

Making & Building Labyrinths

Leadership Development Workshop

CCIT Falam, Chin State, Myanmar October, 2013

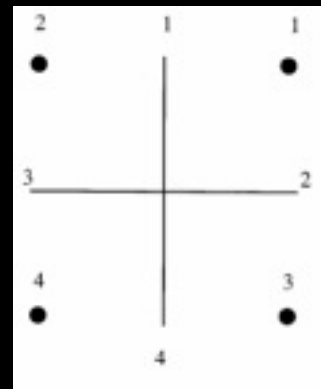
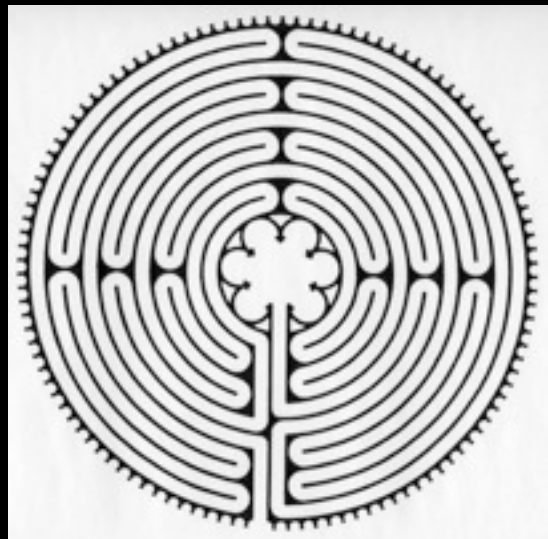
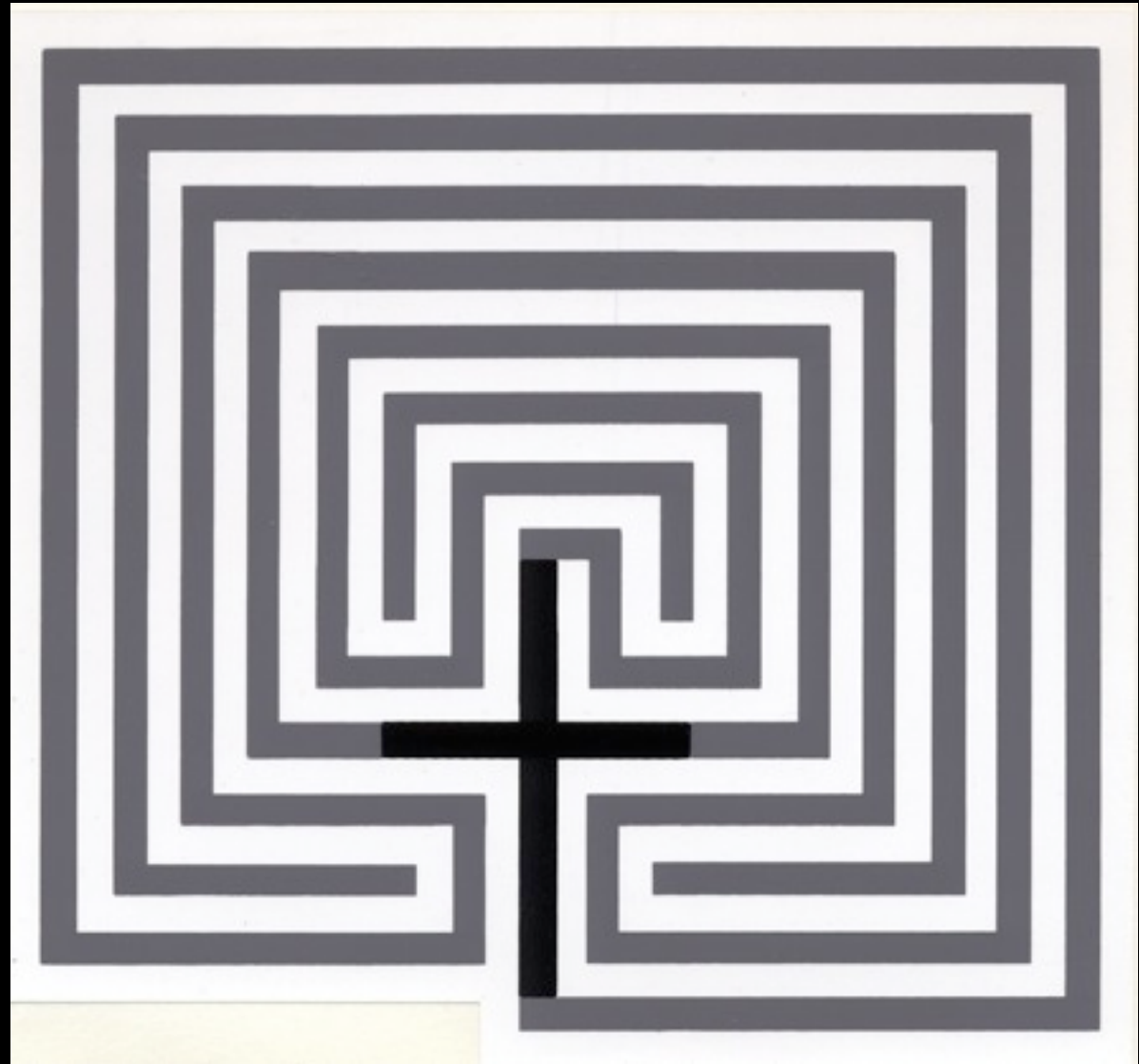
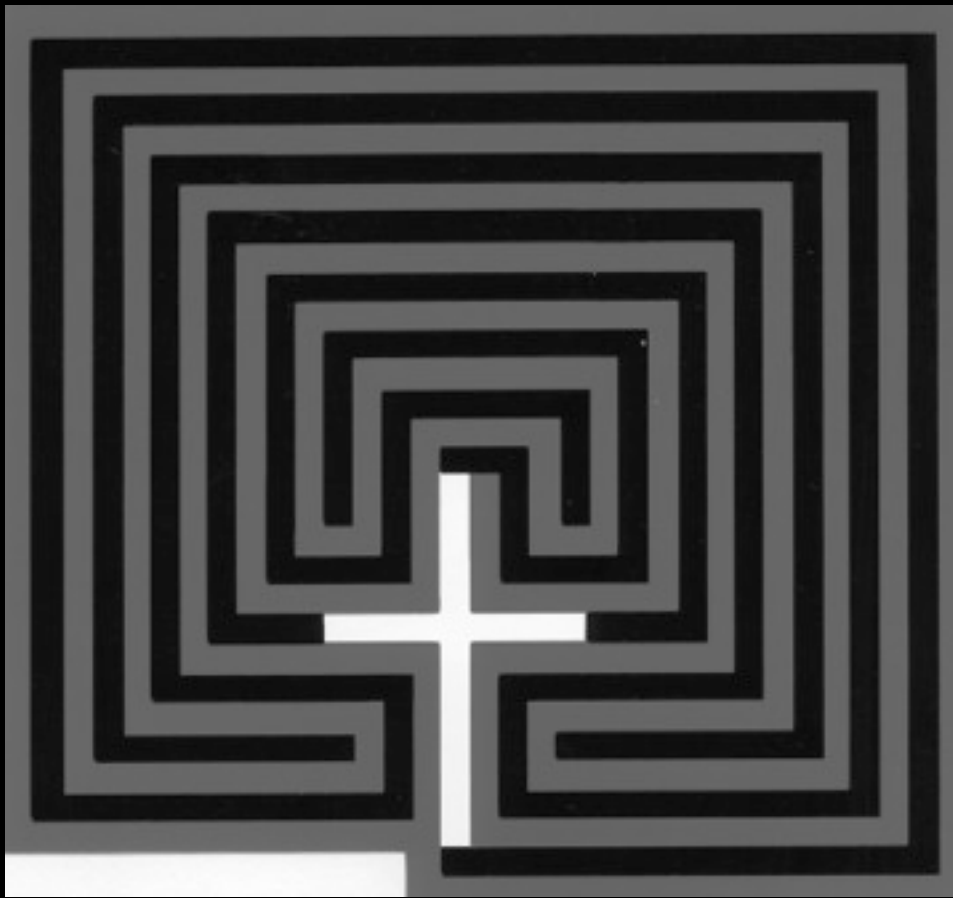


The Rev. Jill K H Geoffrion, Ph.D. www.jillgeoffrion.com jillgeoffrion.wordpress.com

Creating Prayer Labyrinths

Prepared by Rev. Jill K H Geoffrion, Ph.D.
www.jillgeoffrion.com www.fhlglobal.org

The cross is the starting point for building labyrinths.



Hansen Art labyrinths,
7 circuit classical squared,
with highlighted crosses.



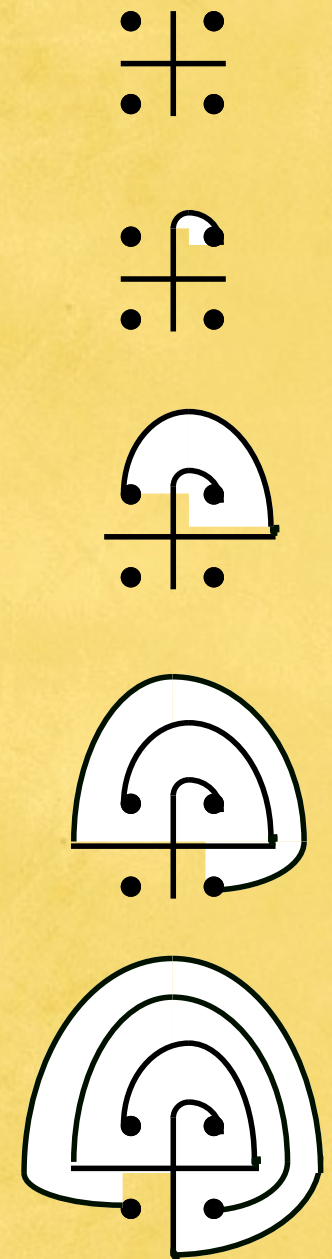
“May I never boast of anything but the cross of our Lord Jesus Christ,
by which the world has been crucified to me, and I to the world.”

