

# Widening the Circle

May Story Beget Story!

Prepared and presented by ©The Rev. Jill K H Geoffrion, Ph.D.  
[www.jillgeoffrion.com](http://www.jillgeoffrion.com) [jillgeoffrion.wordpress.com](http://jillgeoffrion.wordpress.com)  
[www.fhlglobal.org](http://www.fhlglobal.org)











## Minnesota Labyrinth Facilitators Network

Serving the Midwest Region of The Labyrinth Society  
Minnesota, North Dakota, South Dakota, and Wisconsin

*Nancy J. Peterson Anderson, Secretary*  
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Saint Paul, MN 55105-1342  
[njanderson@attbi.com](mailto:njanderson@attbi.com)  
651-699-9533















**John Willenbecher**  
American, born 1936

**Labyrinth, 1993**  
Granite and steel

Presented through the support of U S West  
Communications and the Gerald Rauenhorst Family  
Foundation

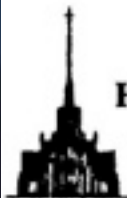
# *Walking The Sacred Path*

*Walking the Labyrinth leads to a Sacred Place deep within that engages one in the process of healing and transformation. It is a symbol of unity and wholeness, and the winding path that takes us to the center becomes a metaphor for our own spiritual journey.*

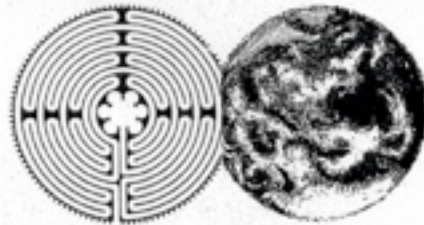
—From *Walking A Sacred Path* by Lauren Artress

**OPEN WALK: THURSDAYS 3:00-9:00**  
**Church Social Hall**

*Pondering These Things: Reclaiming Advent*  
**A Labyrinth Retreat Day**  
**November 7 ♦ 9:30 - 3:30**  
**Facilitated by Emily Wilmer**



**HENNEPIN AVE UNITED METHODIST CHURCH**  
**511 GROVELAND AVENUE at LYNDALE**  
**612.871.5303 ♦ [www.themethodistchurch.org](http://www.themethodistchurch.org)**



*Peace Prayer on the Labyrinth  
Walking into the New Millennium*

*Participate in a global  
New Year's Eve observance.*

*December 31, 1999*

*12:00 noon through  
January 1, 2000  
until 12:00 noon.*

*Hennepin Ave. United Methodist Church  
511 Groveland Avenue  
Minneapolis, Minnesota  
612.871.5303*

*Opening and closing celebrations.  
Participate anytime throughout the 24 hours.*

*In collaboration with Wisdom Ways*



*Hennepin Avenue U.M.C. is located in Minneapolis near Living Park on the corner of Lyndale and Groveland Avenues,  
one block south of The Walker Museum of Modern Art. Parking lots are available on the east side of the church building.*















## Praying through the Seasons on the Labyrinth

### *A Series of Three Retreats*

Minnesota is known for its beautiful autumns, cold winters, and hopeful springs. During this series of three retreats, we will use the labyrinth to explore the spiritual invitations of each season. As we pray our way through outer and inner landscapes, the cycle of nature will lead us on our path toward sacred connections.

These 2 1/2 hour retreats are designed to support your spiritual growth. The labyrinth is a gentle tool that is well suited for exploration and transformation. Ritual movement, quiet reflection, and communal prayer will be part of each retreat.

Retreats can be taken individually or experienced as a series. No prior labyrinth experience is necessary.

Participants are encouraged to bring their favorite art supplies and a journal.



Wednesday,  
November 10  
9:30 a.m.–noon

### Autumn Retreat

As the earth quiets itself, our attention will be focused within. Using the labyrinth, we will search for our own sense of inner peace and gratitude. Before the holidays begin, come experience the gifts of rest and silence.

Friday,  
January 21  
6:30–9 p.m.  
Optional Dinner:  
5:30 p.m.

### Winter Twilight Retreat

Where does your spirit find shelter when the external environment is cold, dark, and barren? As we move on the labyrinth, we will seek to receive the sacred gifts offered in winter.

Wednesday,  
April 13  
9:30 a.m.–noon

### Spring Retreat

What is waking up within you? Are you longing for divine creativity to flow through you? Come play and pray on the labyrinth during this springtime season of joy and new life.

**Leader:** The Rev. Jill Kimberly Hartwell Geoffrion, Ph.D., is the author of six books on labyrinth prayer. She makes frequent research trips to Chartres Cathedral in France and its labyrinth. In these retreats, Jill's love of creating labyrinth experiences that support spiritual unfolding will be yoked with her passion for transformational prayer.

