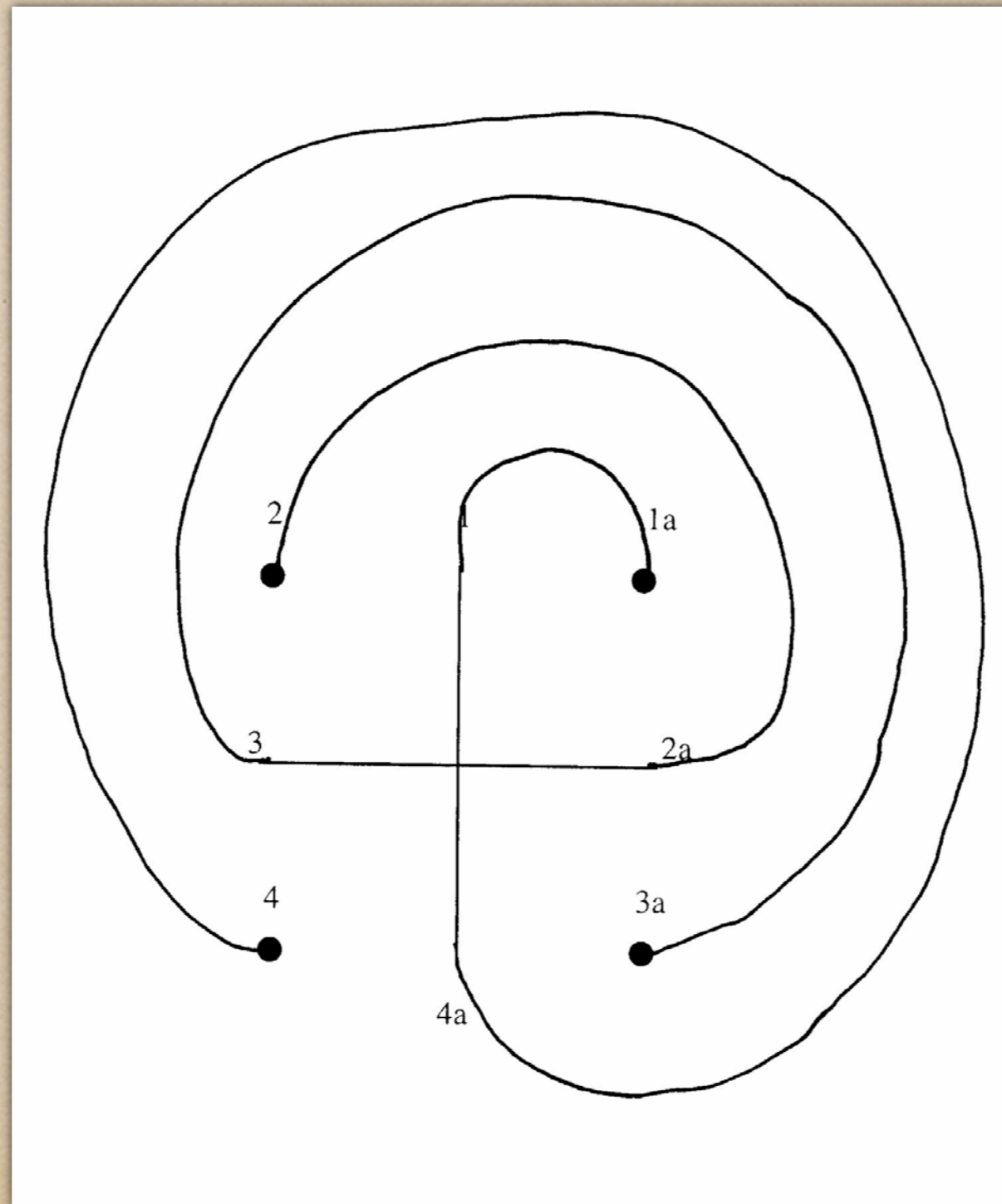
Step 4: Starting at #3 (to the left of the cross) extend the line out a bit and then make an arc to 3a. Move from left to right.