Galatians 6:14

We start with a small 3 circuit labyrinth

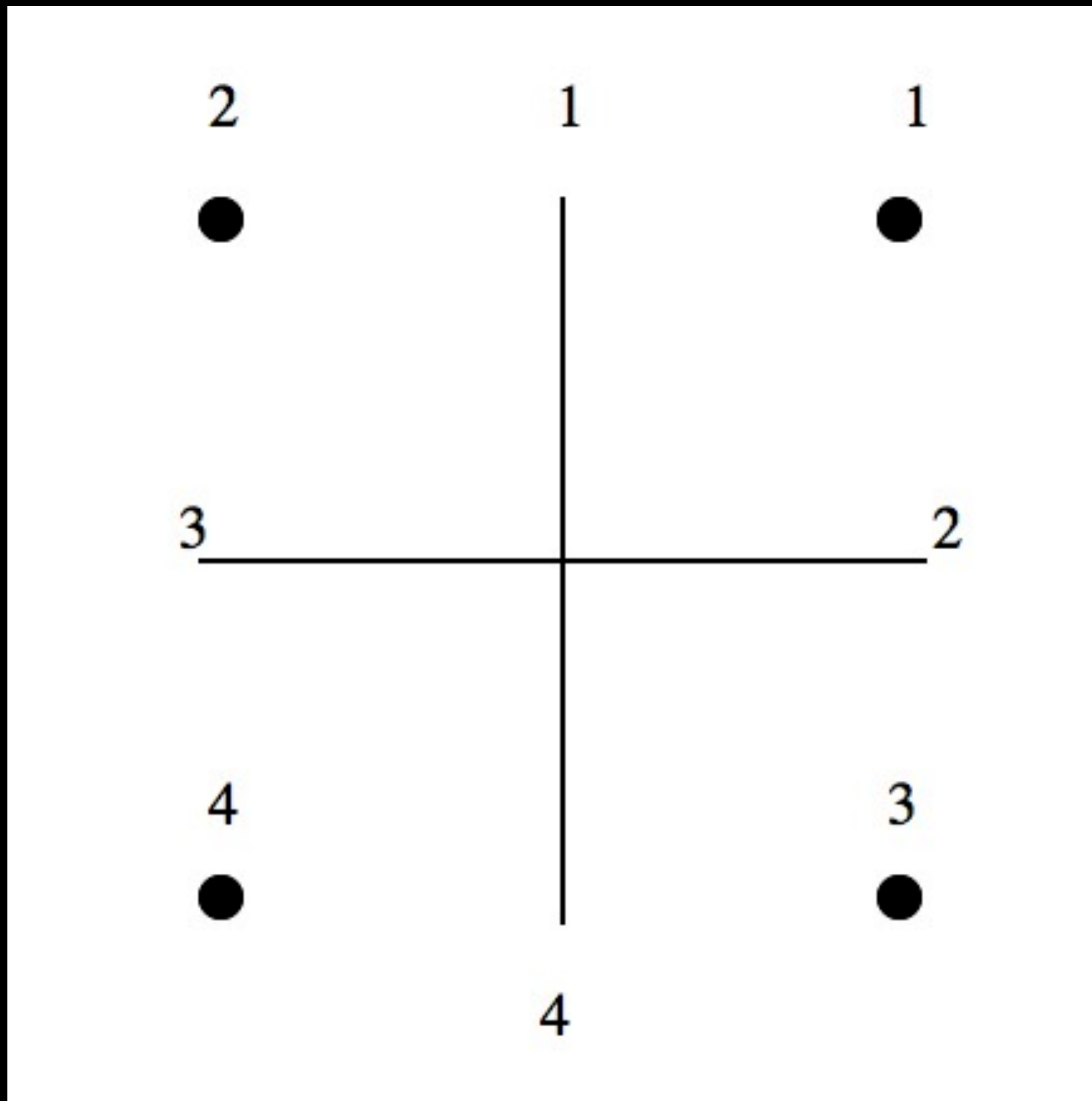


Bukavu, D. R. Congo Africa



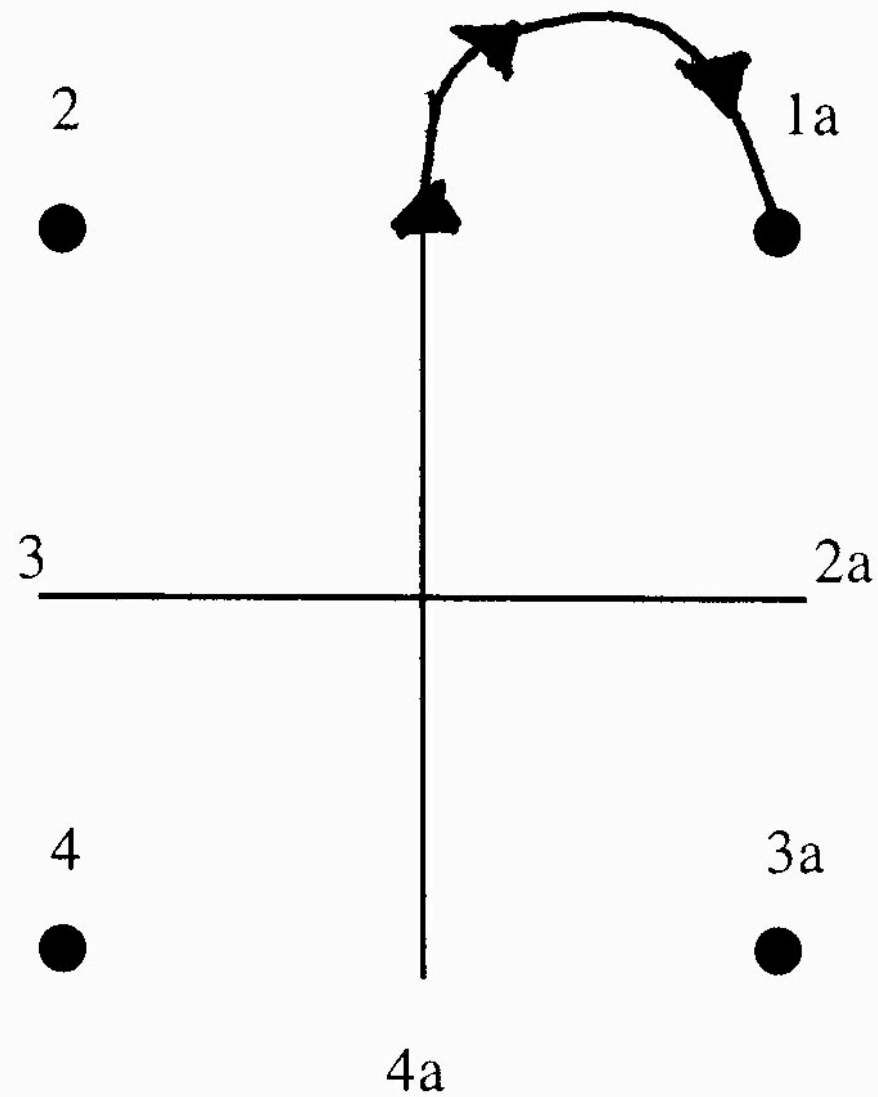
See: Create a 3 Circuit Labyrinth

Step 1: Make a cross with four dots

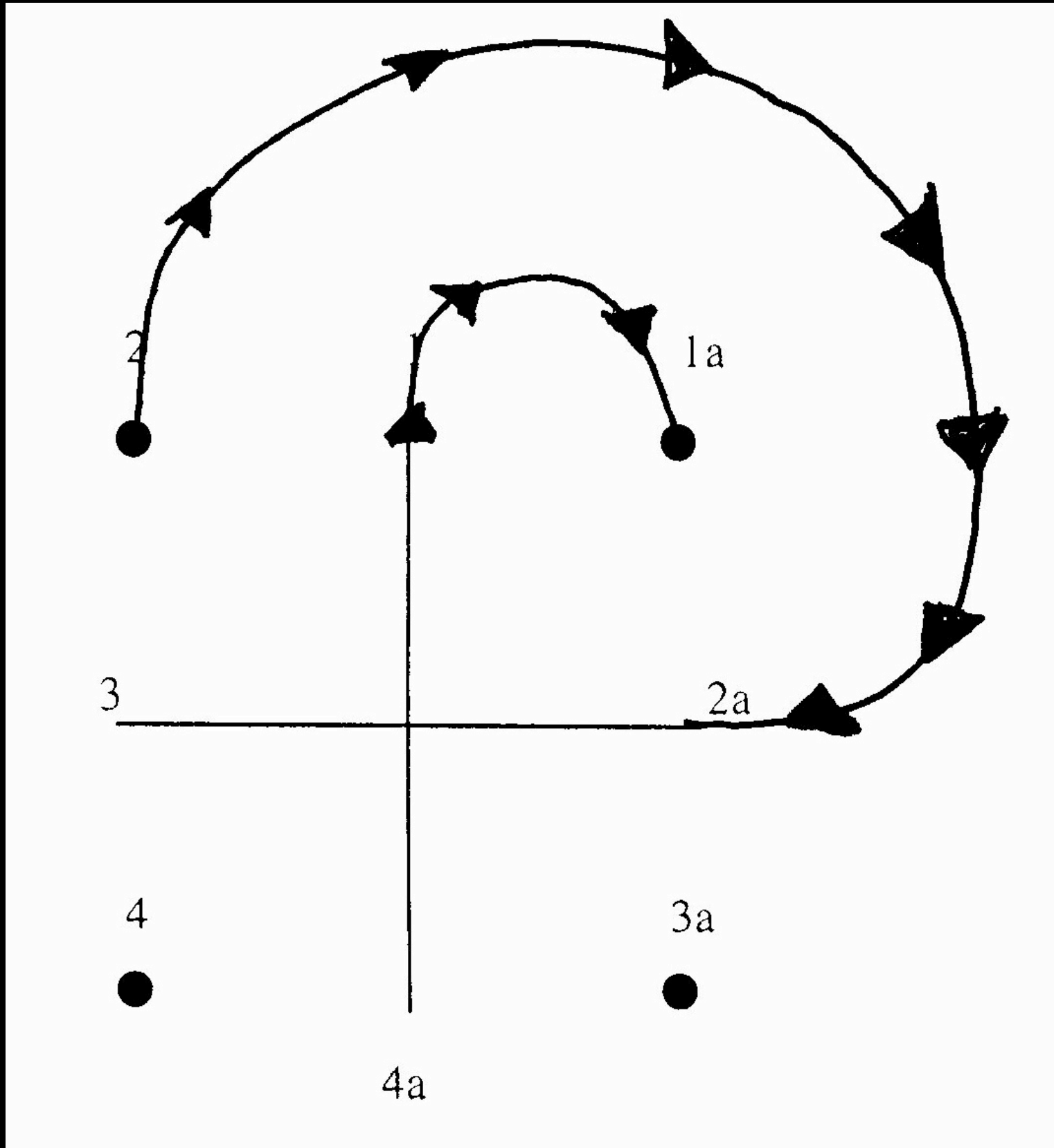


“Seed pattern” for 3 circuit labyrinth

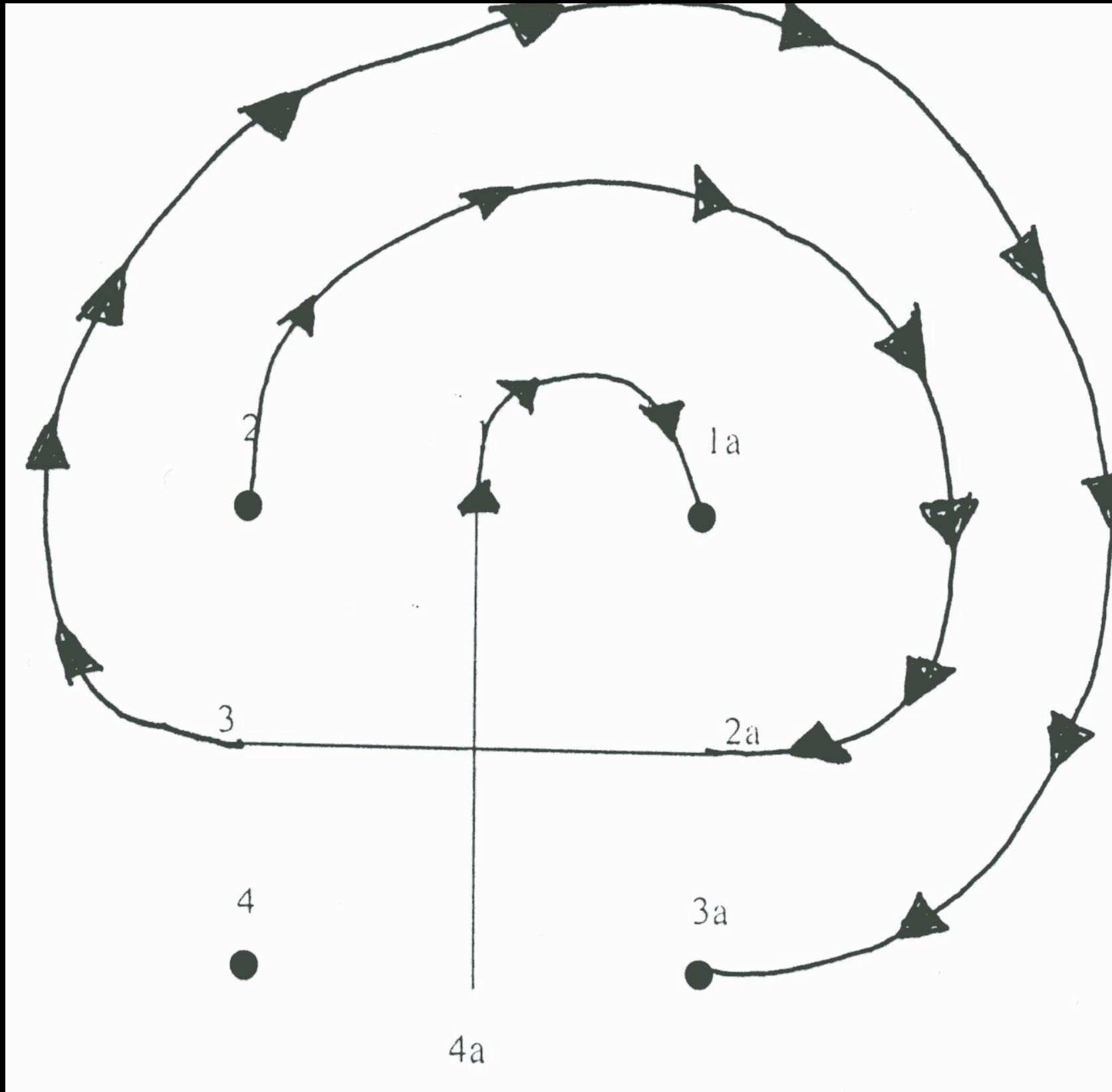
Step 2: Starting at the top of the cross make an arc from | in the center to | on the right.



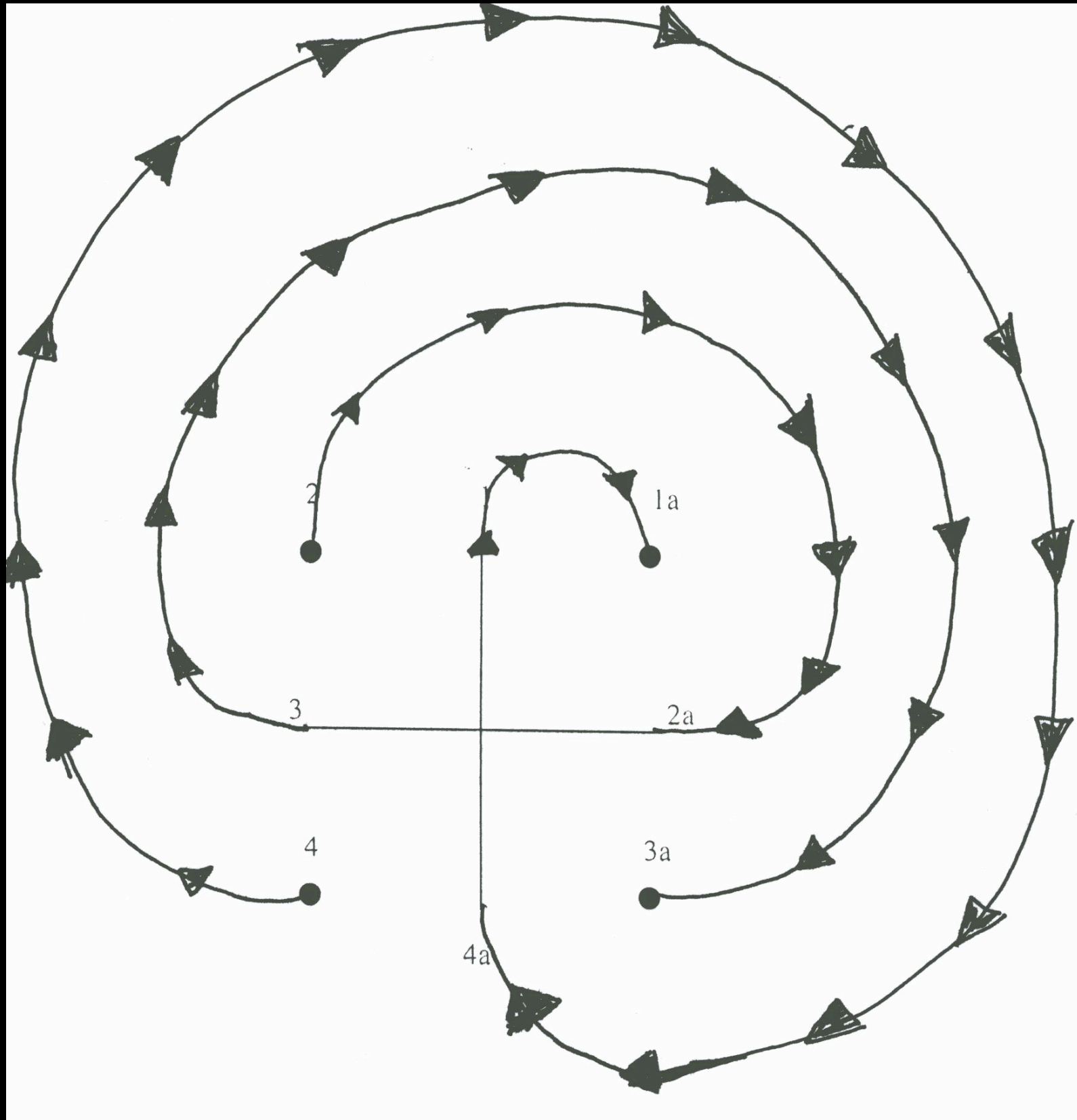
Step 3: Make an arc from 2 on the left side to 2 on the right side.



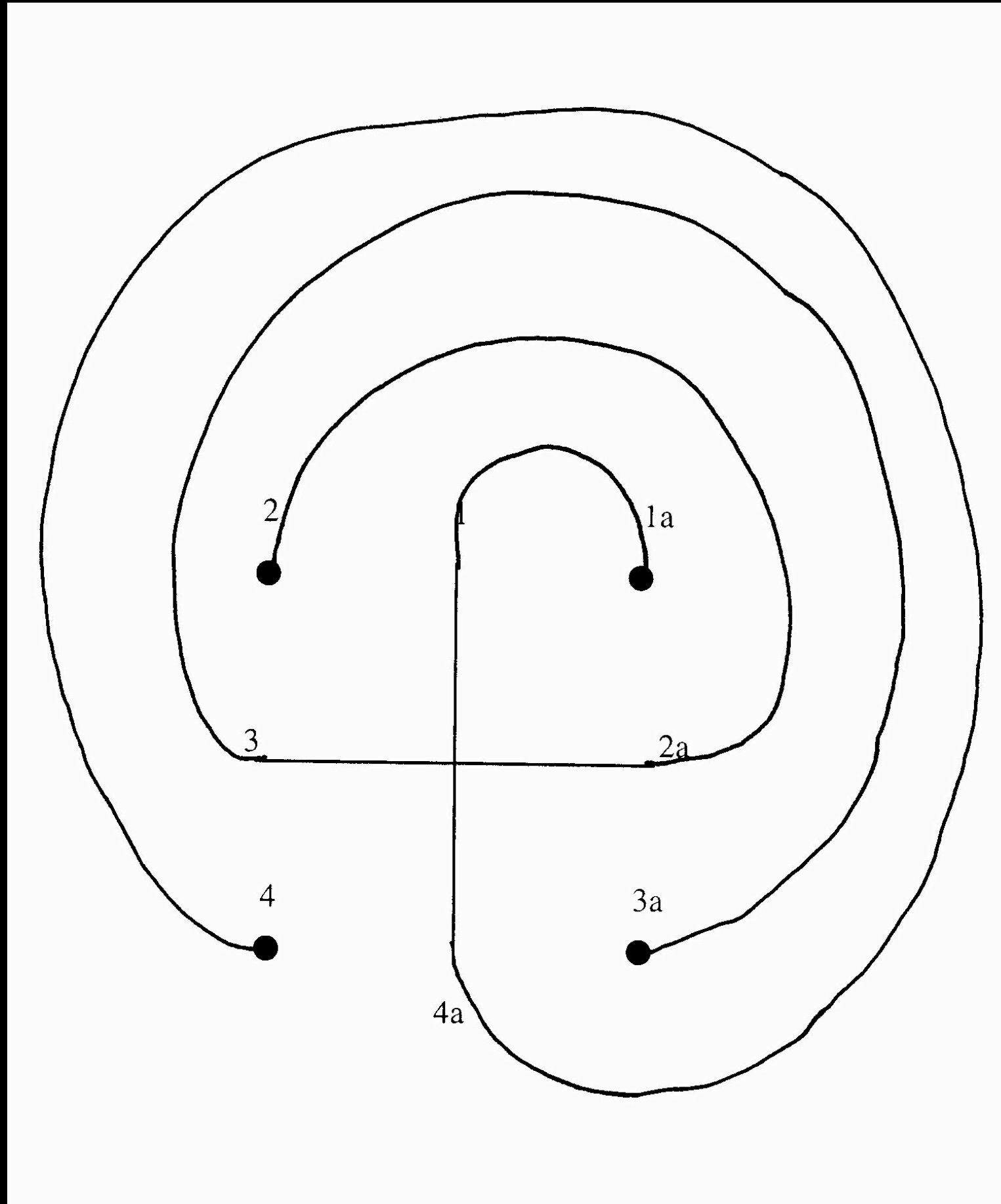
Step 4: Make an arc from 3 on the left side to 3 on the right side.



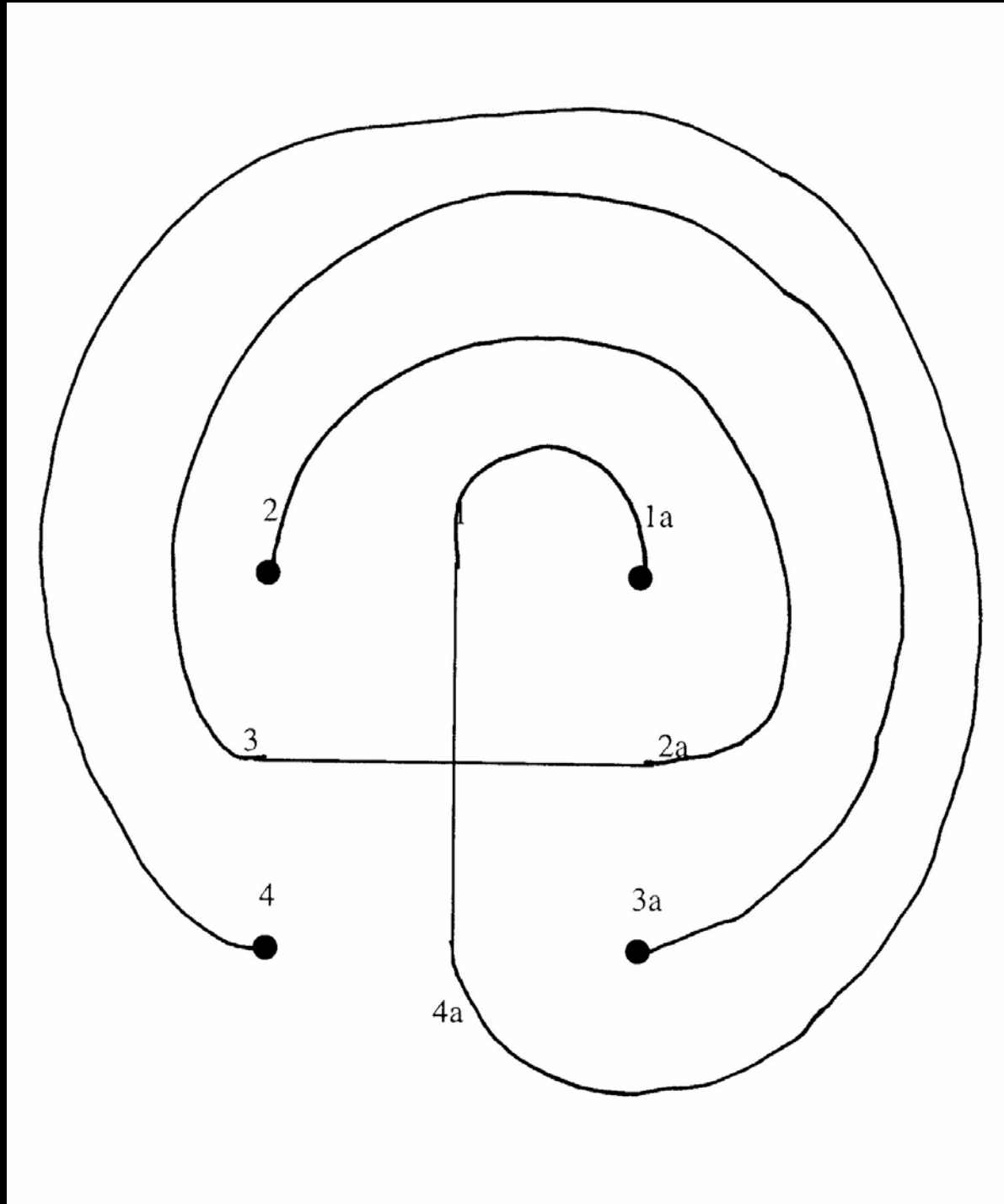
Step 5: Make an arc from 4 on the left side to 4 on the right side.