**Cost:** \$25/retreat, \$10 for dinner (January 21 option); sliding fee scale and work scholarships available.

All events are at Carondelet Center unless otherwise noted 23

Wisdom Ways Resource Center for Spirituality presents

# Praying the Sacred Geometry of the Chartres Labyrinth

## Nine Monthly Half-Day Retreats

September 2001 to May 2002

The labyrinth can be understood as many things: a pathway of prayer and meditation, a beautiful spiritual symbol, an archetypal pattern of healing, and even a sacred message of Divine Love. The labyrinth at Chartres Cathedral was constructed in 1201 CE using the art of sacred geometry. What might we discover if we prayed the labyrinth with an awareness of some of the symbolic meanings that are encoded in its shapes? Come find out!

First time labyrinth explorers are welcome. These retreats will be especially meaningful for those who have been using the labyrinth regularly. No mathematical background is needed, just bring an open mind and heart, personal art supplies and a journal.

Recommended Reading: *A Beginner's Guide to Constructing the Universe: The Mathematical Archetypes of Nature, Art and Science* by Michael S. Schneider (New York: HarperPerennial, 1994).



September 19	Spiritual Beginnings	Exploring One
October 10	Accepting Life's Paradoxes	Exploring Two
November 14	Unleashing Creativity	Exploring Three and Nine
December 12	Grounding Your Life	Exploring Four
January 9	Enjoying God's Presence	Exploring Seven
February 13	Embodying Growth	Exploring Five
* March 13	Becoming Balanced	Exploring Six and Twelve
* April 10	Opening to Renewal	Exploring Eight
May 8	Beginning Anew	Exploring Ten

Presenter: The Rev. Jill Kimberly Hartwell Geoffrion, Ph.D., loves experiencing the labyrinth's countless gifts. A caretaker of several local labyrinths, she has authored *Praying the Labyrinth*, *Living the Labyrinth*, and co-authored *The Labyrinth and the Enneagram* (with Elizabeth Nagel, fall 2001). A certified labyrinth facilitator, Jill seeks to make the labyrinth accessible to as many people as possible as she encourages others to move authentically on their spiritual paths.

Where: 2nd Wednesday of the month (except September), 9:30 a.m. to Noon  
(Sept. 19, Oct. 10, Nov. 14, Dec. 12, Jan. 9, Feb. 13, \* Mar. 13, \* Apr. 10, May 8)

Where: Room G-1, Carondelet Center, 1890 Randolph Ave., St. Paul  
\* (March 13 and April 10: Fortbonne hall Gymnasium, the College of St. Catherine, St. Paul)

Cost: Series of 9 sessions: \$285 - OR - Individual Sessions: \$35  
Sliding fee scale and work scholarships available. Call 651.690.8830 to inquire.

✕ Registration Form for Praying the Labyrinth ✕

Name \_\_\_\_\_ Attending Series -OR- Individual Dates \_\_\_\_\_

Address \_\_\_\_\_ AmEx/Discover/MC/Visa # \_\_\_\_\_

Exp. Date \_\_\_\_\_ Amount Enclosed \_\_\_\_\_

Phone \_\_\_\_\_ Email Address \_\_\_\_\_

Mail to Wisdom Ways, 1890 Randolph Ave., St. Paul, MN 55105  
or Call (651) 690-8830 - email: wisdomways@stkate.edu  
Website: www.stkate.edu/wisdomways

Wisdom Ways Resource Center for Spirituality presents

# Praying the Labyrinth

Nine Monthly Half-Day Retreats

2001 September 2000 to May 2001 2001

What if . . . you could spend two and a half hours once a month in a safe and sacred space . . .

✦ exploring unexpected interior terrain ✦ opening spiritually  
✦ discovering more about yourself ✦ releasing constraining patterns  
✦ experimenting with prayer ✦ feeling freer

A magnificent spiritual tool, the labyrinth will be the center of our circle as we open to renewal and transformation. By allowing the labyrinth to engage us over time we will deepen connections with God, ourselves, and others.

All are invited. Those who work with others will especially experience this time apart as a welcome respite. Come for the series, or come for a particular session of interest. Monthly topics include:



Sept 20	Perceiving My Needs
Oct 11	Releasing My Inner Critic
Nov 8	Moving Towards Freedom
Dec 13	From Grief to Grace
Jan 10	Laying Claim and Taking Action
Feb 14	Wisdom Informing Knowledge
Mar 14	Where Am I? Who Am I?
Apr 11	Searching For Truth and Justice
May 9	The Pain and Pleasure of Possibilities

Retreatants need no previous experience of walking the labyrinth. All are encouraged to bring a journal and any personal art supplies they wish. These retreats will incorporate the use of an indoor cross labyrinth and the 11-circuit labyrinth mowed into the grass behind Carondelet Center, home of Wisdom Ways.