Creating a 3 Circuit Labyrinth

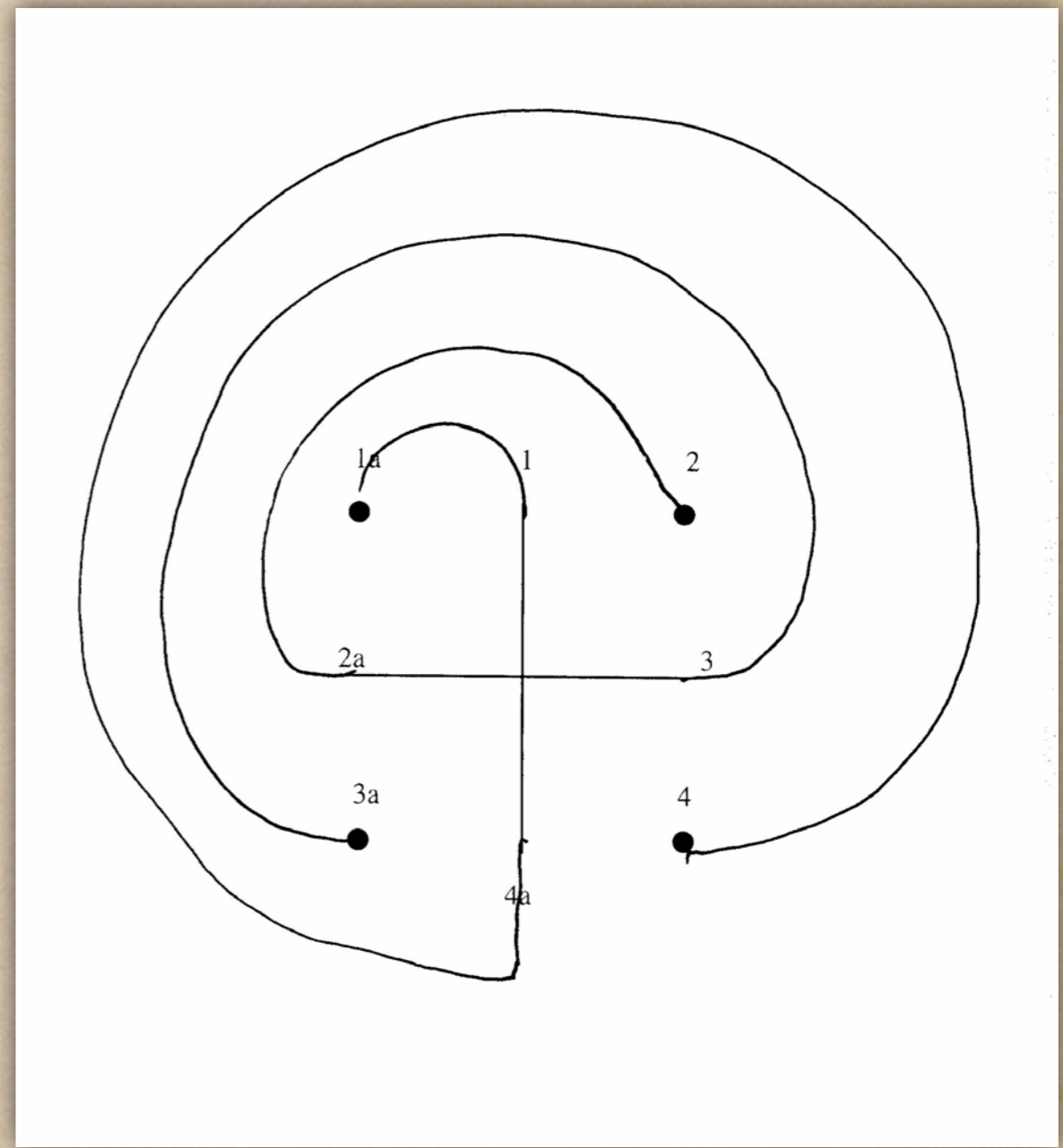