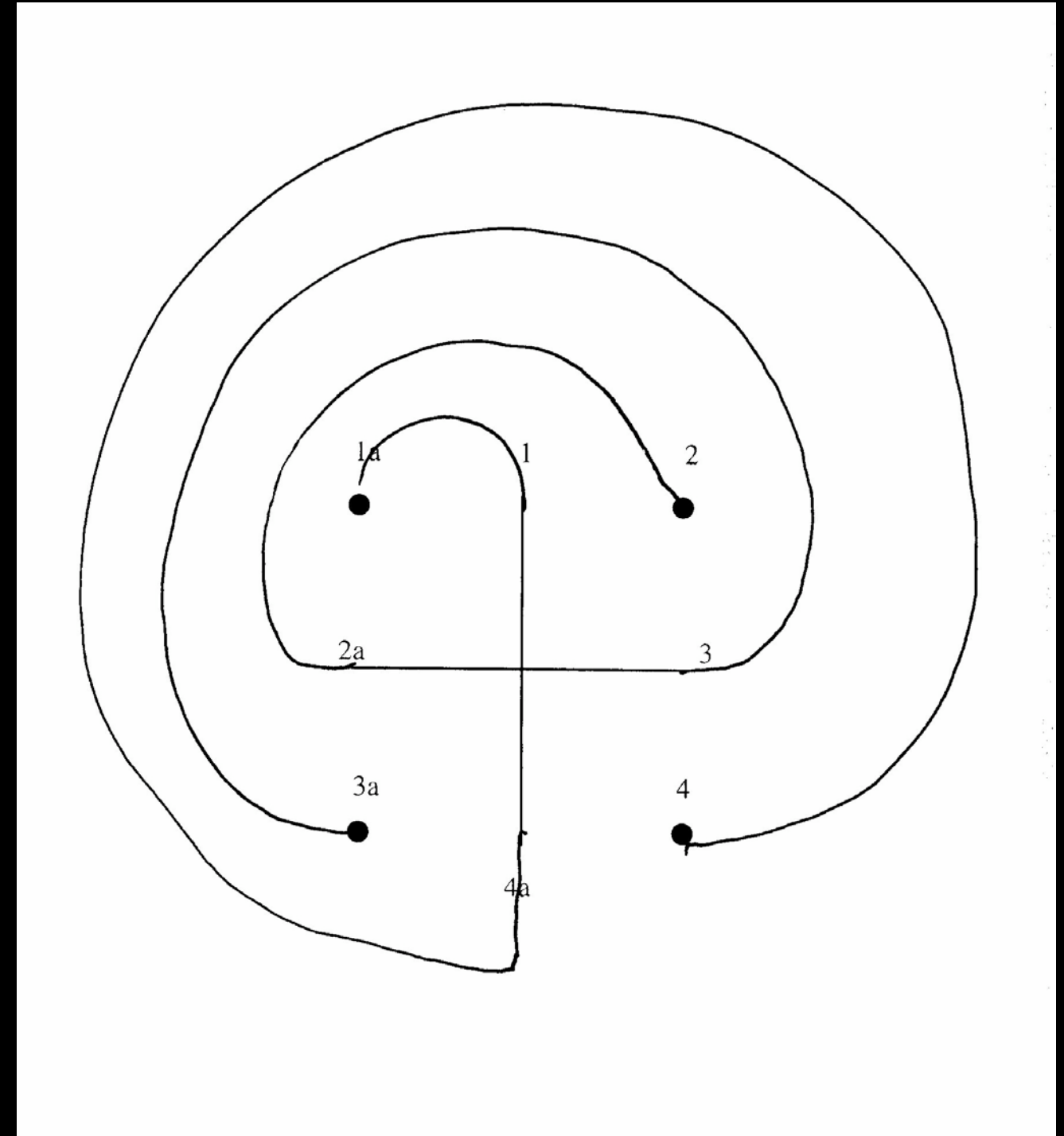
Congratulations! You have made a 3 circuit labyrinth.



3 circuit labyrinth opening from the left



3 circuit labyrinth opening from the right



To create a left-opening labyrinth, make your first arc to the right.
To create a right-opening labyrinth, make your first arc to the left.

Labyrinths can be made from any material. They can be small or big.



Seaweed on beach



Shells on carpet



Paint on a leaf



Snow on frozen lake



Matches near fireplace



Rocks & plants on sandy soil



Flowers & corn meal on sidewalk



Bricks placed in the grass



Lava stones on a beach

Pray with the your labyrinth using your finger.



1. Pray for yourself on the way to the center.
2. In the center, rest with God.
3. Pray for others as your return from the center.

A moment of reflection: What do you want to remember?



Creation of a 7 circuit/8 circle labyrinth
Use "Seed Pattern for 7 circuit labyrinth"



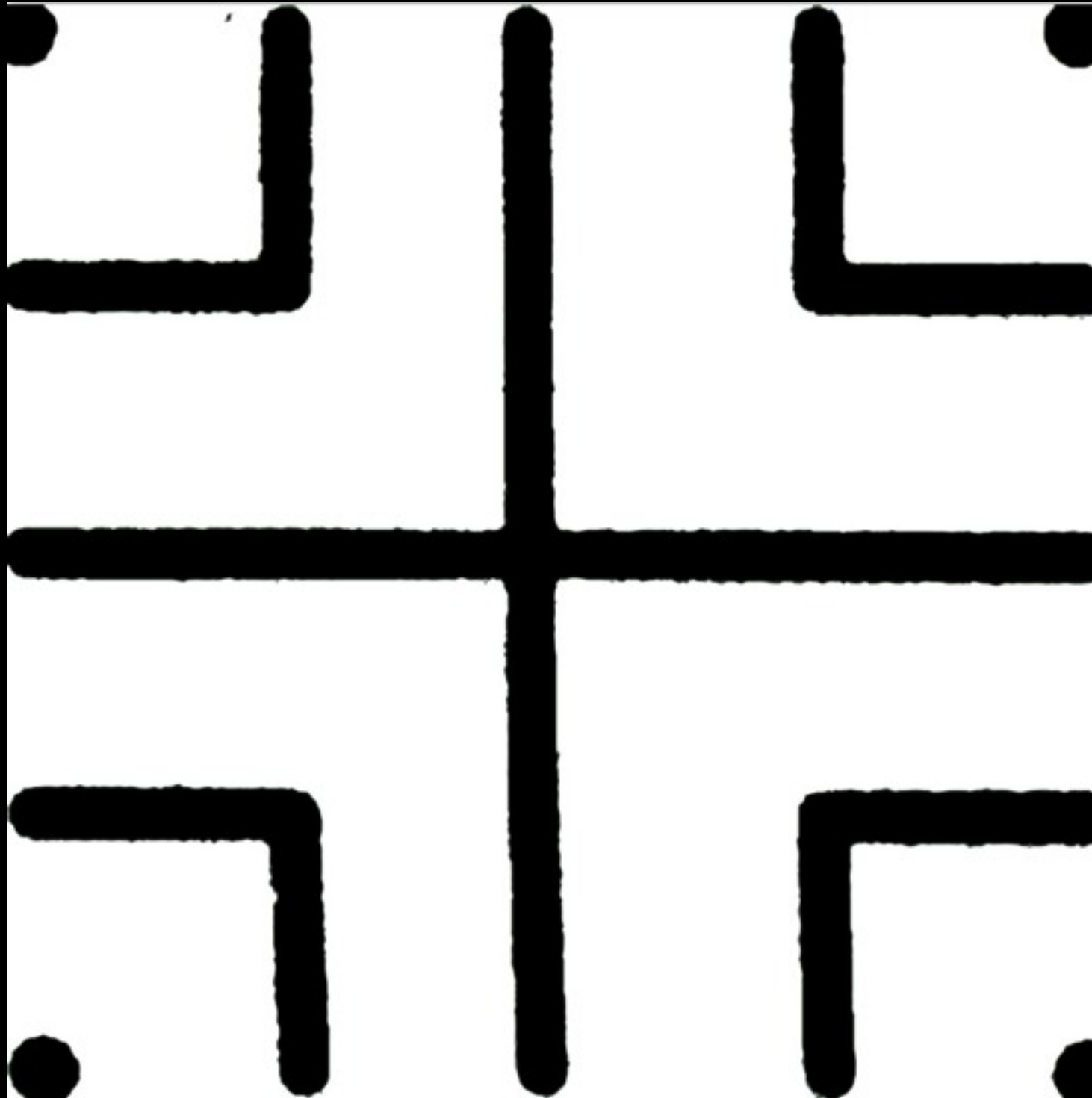
7 circuit labyrinth made of stones at a Christian Retreat Center in Arizona, USA

Step 1: Draw a cross.

Beyond each corner draw a "L" that mirrors that corner.

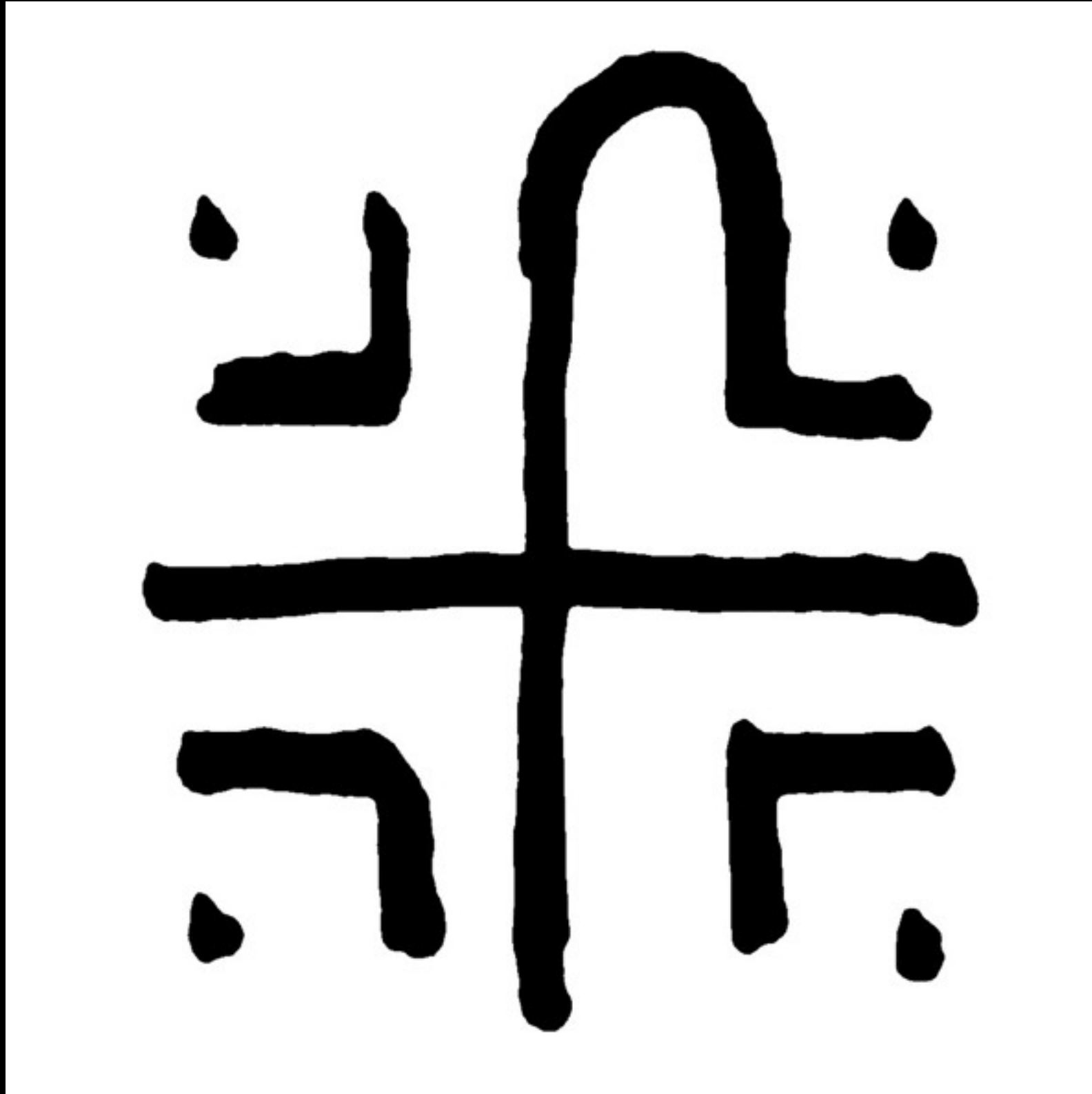
Farther out, draw a dot.

Be sure to draw this in the lower half of your page (not in the center).



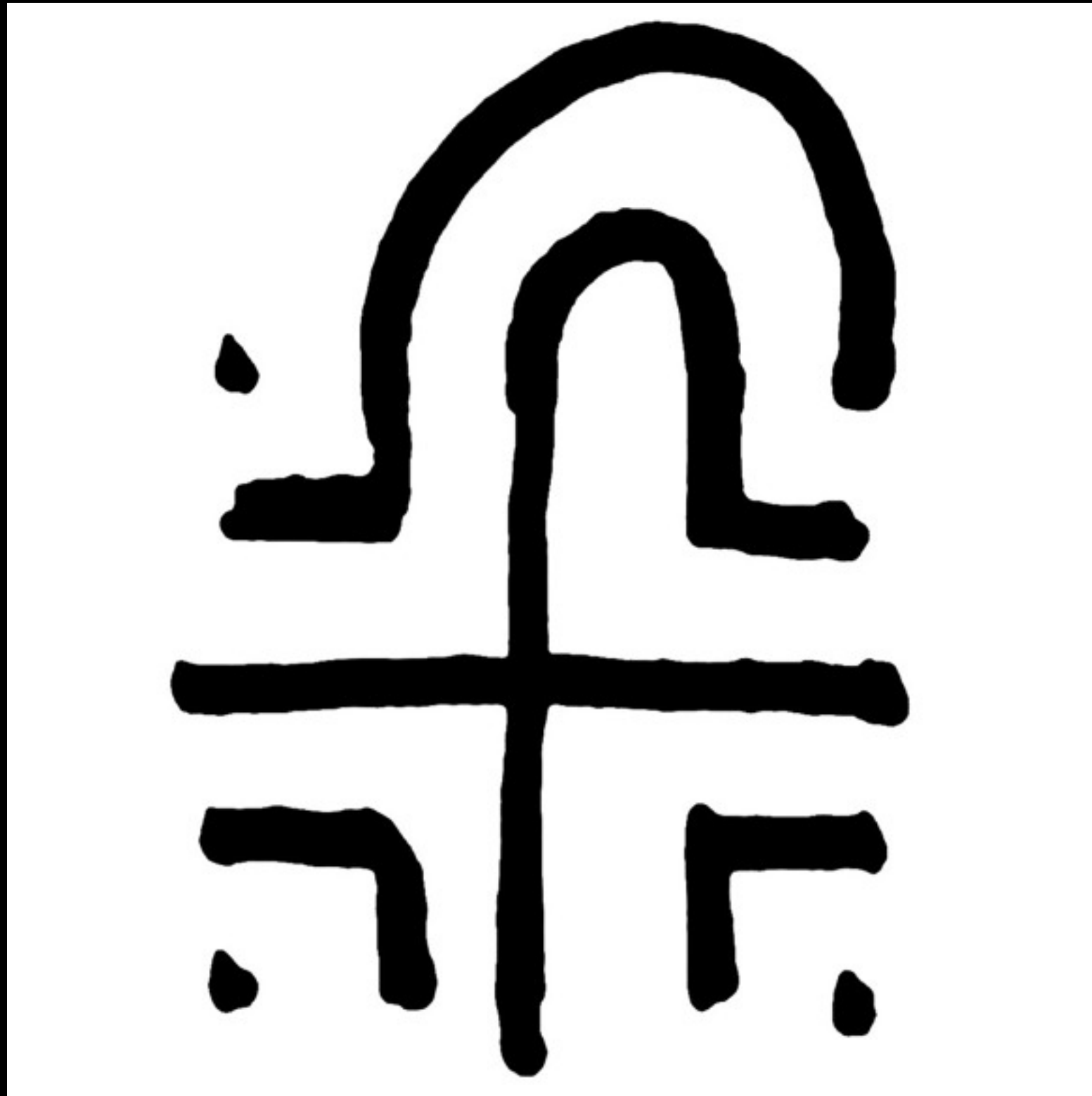
Your drawing should look like this.

Step 2: Draw an arc from the top of the cross to the top of the upper bracket.



Your drawing should look like this.