Presenters: Certified labyrinth facilitators, Jill and Elizabeth enjoy sharing their passion for the labyrinth by inviting others to walk the path. ELIZABETH NAGEL, Ph.D., is a licensed psychologist, writer, and poet with 25 years of experience as a psychotherapist and spiritual director. JILL KIMBERLY HARTWELL GEOFFRION, Ph.D., is an artist, ordained minister, and author of numerous works on praying, including *Praying the Labyrinth* and *Living the Labyrinth*. She has been leading spirituality groups for 22 years.

*When:* 2nd Wednesday of the month (except September), 9:30 a.m. to Noon  
Sept 20, Oct 11, Nov 8, Dec 13, Jan 10, Feb 14, Mar 14, Apr 11, May 9

*Where:* Begins September 20 in E. Marian Lounge, St. Joseph Hall, College of St. Catherine

*Cost:* Series of 9 sessions: \$250 - OR - Individual Sessions: \$30  
Sliding fee scale and work scholarships available. Call 651.690.8830 to inquire.





*Labyrinth Facilitator Gathering  
April 15, 2000*

1:00 Gathering

1:15 to 2:00 Walk

2:00 Introductions

- No breaks, take care of self
- Names, where from
- First came to use labyrinth -- history
- Recent wonderment -- present

3:00 Is there a way for us to do work together?

3:45 Next steps together

- Say be done at 4:10

4:15 Closing Ritual

4:30 Ending







Artists, Retreat Leaders, Writers,  
Congregational Leaders & Committee Members,  
Labyrinth Caretakers, Landscape Designers,  
Teachers, Builders, Therapists,  
Facilitators of Labyrinth Events

If you are sharing the labyrinth with others,  
Please join the  
Minnesota Labyrinth Facilitator Network

Meetings are the second Saturdays in  
January, May and September  
1:30-4:00

Locations vary

We generally walk labyrinths,  
share our latest labyrinth thoughts  
adventures and resources,  
and address topics of mutual interest.

For more information about our meetings or to  
join our email group, contact:  
Nancy J. Anderson, Corresponding Secretary  
[njpanderson@yahoo.com](mailto:njpanderson@yahoo.com) or 651-699-9533



Wisdom Ways Resource Center for Spirituality presents

## Sharing the Labyrinth: The Next Step

A weekend workshop: February 22-24, 2002

If you are longing to bring the labyrinth to others, this multi-faceted, interdisciplinary weekend workshop will help prepare you. Historical background, multiple patterns, labyrinth creation, movement and ritual, suggestions for use in diverse contexts, presentation options and prayerful integration will be included. Participants must:

- have significant prior experience with labyrinths (see previous page as one possibility)
- have the intention of offering the labyrinth to the wider community

The format of the weekend will replicate the labyrinth experience: the journey in, the center, the journey out. Resource people from the Minnesota Labyrinth Facilitators Network, with diverse areas of expertise, will lead the weekend. They include:

Carolyn Bornhauser ~ Movement and body prayer leader  
Martha Erickson ~ Retreat leader and creator of healing gardens  
Jill Geoffrion ~ Author, pastor and labyrinth facilitator  
Barbara Kellett ~ Labyrinth facilitator  
Marilyn Larson ~ Labyrinth designer, artist, educator  
Lisa Moriarty ~ Labyrinth designer and creator  
Elizabeth Nagel ~ Spiritual director and psychotherapist

Professional development certificates from the College of St. Catherine Center for Continuing Education will be available for those who complete the weekend.

**- Limited to 25 participants — register early! -**

**When:** Friday, February 22, 6:30 to 9 p.m.  
Saturday, February 23, 8:30 a.m. to 9:30 p.m.  
Sunday, February 24, 8:30 a.m. to 12:30 p.m.

**Where:** Carondelet Center, 1890 Randolph Ave., St. Paul

**Cost:** Overnight: \$400 – includes two nights at Carondelet Center (shared room) and three meals (two lunches and one dinner)  
Commuter: \$350 – includes three meals (two lunches and one dinner)

*Wisdom Ways is a collaborative initiative of the College of St. Catherine and  
the Sisters of St. Joseph of Carondelet-St. Paul Province*



# Midwest Labyrinth Festival

with  
National and International Presenters



Saturday, October 25, 2003

8:30 a.m. – 5:00 p.m.

Carondelet Center  
1890 Randolph Avenue St. Paul, MN

*Presented by*  
Wisdom Ways  
Resource Center for Spirituality  
*In collaboration with*  
The Minnesota Labyrinth Network

*Join us for a one day festival!  
Celebrate diverse uses of the  
labyrinth in the world.*

- Keynote speakers from Essex, England
- Choose two of twelve workshops
- Labyrinth walks
- Resource Center and Vendors
- Multi-media closing



Labyrinths are archetypal symbols — the earliest known patterns are thousands of years old. They have been found all over the world, across cultures and spiritual traditions.