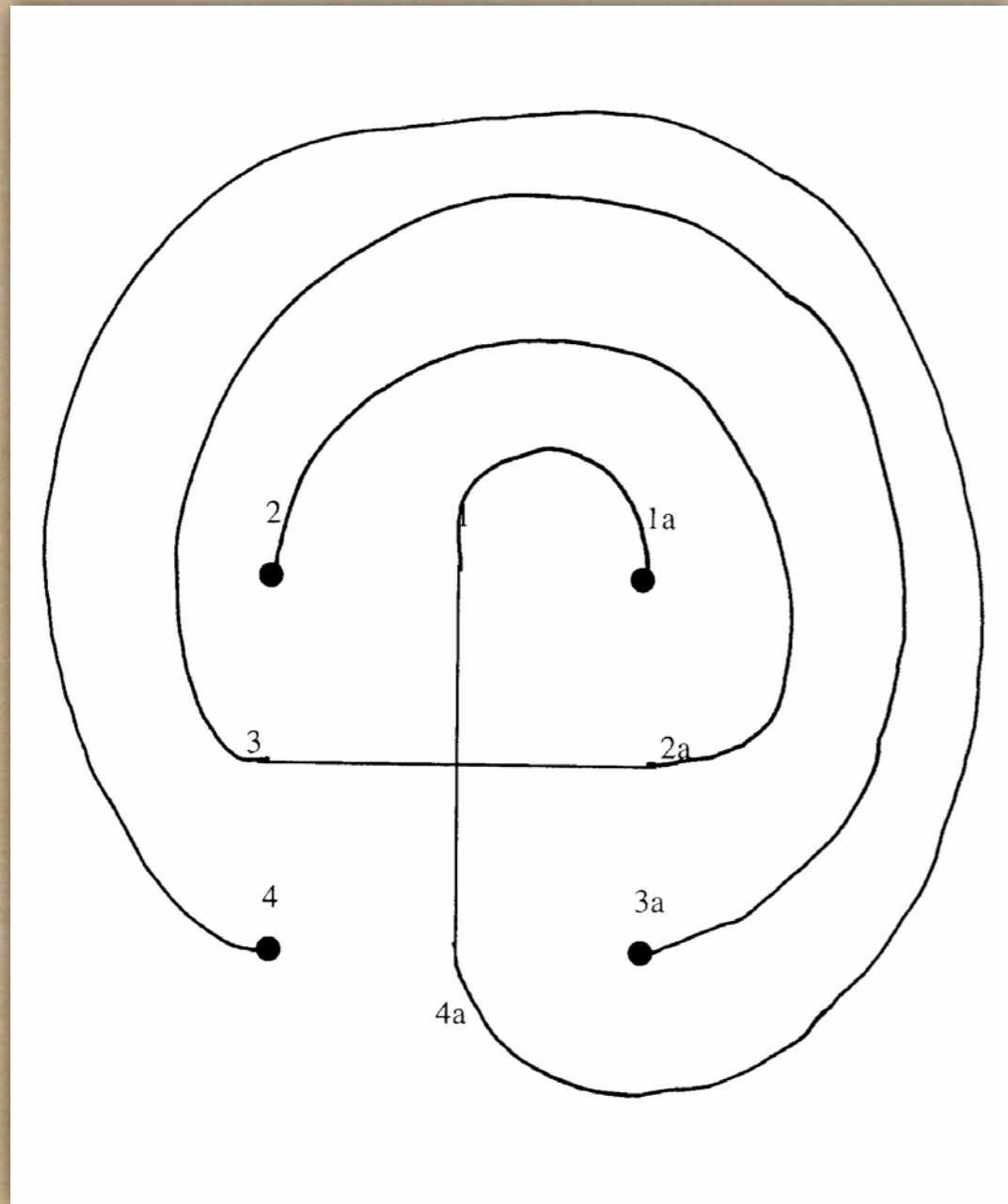