Step 3: Move one "next point" over to the left from the center.
Draw an arc from that point to the "next point"
on the other (right) side of the diagram.



Your drawing should look like this.

Step 4: Move to the "next point" over from the center on the left.
Once again, draw an arc from that point to the "next point"
on the other (right) side of the diagram.



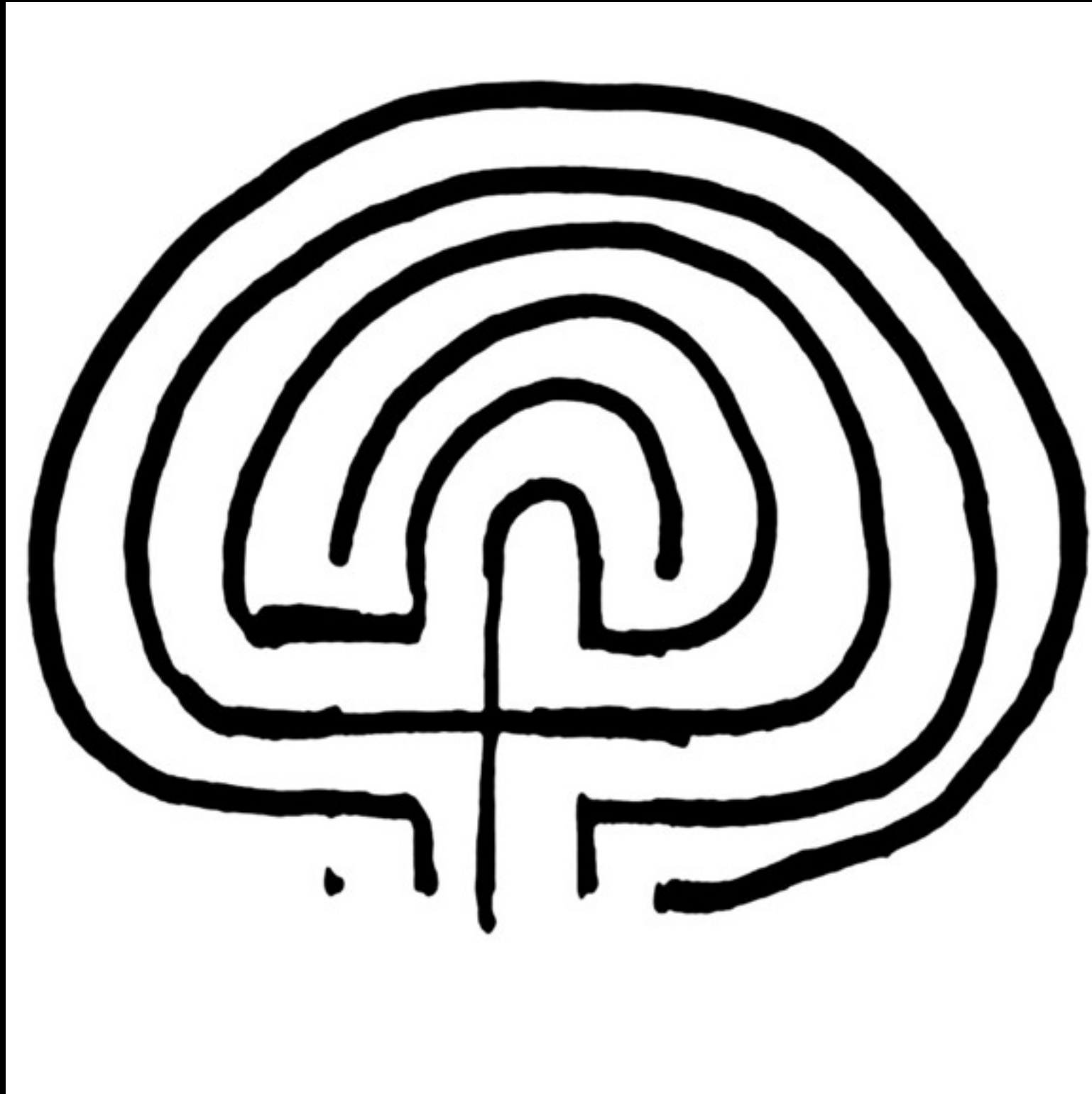
Your drawing should look like this.

Step 6: Move to the "next point" over from the center on the left.
Once again, draw an arc from that point to the "next point"
on the other (right) side of the diagram.



Your drawing should look like this.

Step 7: Move to the "next point" over from the center on the left.
Once again, draw an arc from that point to the "next point"
on the other (right) side of the diagram.



Your drawing should look like this.

Step 8: Move to the "next point" over from the center on the left.
Once again, draw an arc from that point to the "next point"
on the other (right) side of the diagram.



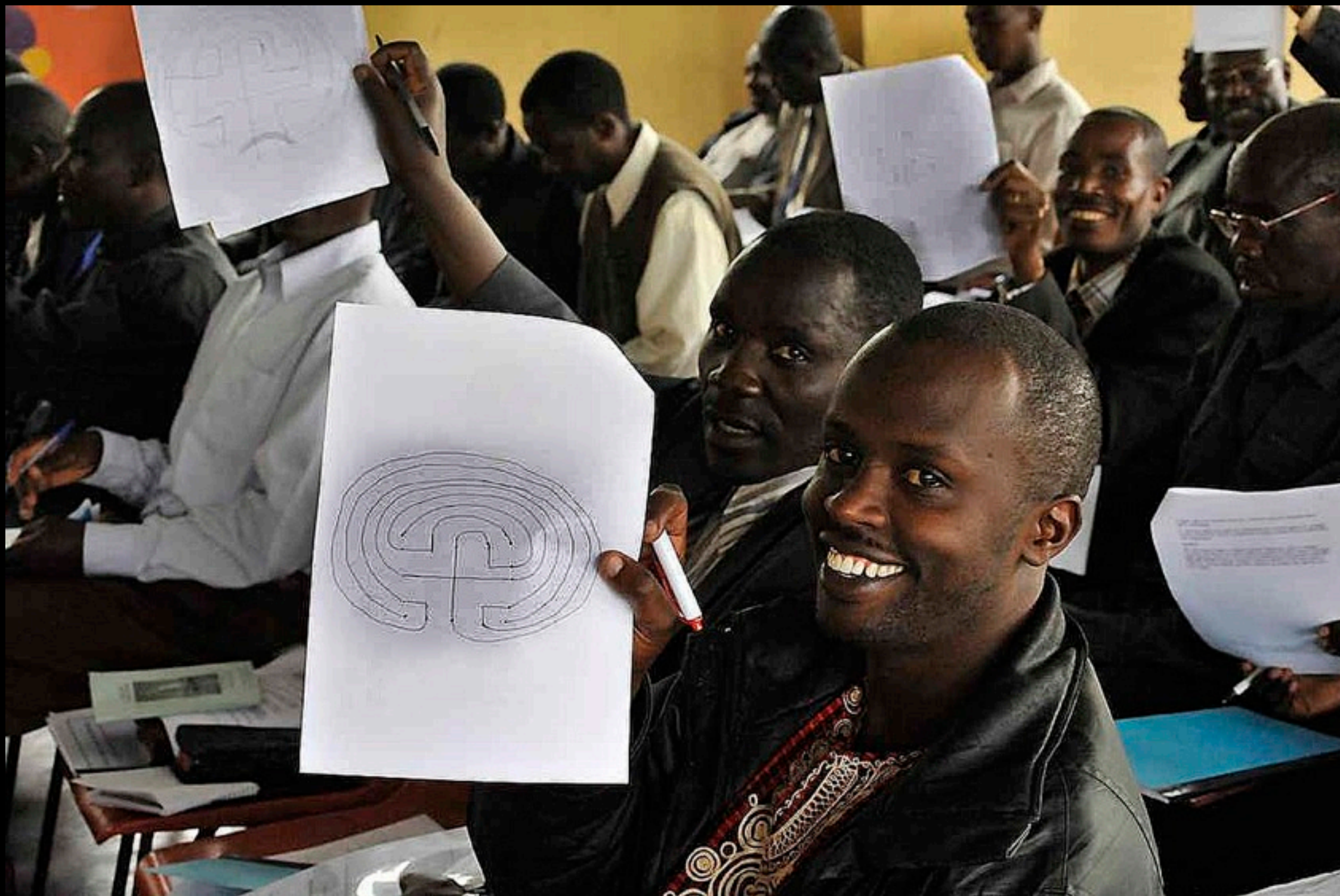
Your drawing should look like this.

Step 9: Move to the "next point" over from the center on the left.
Once again, draw an arc from that point to the "next point"
on the other (right) side of the diagram.



Your drawing should look like this.

Congratulations! You have made a 7 circuit labyrinth.



Labyrinths can be made from any material. They can be any size.



Beads



Seeds



Paint



Snow on frozen lake (ice)

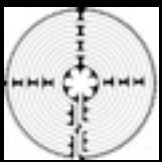
Praying with a 7
circuit labyrinth.



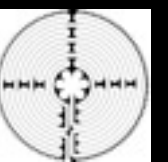
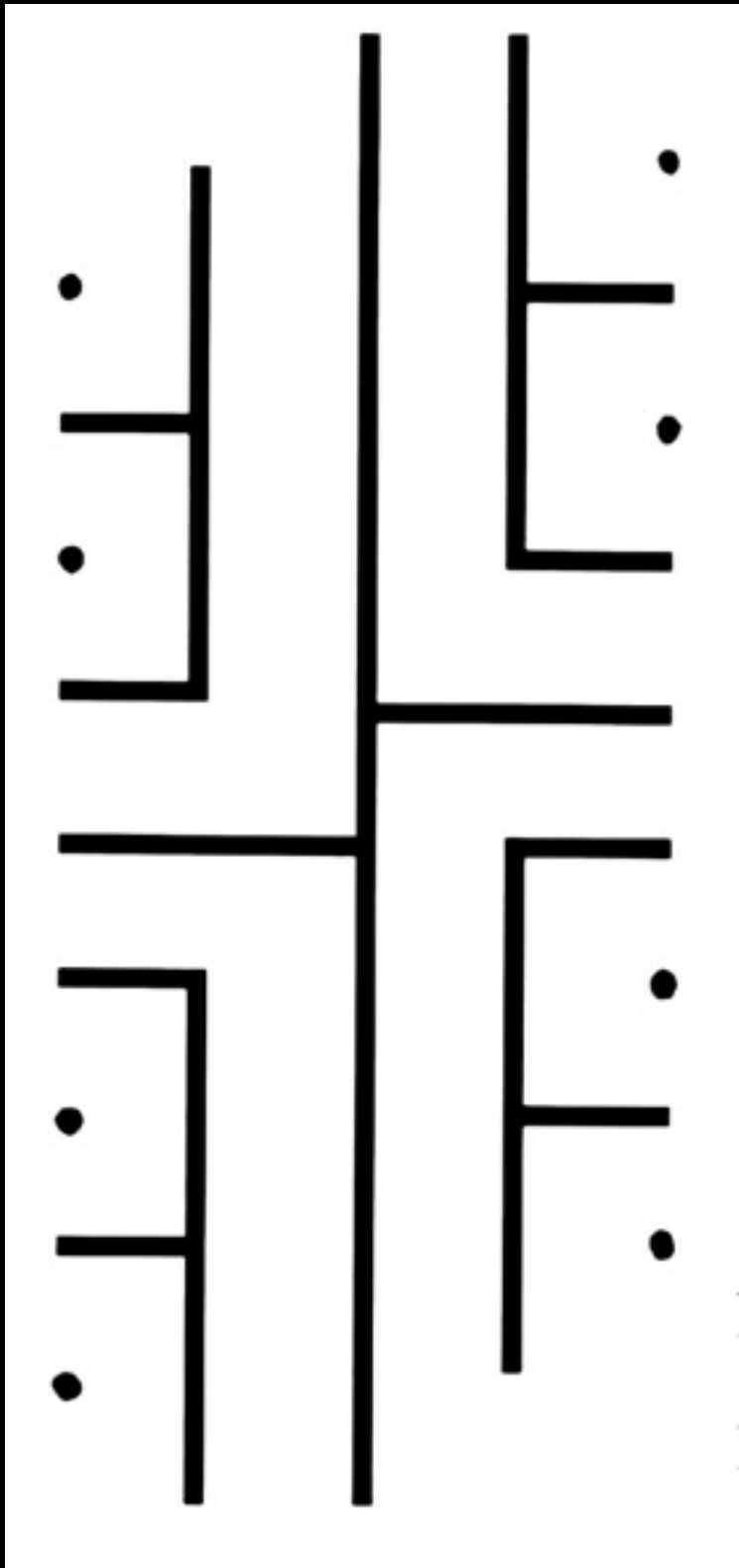


A moment of reflection: What do you want to remember?

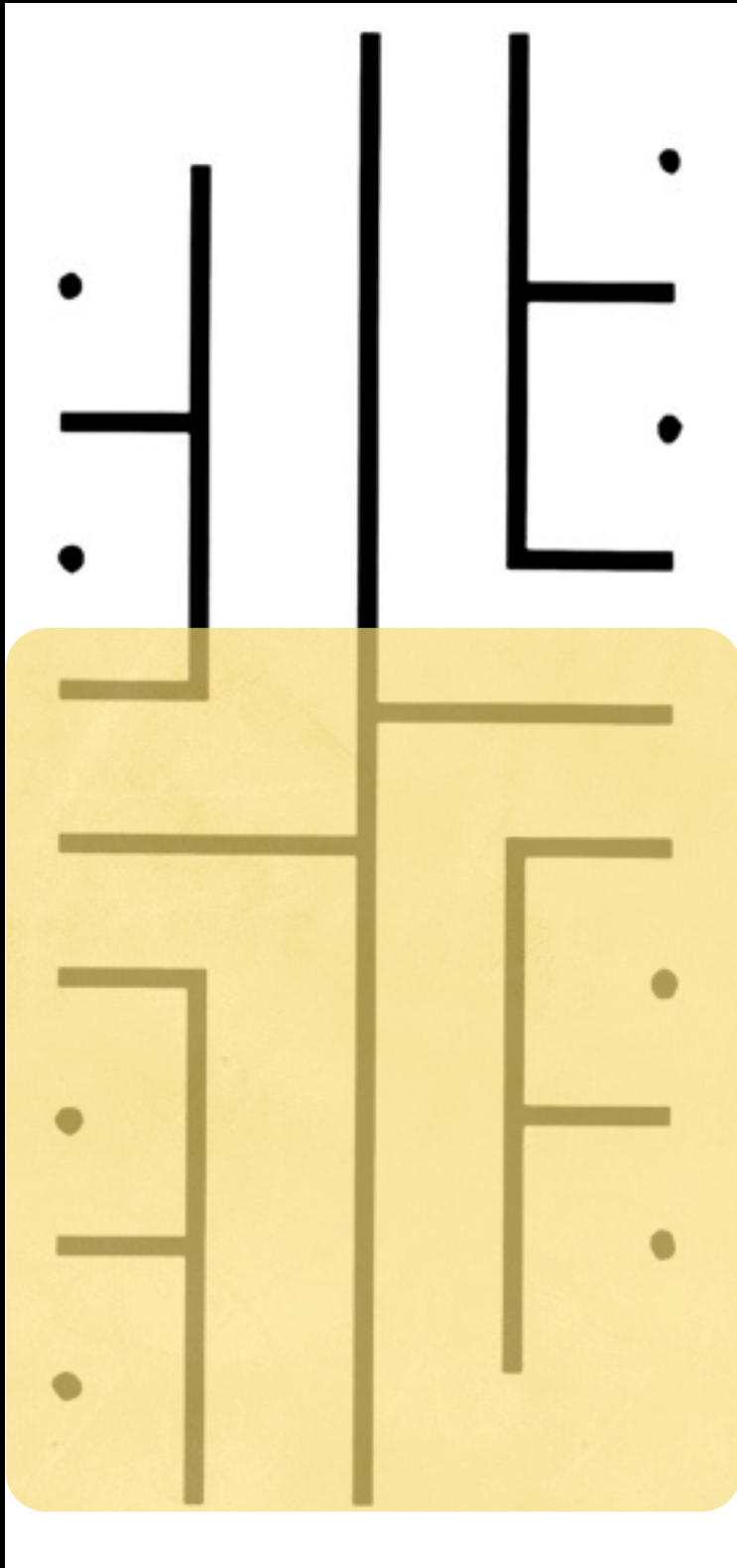


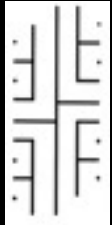
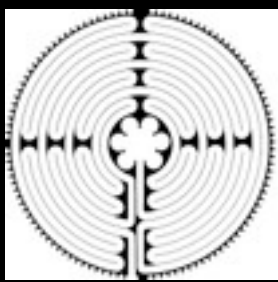


The seed pattern 12 circle Chartres labyrinth

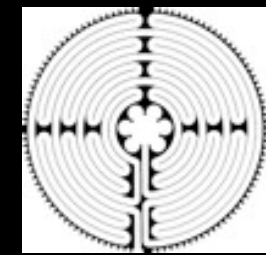


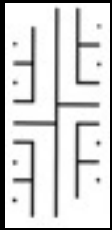
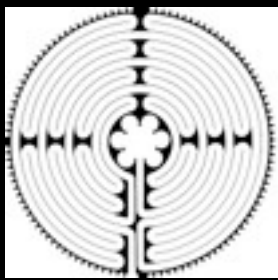
The seed pattern 6 circle Chartres labyrinth