Today 21<sup>st</sup> century seekers are rediscovering labyrinth walking as a tool in their spiritual journey. Walking a labyrinth offers a path to self-discovery, creativity and rejuvenation. They have universal appeal and unlimited uses. A labyrinth walk is as individual as each person who comes to a labyrinth.







Subj: Welcome to the Labyrinth Society  
Date: Friday, September 24, 2004 5:16:52 PM  
From: JillKHG7  
To: LGMoriarty, JillKHG7, ryoungbe@totinograce.org

Renee,

Welcome to the Labyrinth Society!

I am one of the Midwest Regional Representatives, along with Lisa Moriarty. We'd love to learn more about you and your interest in labyrinths.

We have quite a regularly active group of labyrinth enthusiasts in Minnesota and Wisconsin who share labyrinths with others. We call our group the Minnesota Labyrinth Network and have meetings three times a year - the second Saturday of May, September and January. The meetings are open to anyone who is sharing the labyrinth with others. There is no cost to join us. We hope you will come!

If you are interested in being on the Network's list-serve, a yahoo group message site to get notice of meetings and other events, please contact our Correspondence Secretary Nancy Anderson at npjanderson@yahoo.com or 651-699-9533. We usually post one or two messages a week.

We are also maintaining a list of labyrinths around Minnesota and Wisconsin, public, private, portable and permanent. If know of one, please let us know so we can add it to our list. Also let Lisa know if you'd like us to send you a copy of the list. Owner's names or contact information can be kept confidential if desired. We simply love to see the list grow! Some of the labyrinths are listed on Jill's website at [www.jillkhg.com](http://www.jillkhg.com) and some are pictured in the photo gallery on Lisa's website at [www.pathsofpeace.com](http://www.pathsofpeace.com)

You might be interested in quarterly labyrinth retreats and other labyrinth events held at Wisdom Ways Center for Spirituality adjacent to the College of St. Catherine in St. Paul. You can find out more by calling Wisdom Ways at 651/696-2788, emailing [wisdomways@csjstpaul.org](mailto:wisdomways@csjstpaul.org), checking on the St. Catherine's website: [www.wisdomwayscenter.org](http://www.wisdomwayscenter.org), or mailing them at 1890 Randolph Ave. St. Paul, MN 55105

Of course, we are most excited about hosting the annual gathering of The Labyrinth Society here in Minnesota on October 7-10, 2004. It will be held at Camp Courage in Maple Lake, MN, about 45 miles NW of Minneapolis. We are still looking for volunteers to help with the gathering. We would be pleased to have you join our planning group in whatever manner best suits your own interests. You may contact



































**LABYRINTHS: THE FIRST FOUR MILLENNIA**

**FRIDAY, MARCH 31, 2000**

**7:00 – 9:00**

**HENNEPIN AVE UNITED METHODIST CHURCH**

**\$10 DONATION REQUESTED**



**AN EVENING WITH LABYRINTHS FROM AROUND THE WORLD  
FEATURING A LECTURE & SLIDE PRESENTATION BY**

**JEFF SAWARD & KIMBERLY LOWELLE**

JEFF IS AN INTERNATIONALLY KNOWN SCHOLAR AND TEACHER OF THE HISTORY AND ARCHEOLOGY OF LABYRINTHS FROM AROUND THE WORLD. HE HAS BEEN THE EDITOR OF *CAERDROIA – THE JOURNAL OF MAZES AND LABYRINTHS*, SINCE ITS INCEPTION IN 1980. JEFF HAS A COLLECTION OF MANY SLIDES TAKEN ON HIS NUMEROUS TRIPS TO VARIOUS PARTS OF THE WORLD STUDYING LABYRINTHS. IN ADDITION TO PUBLISHING 30 EDITIONS OF *CAERDROIA*, HE HAS AUTHORED NUMEROUS BOOKLETS ON LABYRINTHS. JEFF CURRENTLY RESIDES IN THUNDERSLEY, ENGLAND.

KIMBERLY IS RESEARCHING THE EFFECTS OF LABYRINTH WALKING ON SPIRITUAL PRACTICE. SHE IS THE EDITOR OF THE LABYRINTH SOCIETY NEWSLETTER. KIMBERLY'S RESIDENCE IS IN CALIFORNIA.

**HENNEPIN AVENUE UNITED METHODIST CHURCH  
511 GROVELAND AT LYNDALE AVENUE, MINNEAPOLIS  
612-871-5303**

**CO-SPONSORED BY HENNEPIN AVENUE UNITED METHODIST CHURCH  
WISDOM WAYS, A RESOURCE CENTER FOR SPIRITUALITY  
FIRST UNIVERSALIST CHURCH OF MINNEAPOLIS**