Step 5: Starting at #4 (to the left of the cross) make an arc to 4a.
At the bottom you will have to come up. Move from left to right.

You have created a 3 circuit labyrinth:



3 Circuit left & right handed labyrinths



Each labyrinth is made in the same way. To make the labyrinth on the left, you start at the center and draw right. For the labyrinth on the right, you start at the center and draw left.

Praying with Your 3-Circuit Labyrinth:

Sing, "May I be an instrument of peace..."



Praying with Your 3-Circuit Labyrinth:
pray silently and contemplatively...

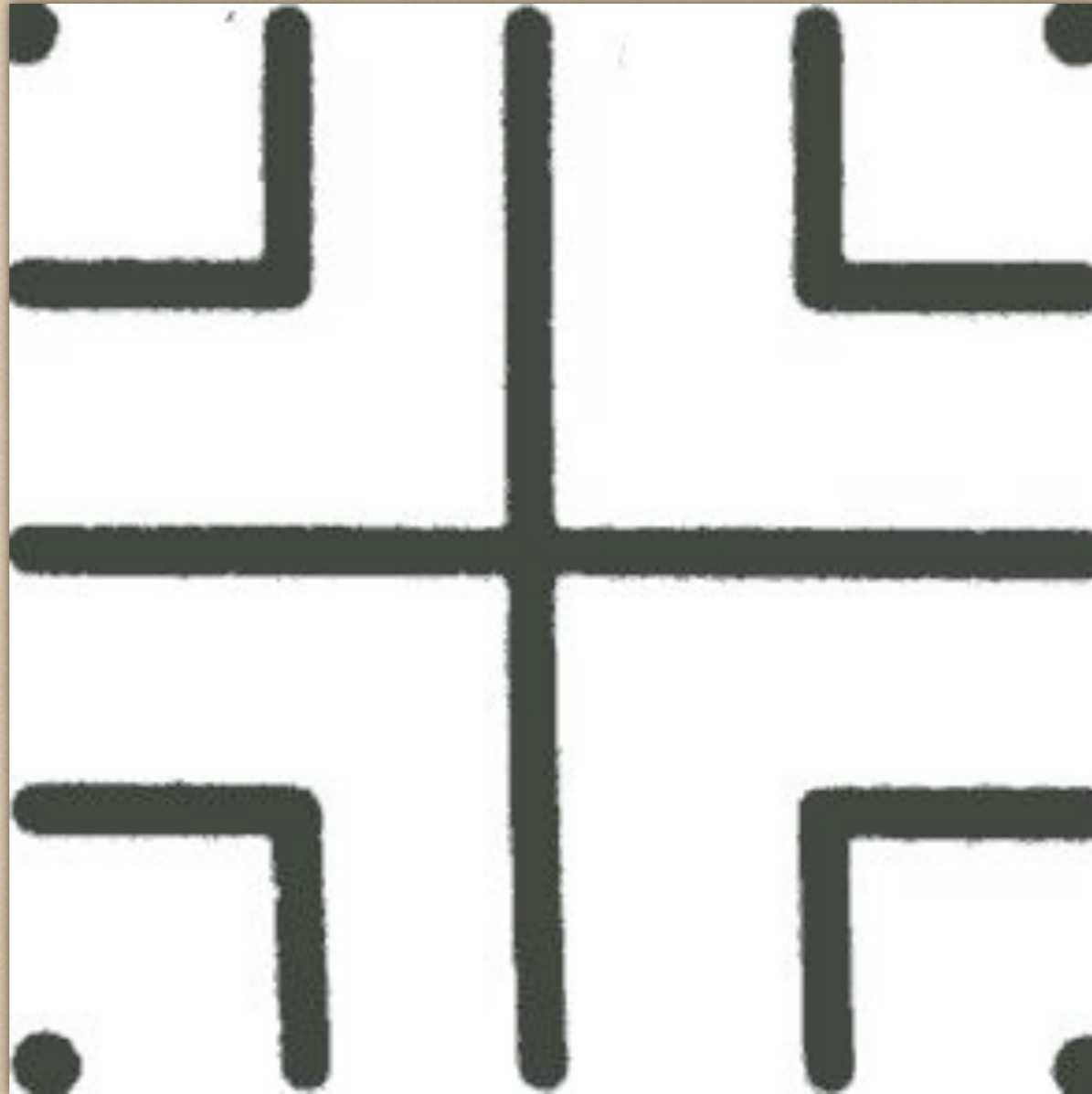


Creating a 7 Circuit (7 circle & center) Labyrinth



Oldest dated labyrinth (1,500 BCE), rock petroglyph from Spain, contemporary labyrinths painted with gel on leaves.