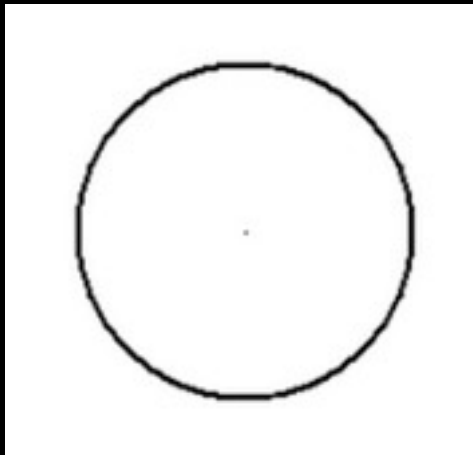
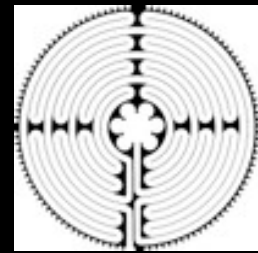


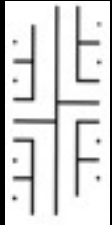
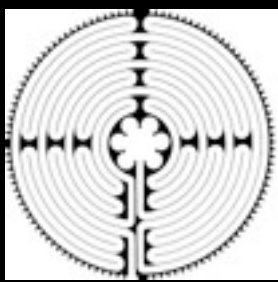
Drawing the I I circuit Chartres labyrinth



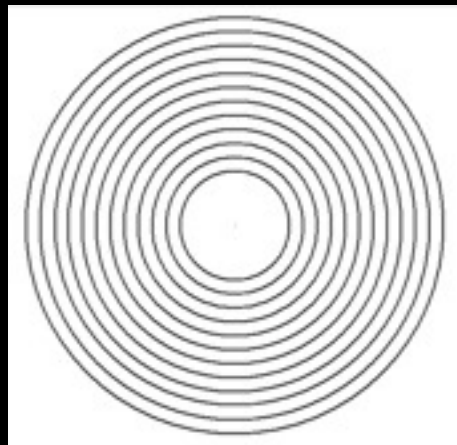
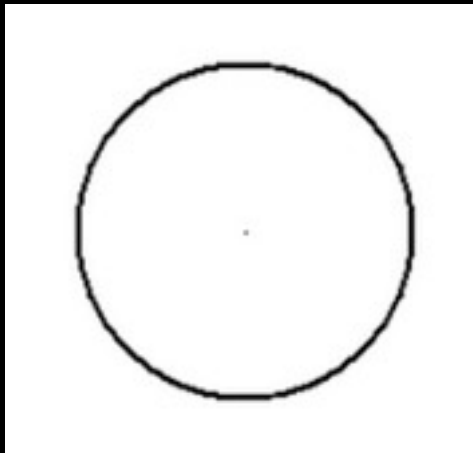
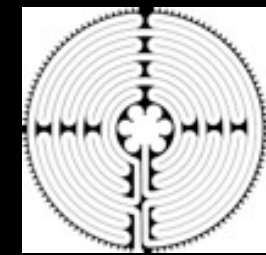


Drawing the 11 circuit Chartres labyrinth

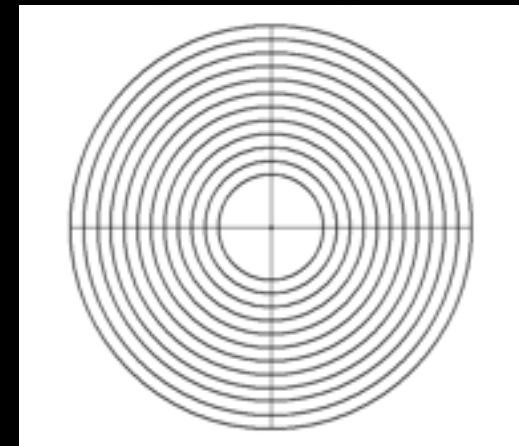
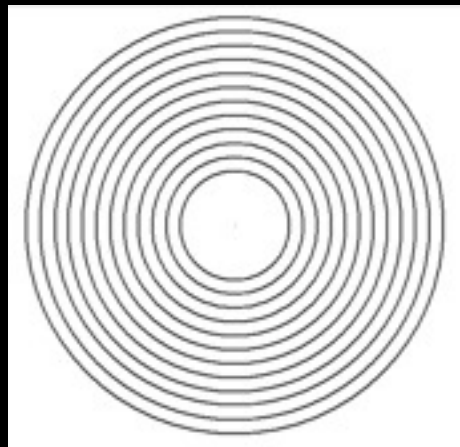
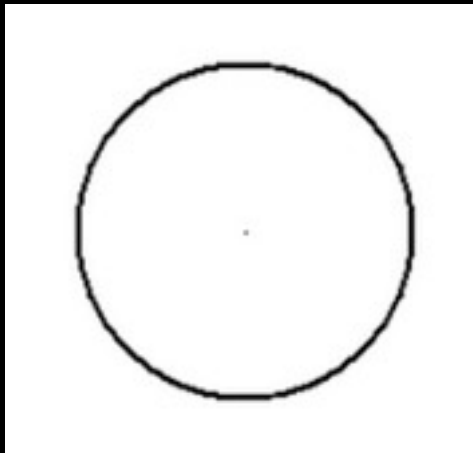
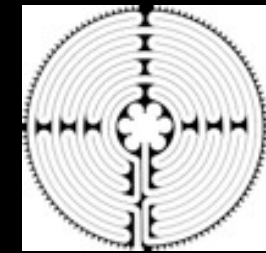
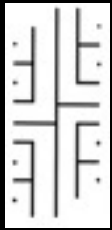
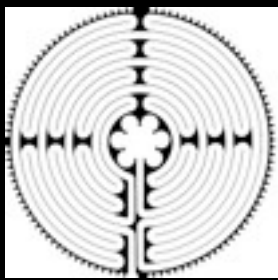




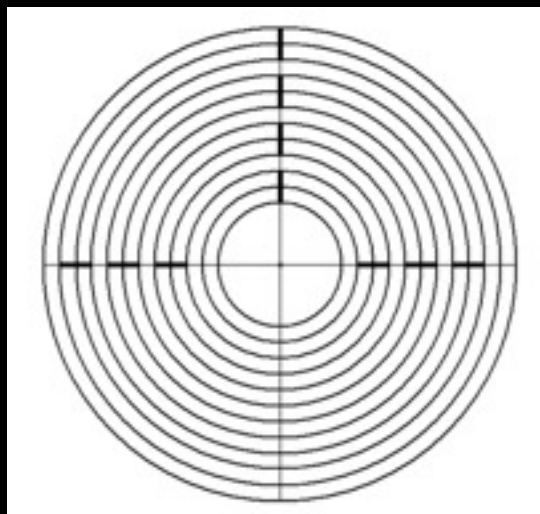
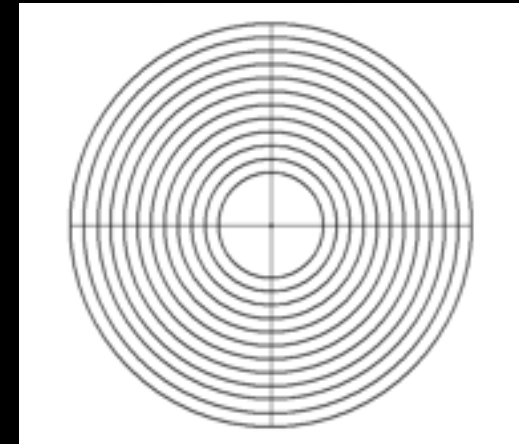
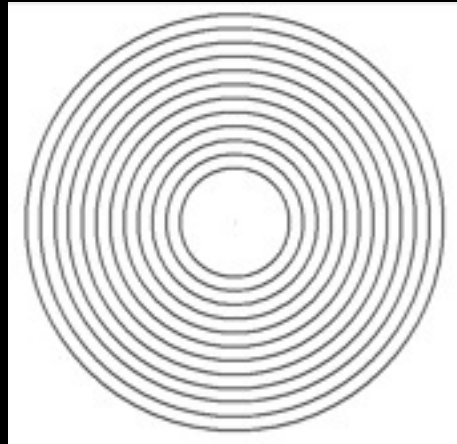
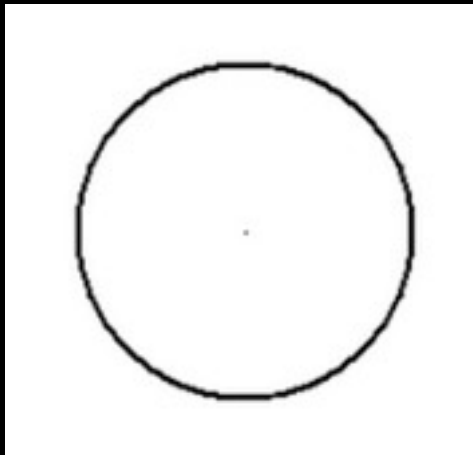
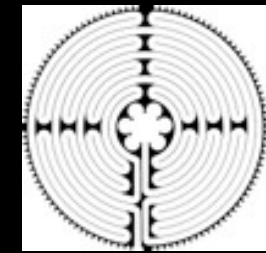
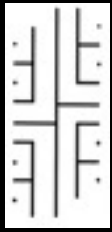
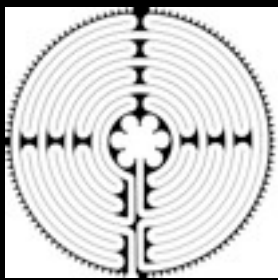
Drawing the 11 circuit Chartres labyrinth



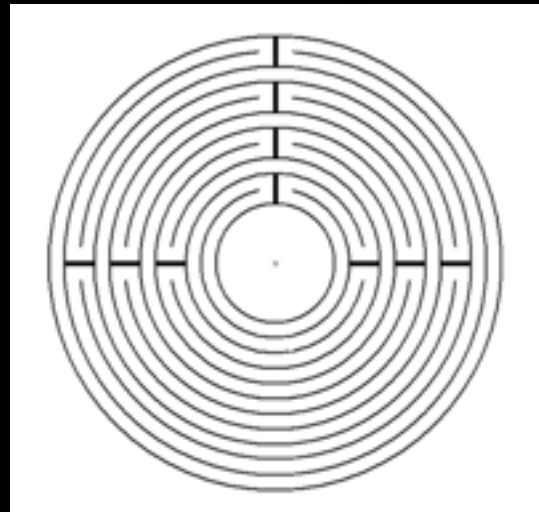
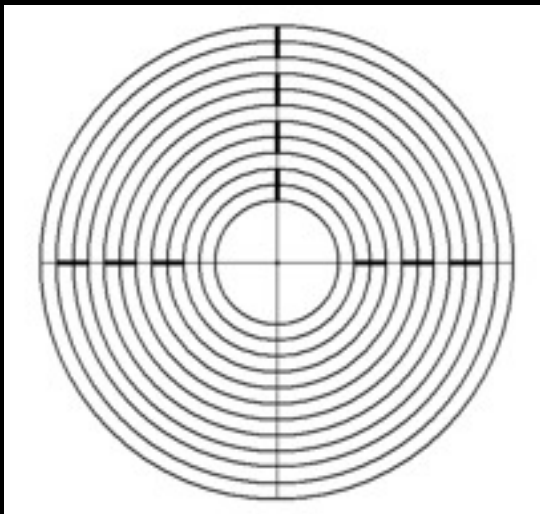
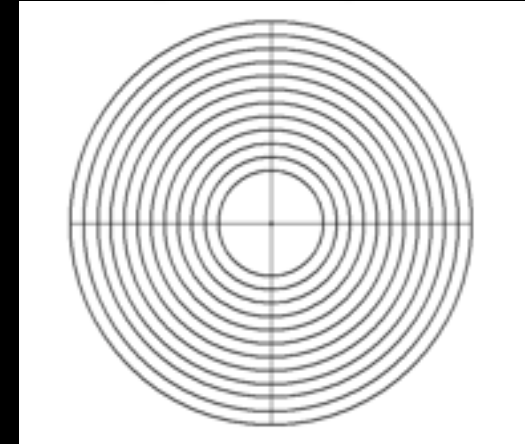
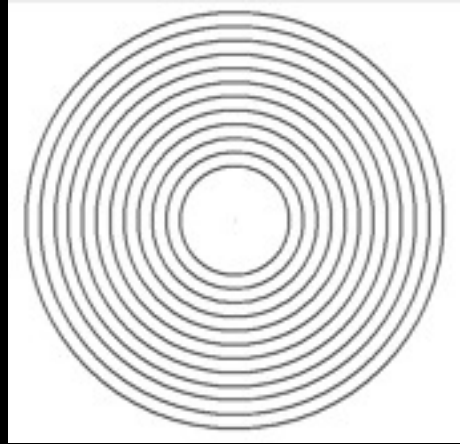
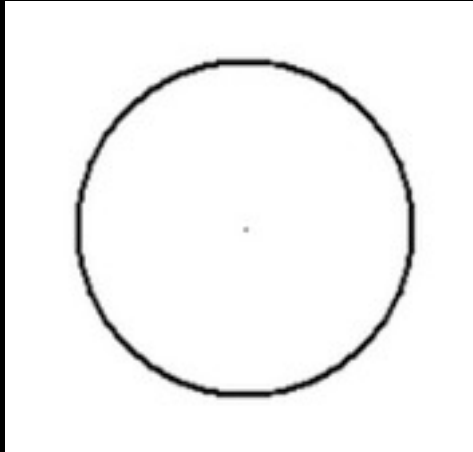
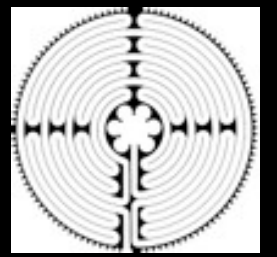
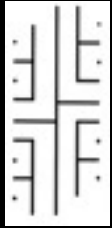
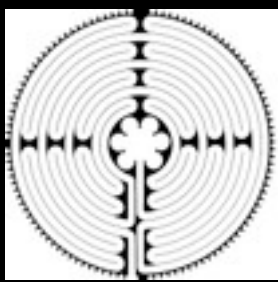
Drawing the I I circuit Chartres labyrinth



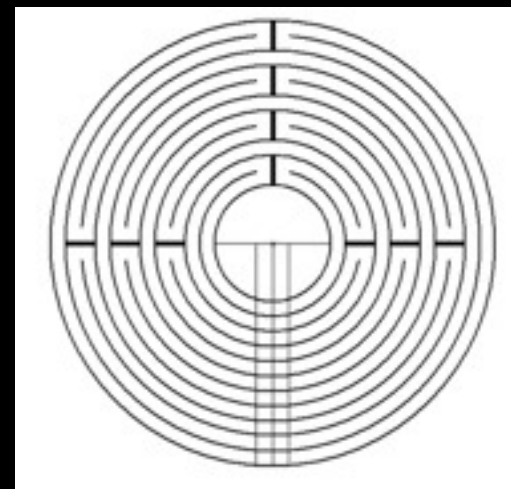
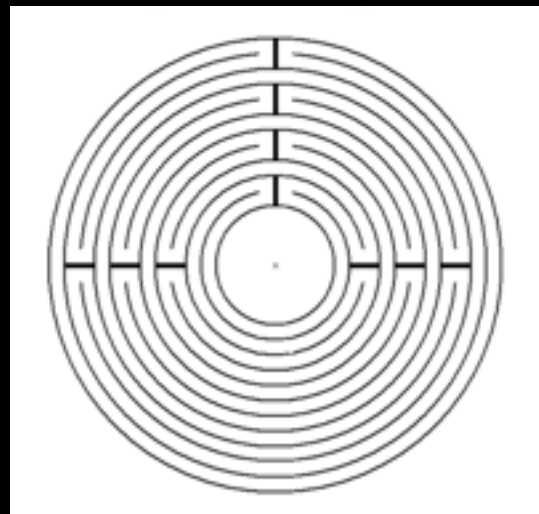
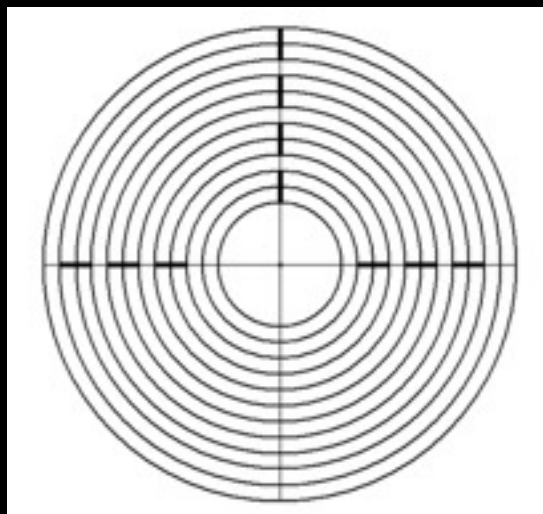
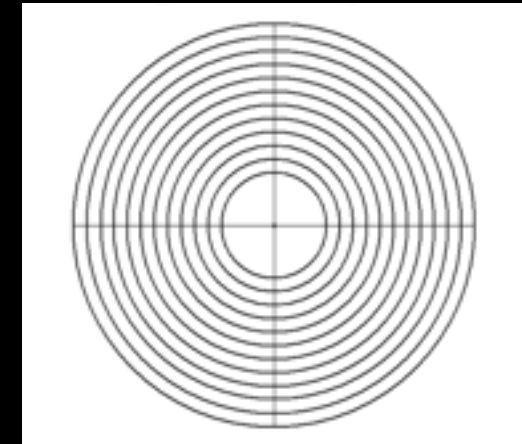
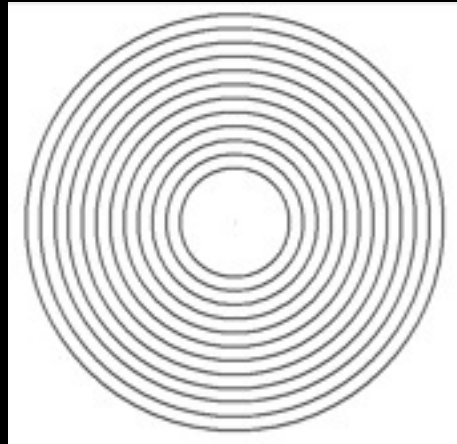
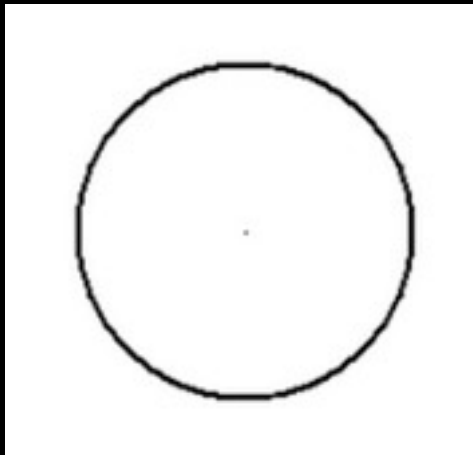
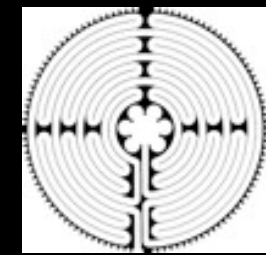
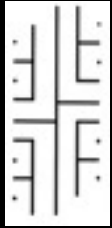
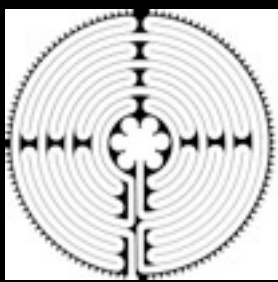
Drawing the I I circuit Chartres labyrinth



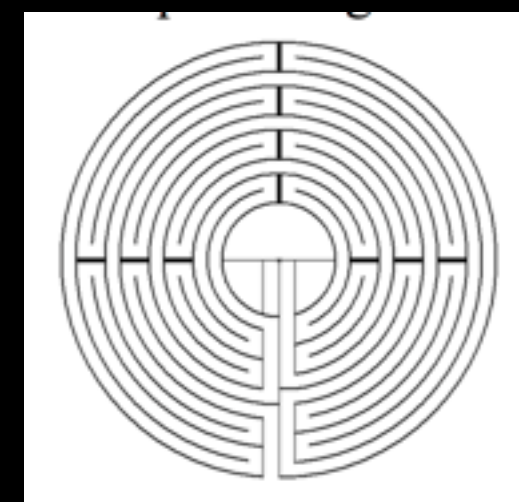
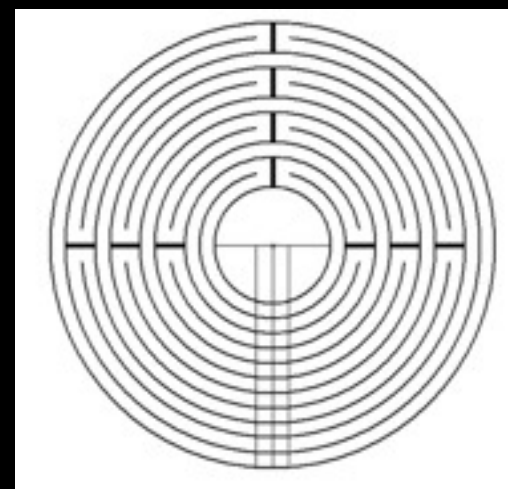
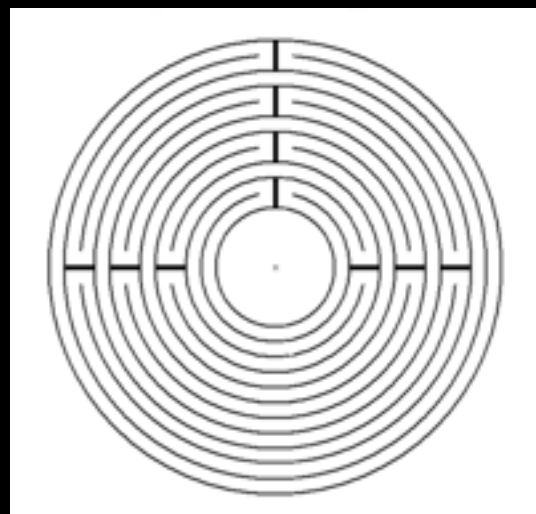
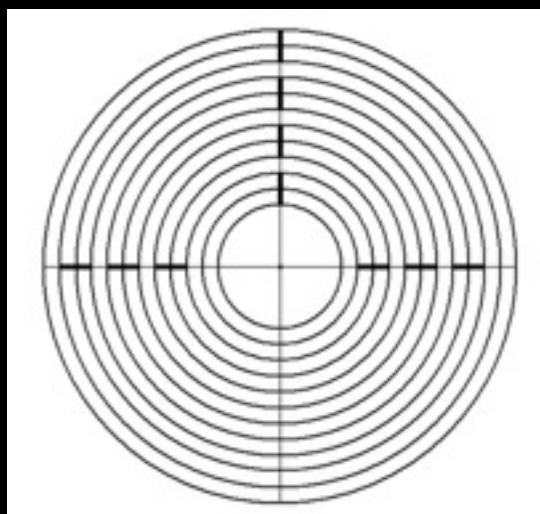
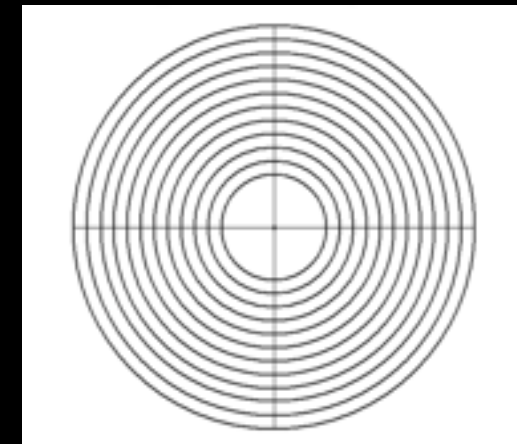
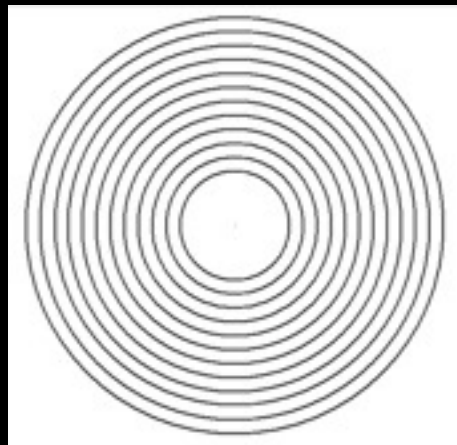
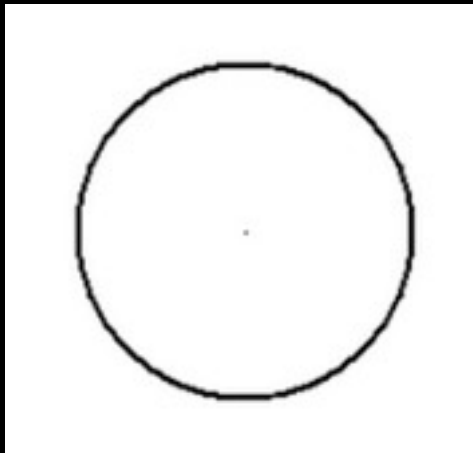
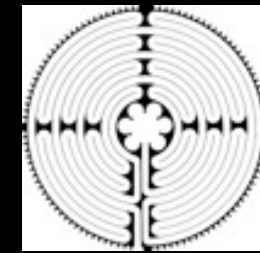
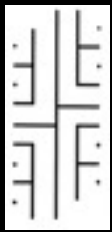
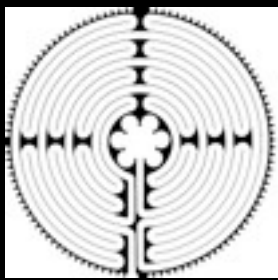
Drawing the I I circuit Chartres labyrinth



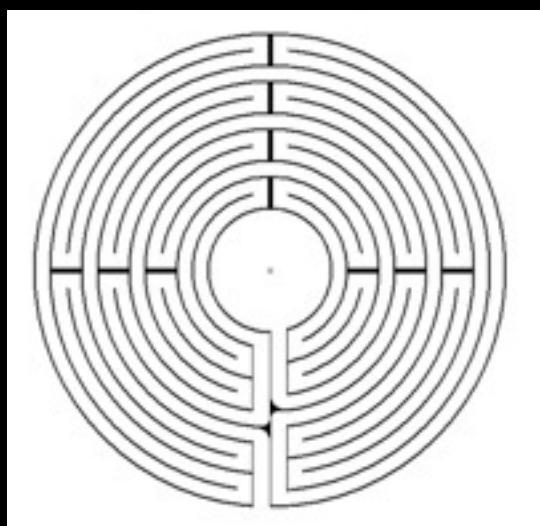
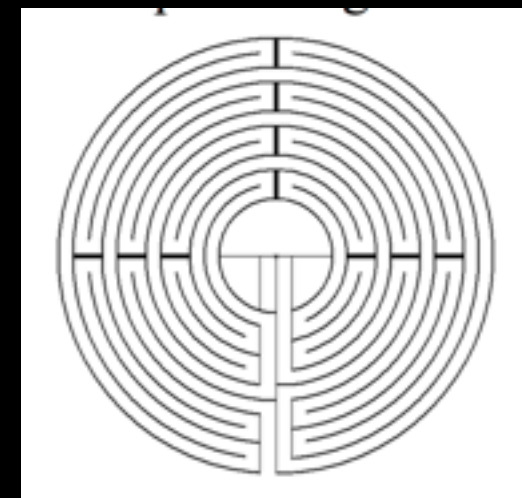
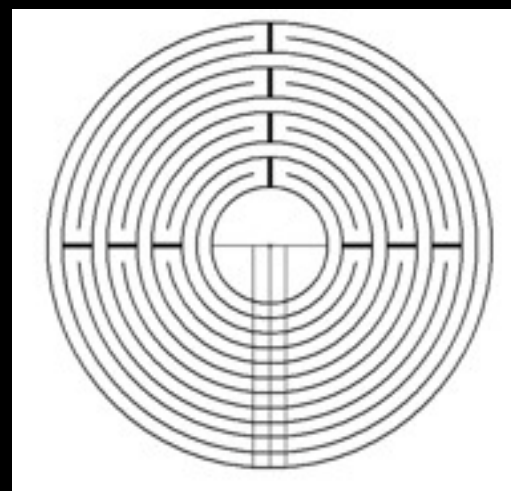
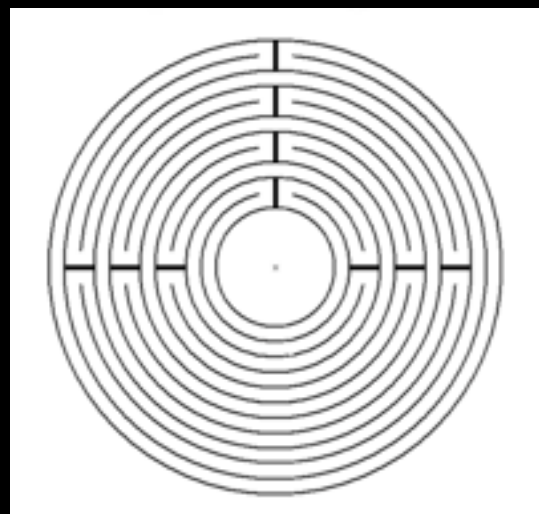
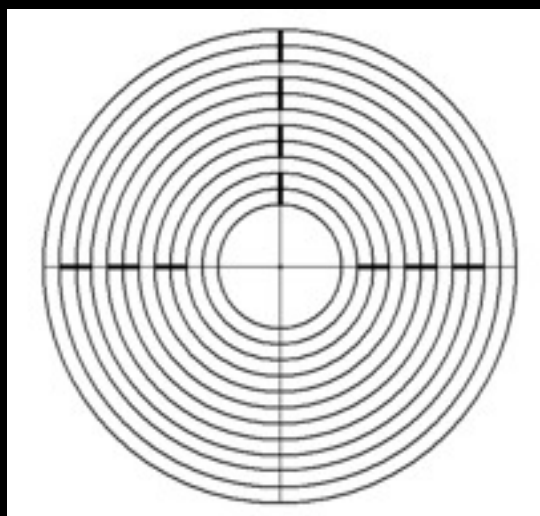
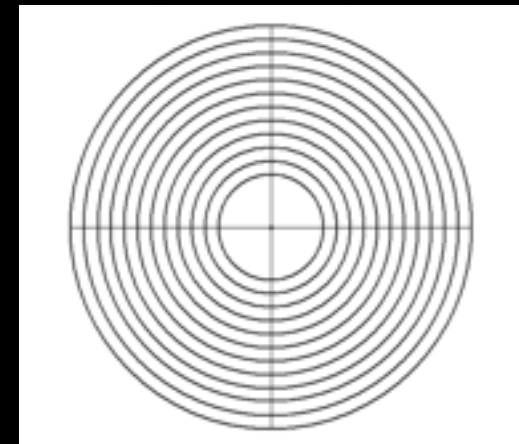
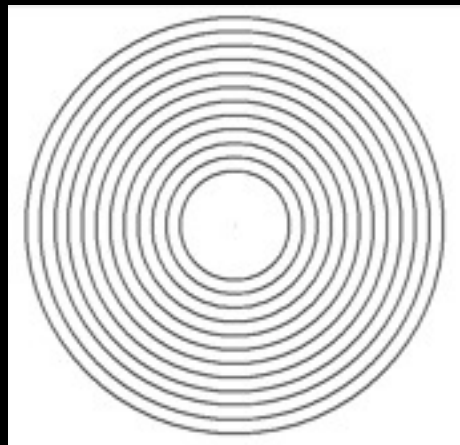
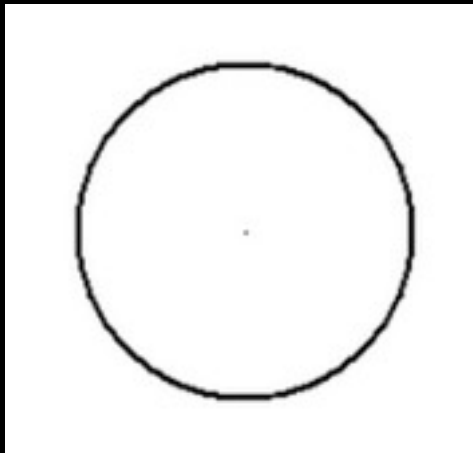
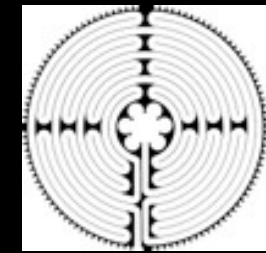
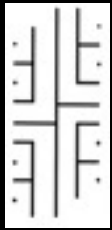
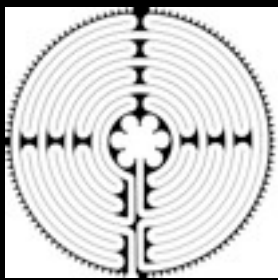
Drawing the I I circuit Chartres labyrinth