Creating a 7 Circuit Labyrinth



Step 1: Draw a cross, an L-shaped bracket beyond each of its corners, and a dot beyond each of the brackets. It will look like the drawing above.

Creating a 7 Circuit Labyrinth



Step 2: Draw an arc from the top of the cross to the "next point" (to of the upper bracket) on either the right or the left.

Creating a 7 Circuit Labyrinth



Step 3: Move one "next point" over from the center (it can be a dot or a bracket). Draw an arc from that point to the "next point" on the other side of the diagram.

Creating a 7 Circuit Labyrinth



Step 4: Move one "next point" over from the center. Once again, draw an arc from that point to the "next point" on the other side of the diagram.

Creating a 7 Circuit Labyrinth



Step 5: Move one "next point" over from the center. Once again, draw an arc from that point to the "next point" on the other side of the diagram.

Creating a 7 Circuit Labyrinth



Step 6: Move one "next point" over from the center. Once again, draw an arc from that point to the "next point" on the other side of the diagram. You may need to extend lines out before beginning your arc.

Creating a 7 Circuit Labyrinth



Step 7: Move one "next point" over from the center. Once again, draw an arc from that point to the "next point" on the other side of the diagram.

Creating a 7 Circuit Labyrinth



Step 8: Move one "next point" over from the center. Once again, draw an arc from that point to the "next point" on the other side of the diagram. You will have to extend the bottom of the bracket down to meet the line.

Creating a 7 Circuit Labyrinth



Step 9: Move one "next point" over from the center. Once again, draw an arc from that point to the "next point" on the other side of the diagram. You will have to extend the bottom of the bracket down to meet the line.