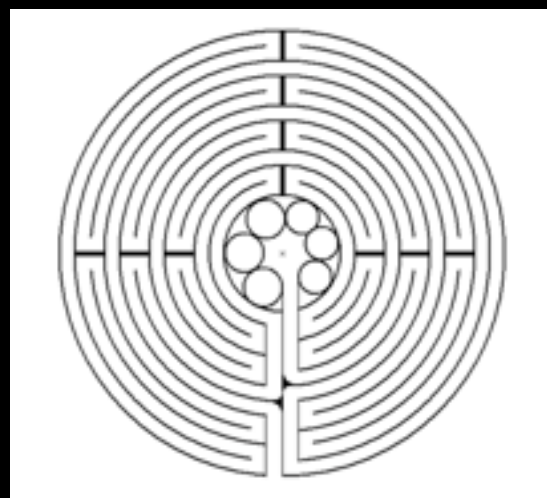
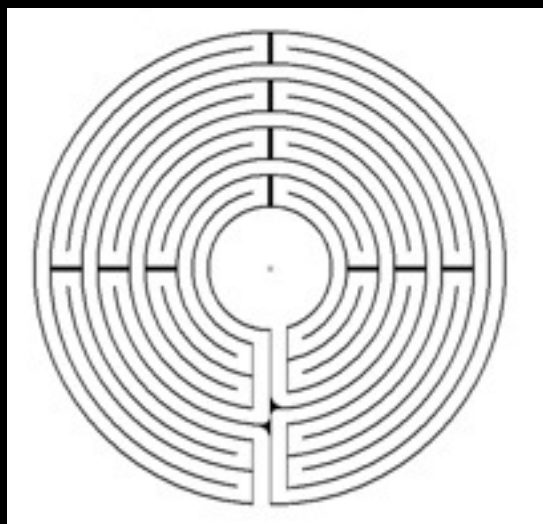
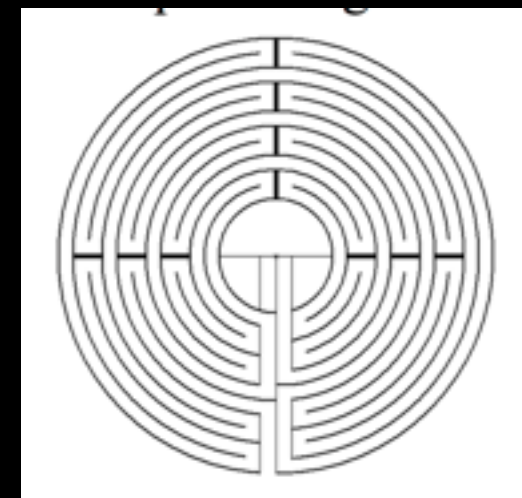
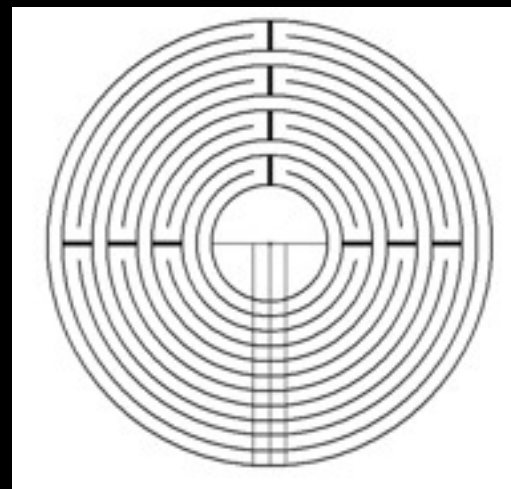
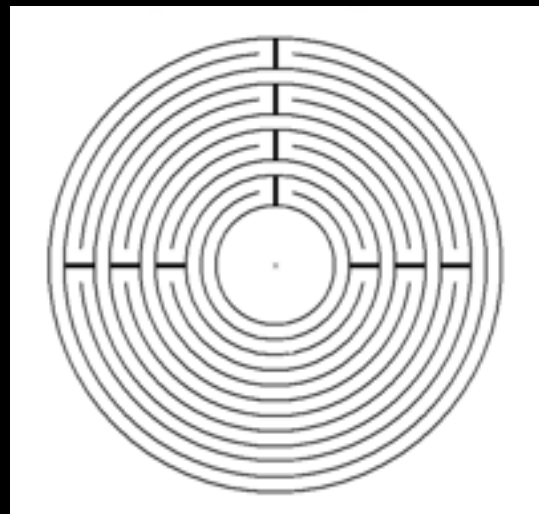
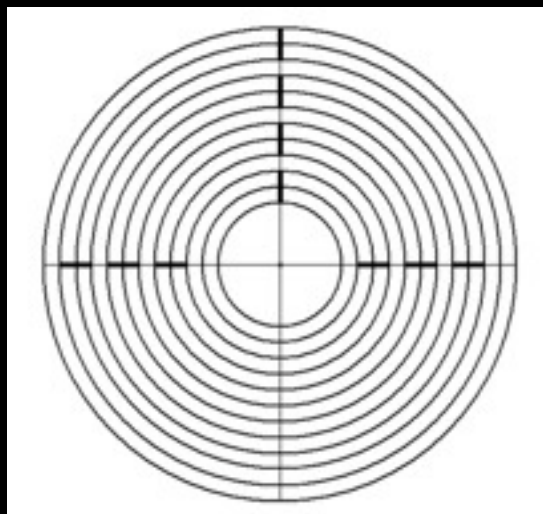
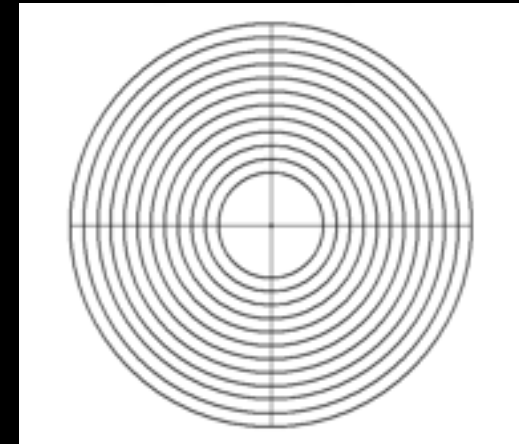
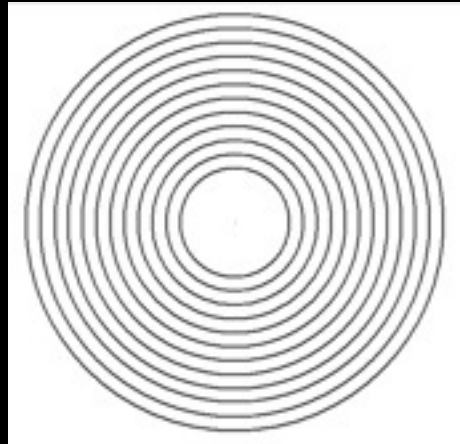
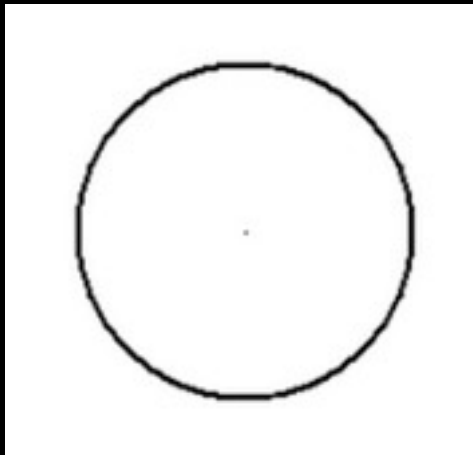
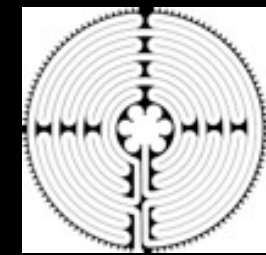
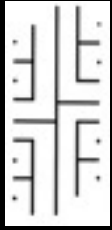
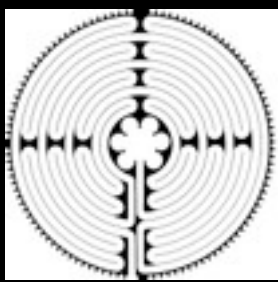
Drawing the I I circuit Chartres labyrinth



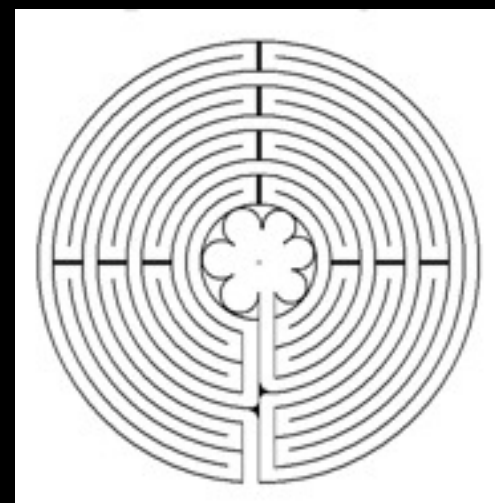
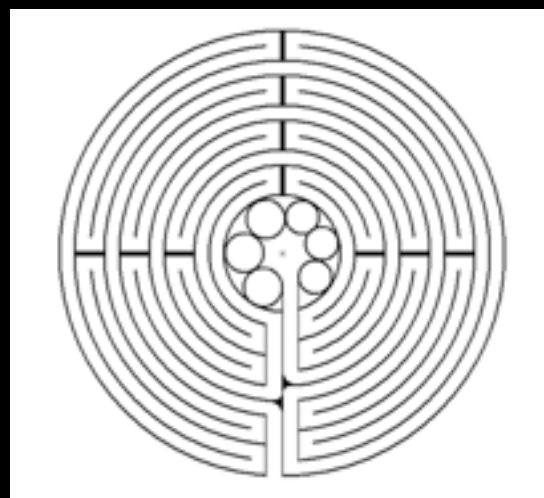
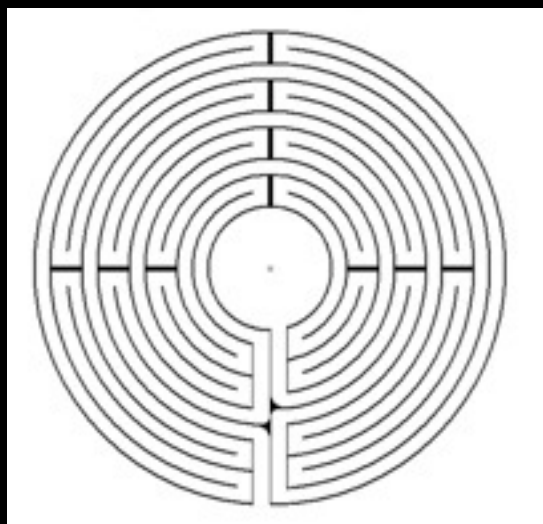
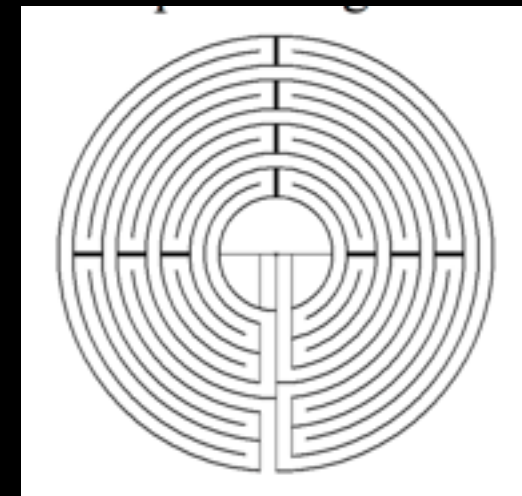
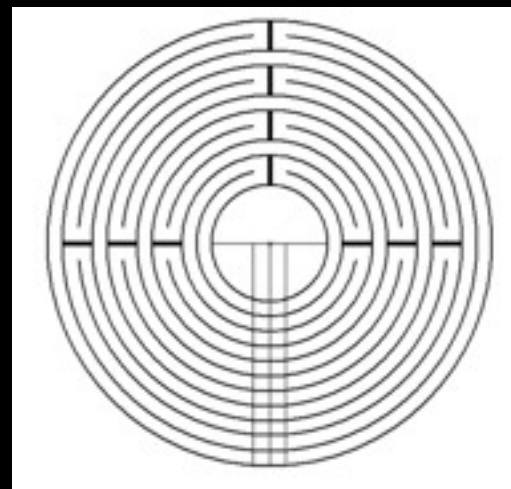
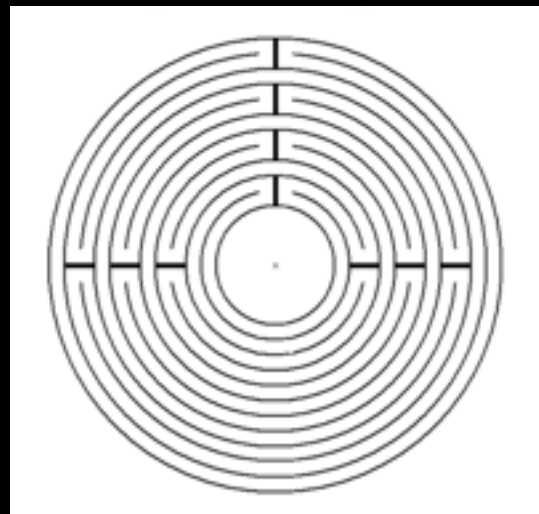
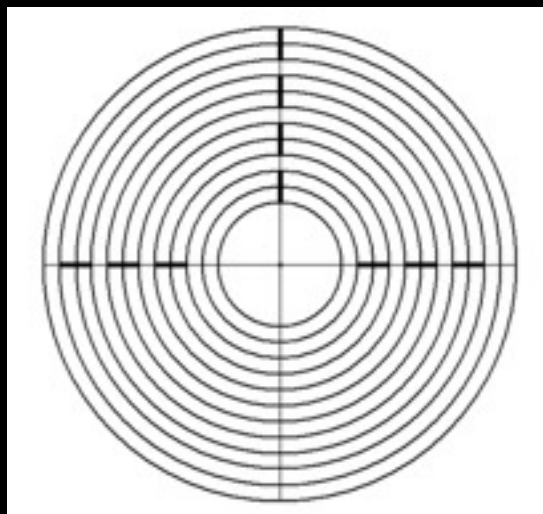
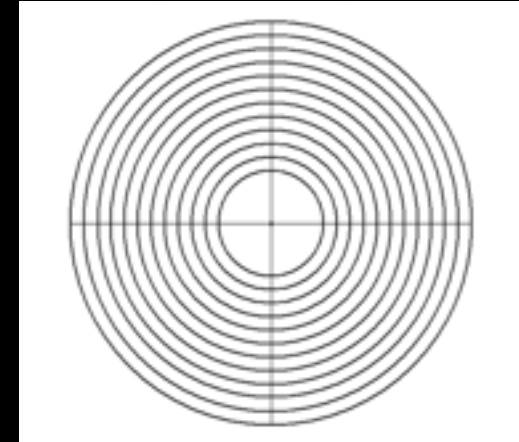
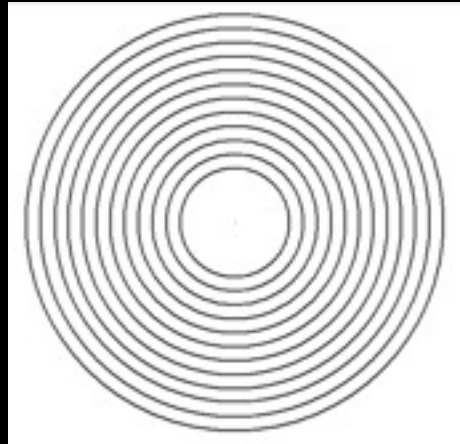
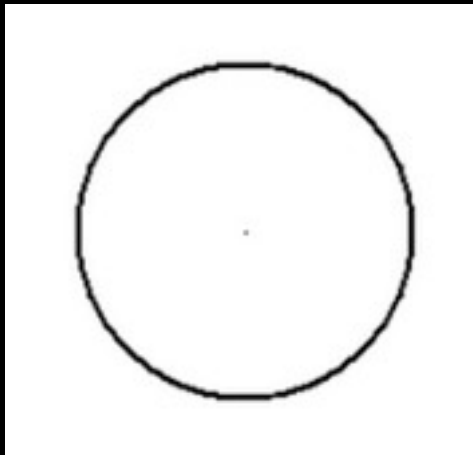
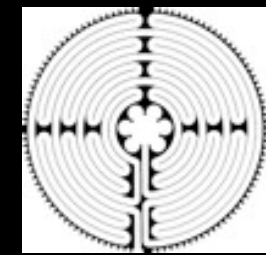
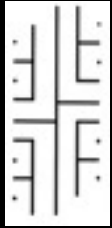
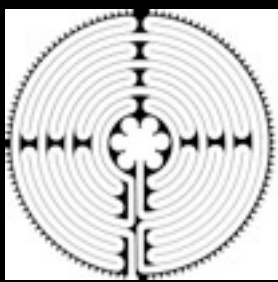
Drawing the I I circuit Chartres labyrinth



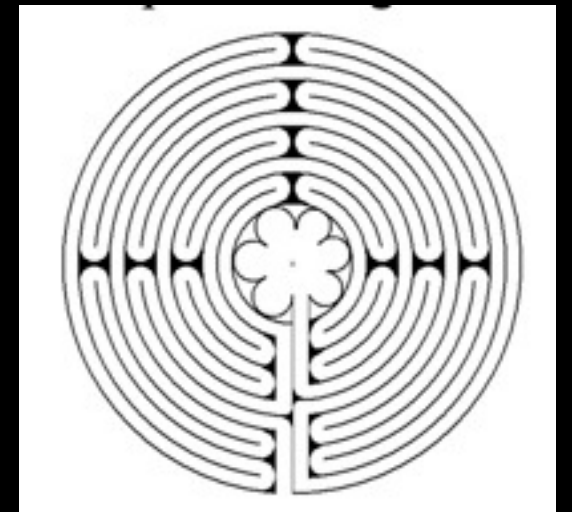
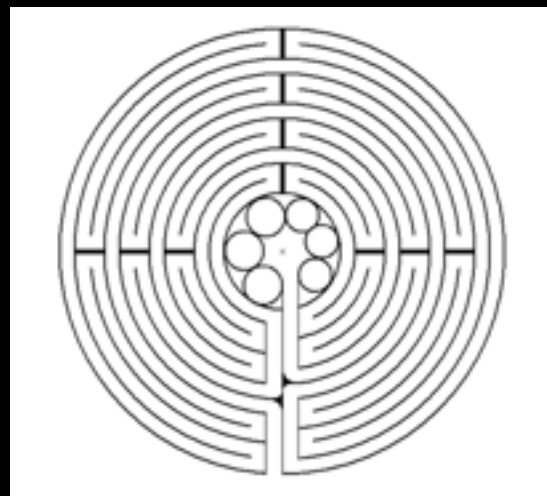
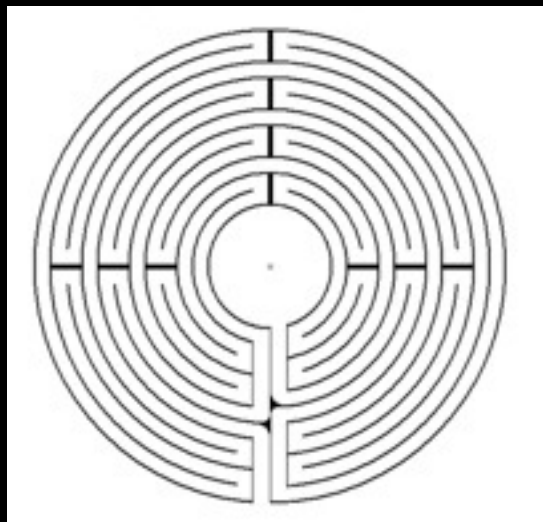
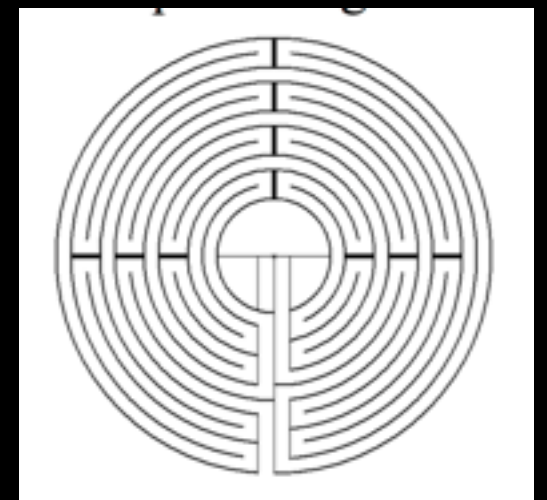
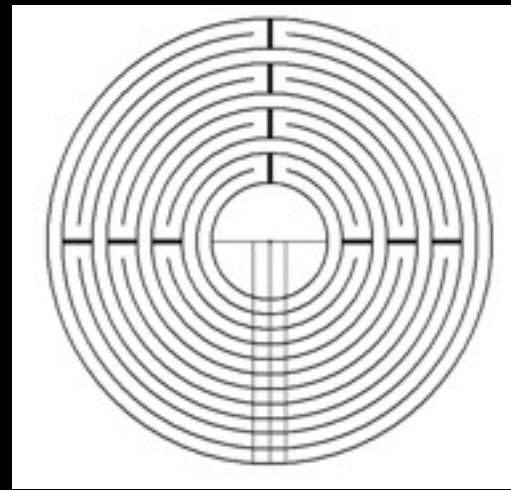
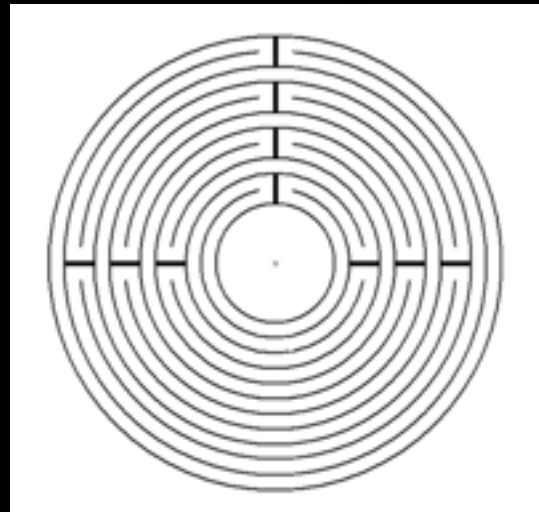
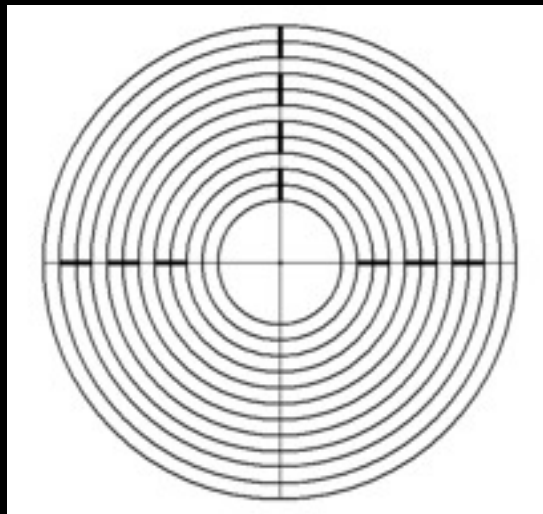
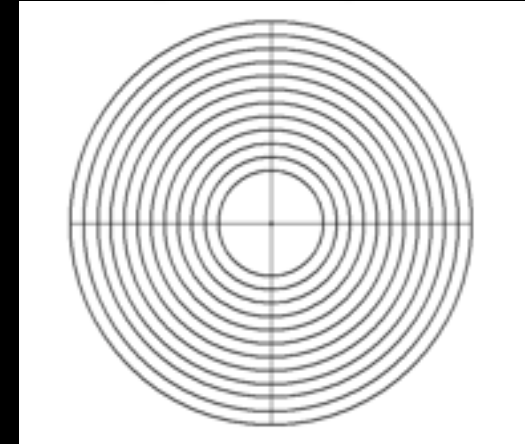
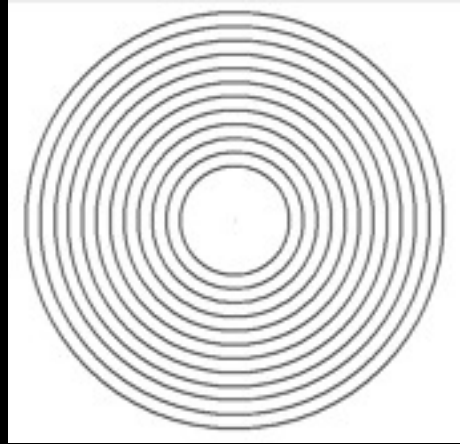
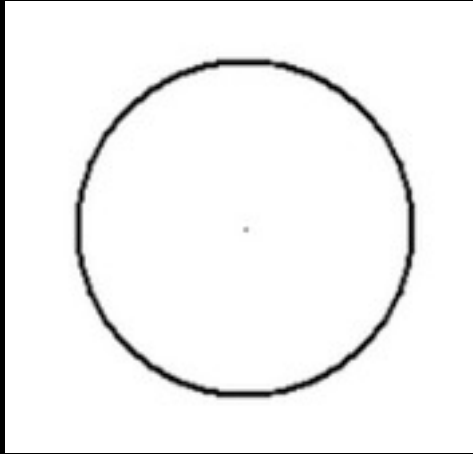
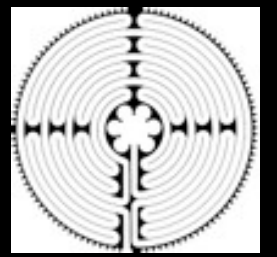
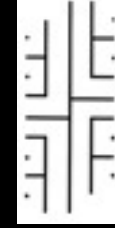
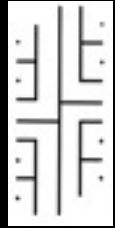
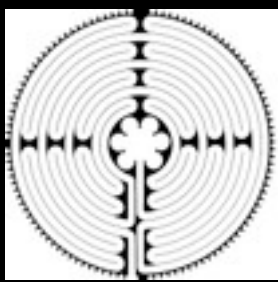
Drawing the I I circuit Chartres labyrinth

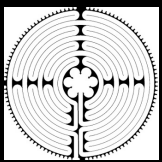


Drawing the I I circuit Chartres labyrinth

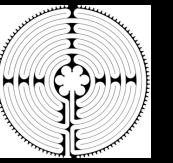


Drawing the I I circuit Chartres labyrinth

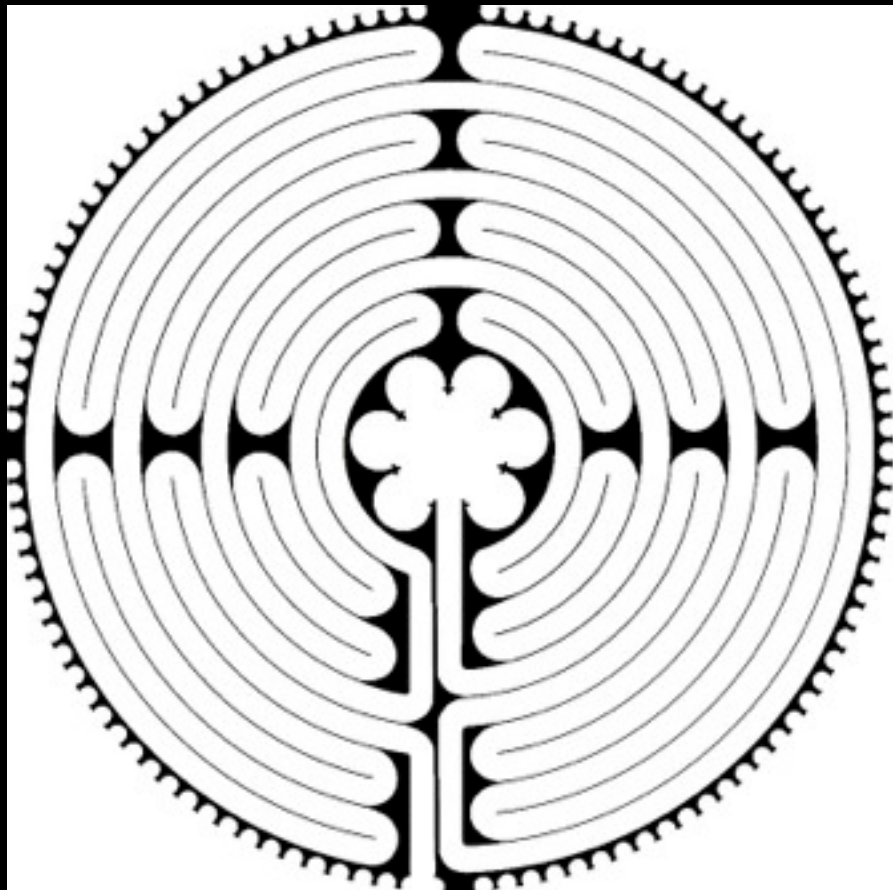




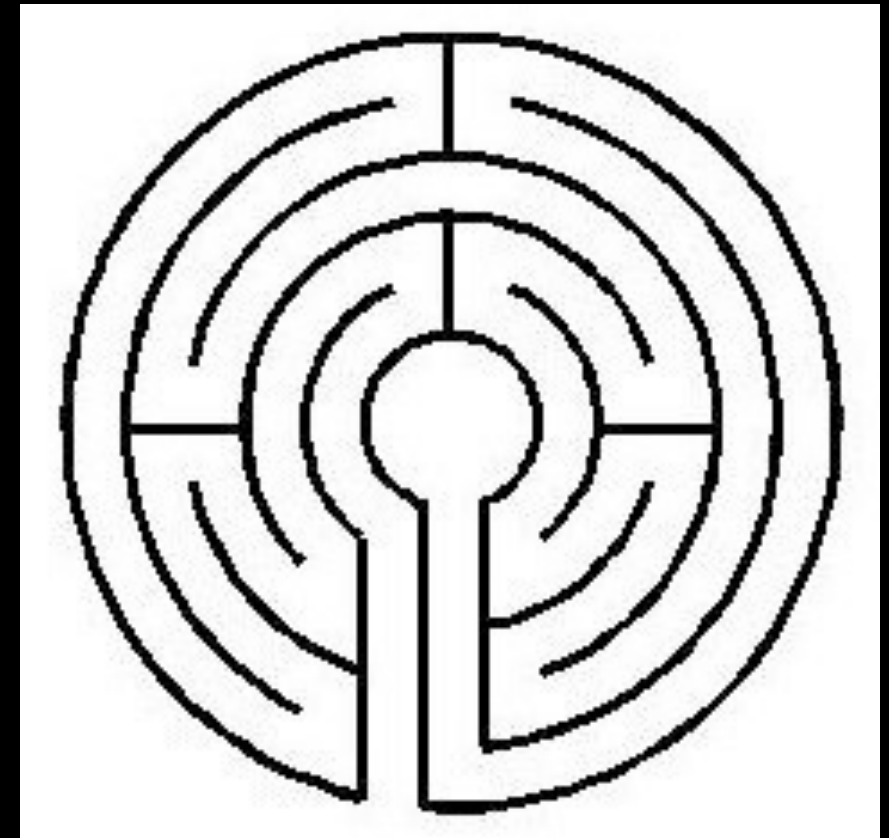
The 5 circuit/6 circle inner Chartres-style labyrinth



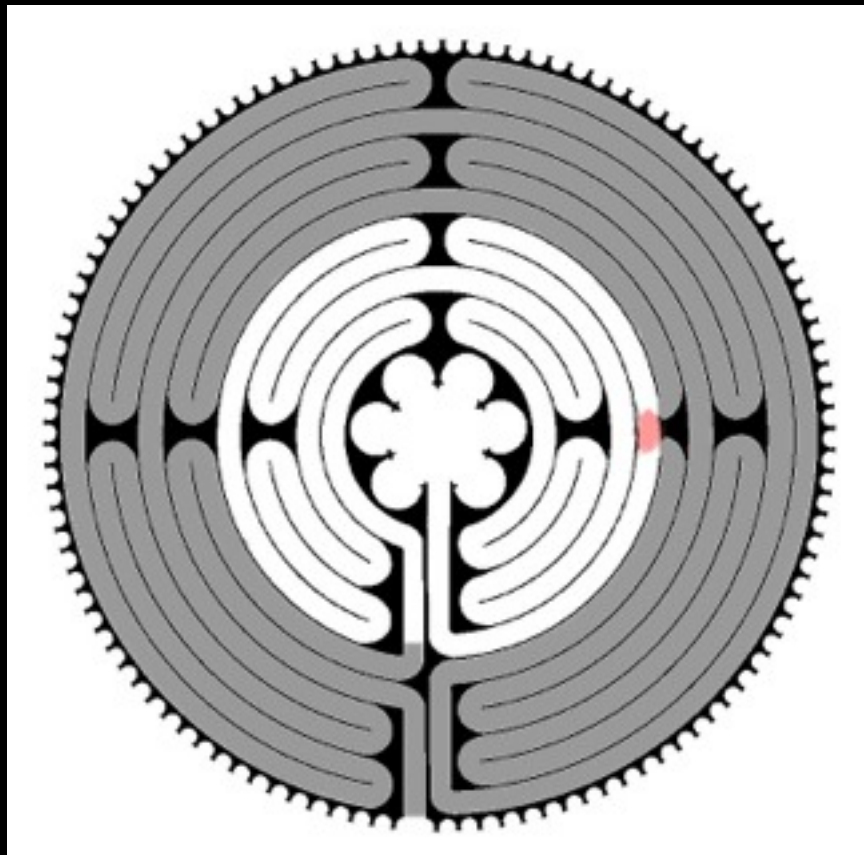
12
circles



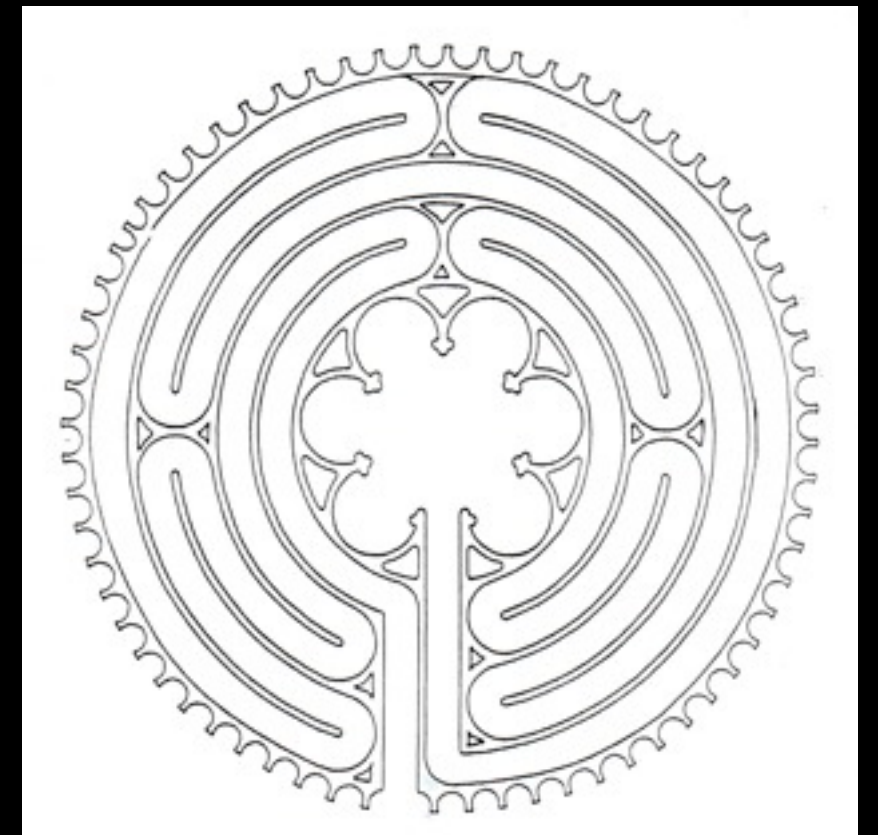
CCIT
labyrinth



Inner
6
circles



CCIT
labyrinth
with
flower
center
(larger)





Detailed directions for creating an I I circuit (12 circle) Chartres-style labyrinth can be found at <http://labyrinth-enterprises.com/tapecl.html>

It is part of www.labyrinth-enterprises.com (web site for master labyrinth builder, Robert Ferré). Look under: Labyrinth instructions.





What do you want to ask about building labyrinths?



Pray with the Question
What do I want to take
with me from this course?



Useful websites:

jillgeoffrion.com

labyrinth prayer

labyrinthos.net

leading journal re. labyrinths & mazes

labyrinthlocator.com

world-wide labyrinth locator

labyrinth-enterprises.com

resources on labyrinth building

I would like to offer my special thanks to
Erwin Reissman for permission to use the
3 circuit labyrinth images
from his blog:

<http://blogmymaze.wordpress.com/>

See: <http://blogmymaze.wordpress.com/2009/11/09/the-3-circuit-classical-labyrinth/>





Ministry website www.fhlglobal.org

Labyrinth resources by jill www.jillgeoffrion.com

Journey blog by jill jillgeoffrion.wordpress.com

Articles by Tim: www.spiritledleader.wordpress.com



Jill's email: jill.geoffrion@fhlglobal.org