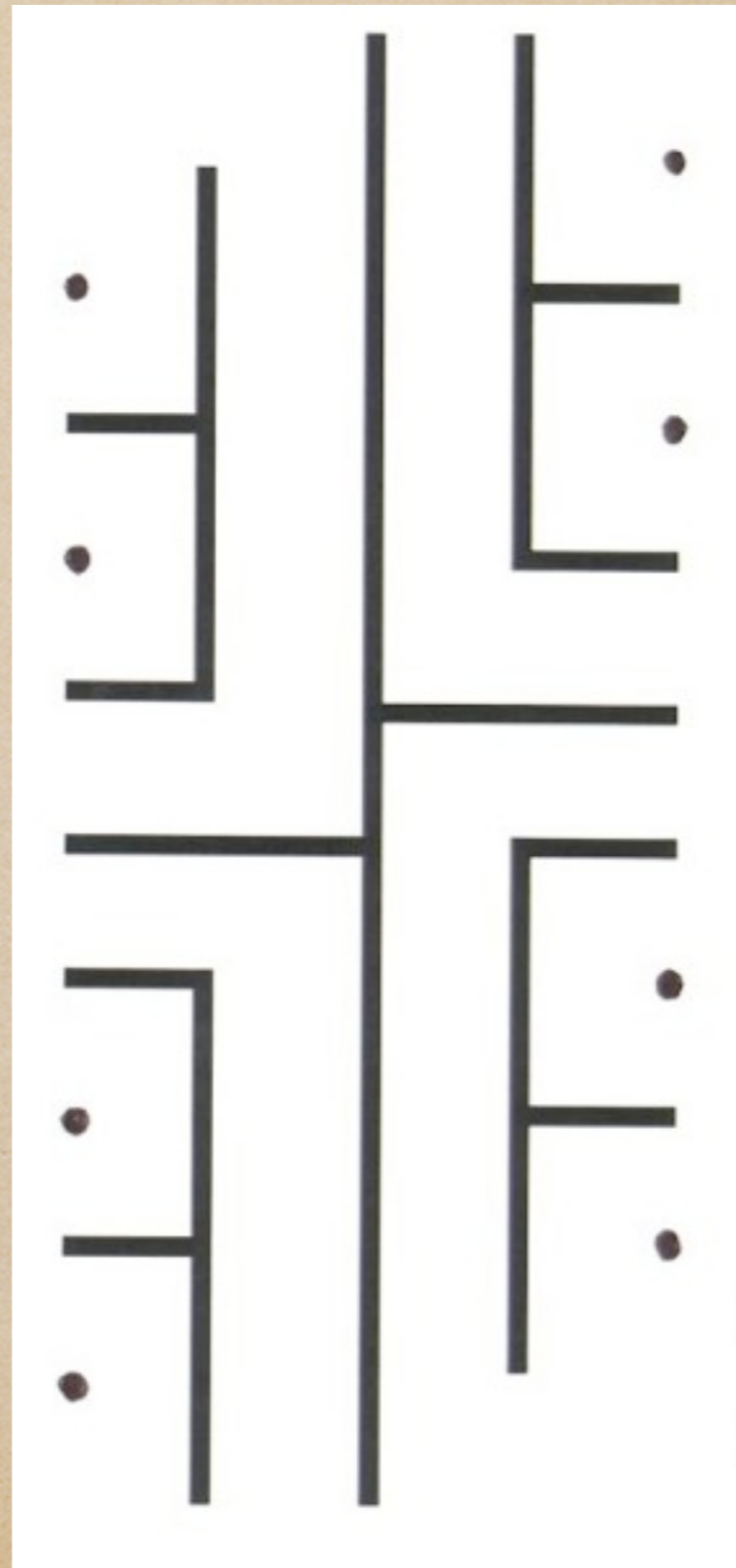
Praying with a 7-Circuit Labyrinth



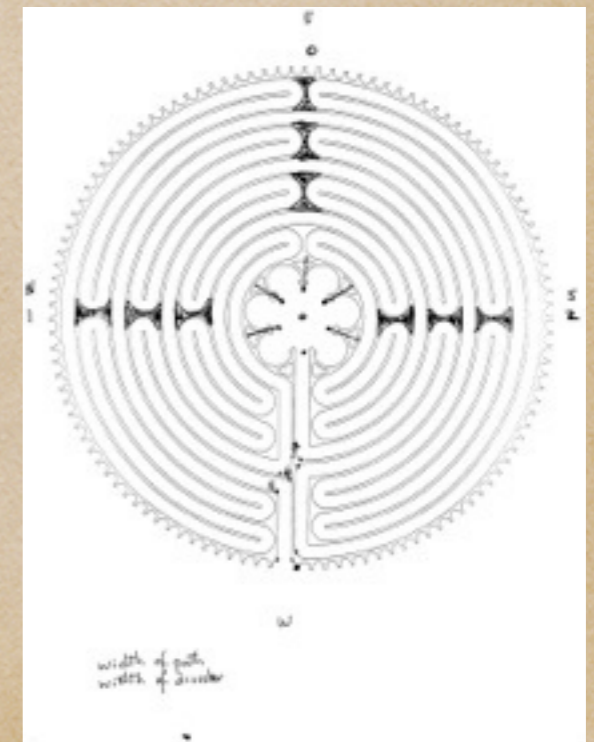
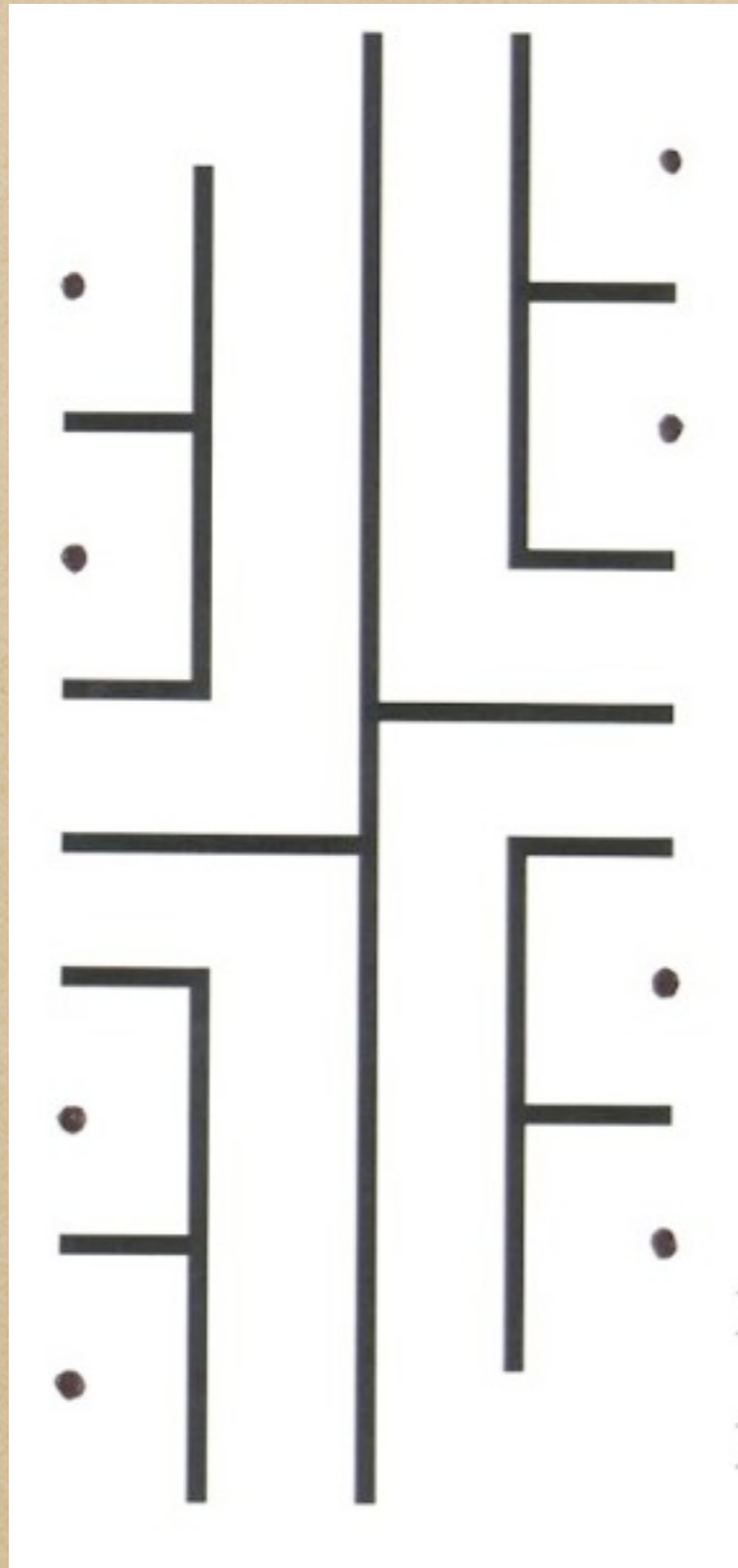
Now you can build a 7 circuit labyrinth
of any size!



Seed Pattern of 11 circuit Chartres-style labyrinth



Seed Pattern of 11 circuit Chartres-style labyrinth



Detailed directions for creating an 11 circuit (12 circle) Chartres-style labyrinth can be found at <http://labyrinth-enterprises.com/tapec1.html>
It is part of www.labyrinth-enterprises.com (web site for master labyrinth builder, Robert Ferré).
Look under: Labyrinth instructions.

Two copies of Ferré's book Constructing the Chartres Labyrinth are in the MIT Library.



What questions do you have about building labyrinths?



Feel free to contact
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