### Labyrinth Prayer Presentation to a Seminary Community Asia June 1, 2012

H. Reenaurala

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The Rev. Jill K H Geoffrion, Ph.D. <u>www.jillgeoffrion.com</u> <u>jillgeoffrion.wordpress.com</u> The Rev. Tim Geoffrion, Ph.D. <u>www.fhlglobal.org</u> <u>spiritledleader.wordpress.com</u>

#### Labyrinths are "new" yet ancient pathways for prayer.

#### Interest in and use of labyrinths is growing world-wide.



**Chartres Cathedral Labyrinth, France** 

Baltimore, Maryland (USA)

Goma, D. R. Congo

There have been seven historic periods of labyrinth "flowering". All occurred during times of rapid change and usually lasted about 100 years. The current period began in the 1970s.

Jeff Saward, leading world labyrinth historian and editor of <u>Labyrinthos</u>, <u>www.labyrinthos.net</u>. See <u>Labyrinths and Mazes</u>. (New York: Lark Books), 19.





21rst century Christians are looking for holistic spiritual tools that connect the body, mind & spirit. There are 4,000 public labyrinths in over 75 countries that are currently listed on the world-wide labyrinth locator at <u>www.labyrinthlocator.com</u>. The MIT labyrinth is the newest addition!

Organization:				
Contact last name:				
City:				
State:	•			
	(US and Canada only)			
Zip/postal code:				
Country:	Myanmar \$	Musemar Testi	tute of Theology	ID#4993
	(Only countries in the labyrinth database are	and the second se	of Worship; School or Educational Centre By appointment Indoor Permanent	1004993
	listed.)		Seminary Hill, Insein	
Search radius:	miles (US only — use in conjunction		Yangon 11011	
	with city and state, or with zip code.)		Myanmar view map	III IIII IIII IIII IIIII
Categories:	Artistic Installation	Directions/notes:	Located on the seminary campus in Insein Township, about 20 minute taxi ride from downtown	ACC HE
	<ul> <li>Camp Grounds and Recreation Facilities</li> <li>Church or Place of Worship</li> </ul>	Contact:	Dr. Maung Maung Yin Peace Studies Center Phone: 95-1-643115/640168 Email: m.i.theology@mptmail.net.mm	man man
	Commercial or Retail	Web:	http://mitheo.com/index.html	Chapel Labyrinth, Global Education Building
	Farms & Agriculture			
	Historic Monument		The labyrinth is located in the Faith, Hope and Love Chapel on the 5th floor of the Global Education Building.	
	Hospital, Hospice, or Healthcare	Admission:	Donation welcome	
	Hotel, Guest House or B+B Miscellaneous	Type:	Medieval Chartres replica	
Availability:	Public O Private O By Appointment O	Material:	Terrazzo	
	Any	Designer:	Jill and Tim Geoffrion	
Situation:	🔾 Indoor 🔾 Outdoor 💿 Any	Builder:	Jade Construction	
Material:		Size:	36 feet	
Place fai.	•	Date installed:	March 2012	
Type:	+			
	> typology of labyrinth types			
Wheelchair accessible:				
Designer:				
Builder:				
Show simplified, text- only results:				

Search

Introduction of Drs. Tim & Jill

Serving the seminary community since 2007



### Wed June 5, 1982 (30 years of marriage)

### Ordination June 3, 1984 Serving as pastors/ministers for 28 years





## **Our Family**



#### Daniel 24 years old

Timothy 25 years old (Stella will join our family July 8)

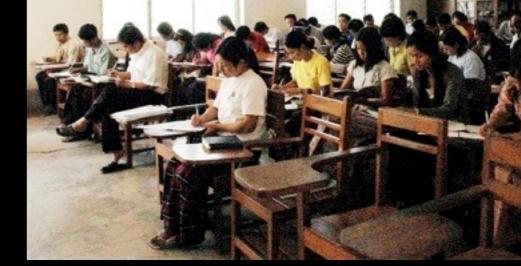


#### Teaching, Inspiring, and Encouraging



Teaching courses, workshops, and seminars





Coaching of individuals, groups, & non-profits







Providing labyrinth experiences, retreats, pilgrimages, and creative opportunities for spiritual renewal



Offering written and web resources <u>www.fhlglobal.org</u>



Faith, Hope, and Love



GOD. IN YOUR MERCY HEAL OUR LAND

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MIT

 "what you have heard from me through many witnesses entrust to faithful people who will be able to teach others as well.
 2 Timothy 2:2

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#### Labyrinth ministry of building, researching, teaching, & photographing





























Deephaven Labyrinths & Retreats

"May my teaching fall like rain, and my words, distill as the dew, like showers on new grass, like abundant rain on tender plants." Deuteronomy 32:2

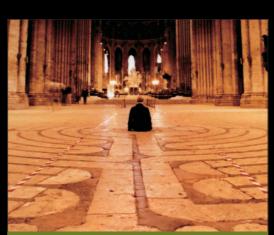


# LABYRINTH

### LABYRINTH







Labyrinth and the Song of Songs

Jill Kimberly Hartwell Geoffrion



#### Pondering the Labyrinth

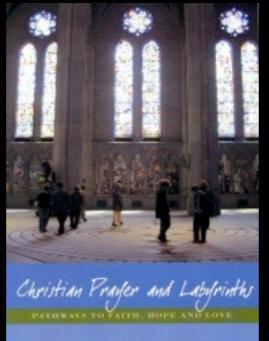


#### The Labyrinth and the Enneagram

Circling into Praye

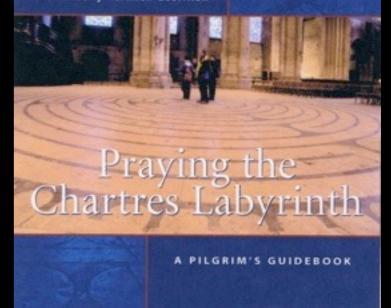


Jill Kimberly Hartwell Geoffrion and Elizabeth Catherine Nagel



Jill Kimberly Hartwell Geoffrion

Jill Kimberly Hartwell Geoffrion

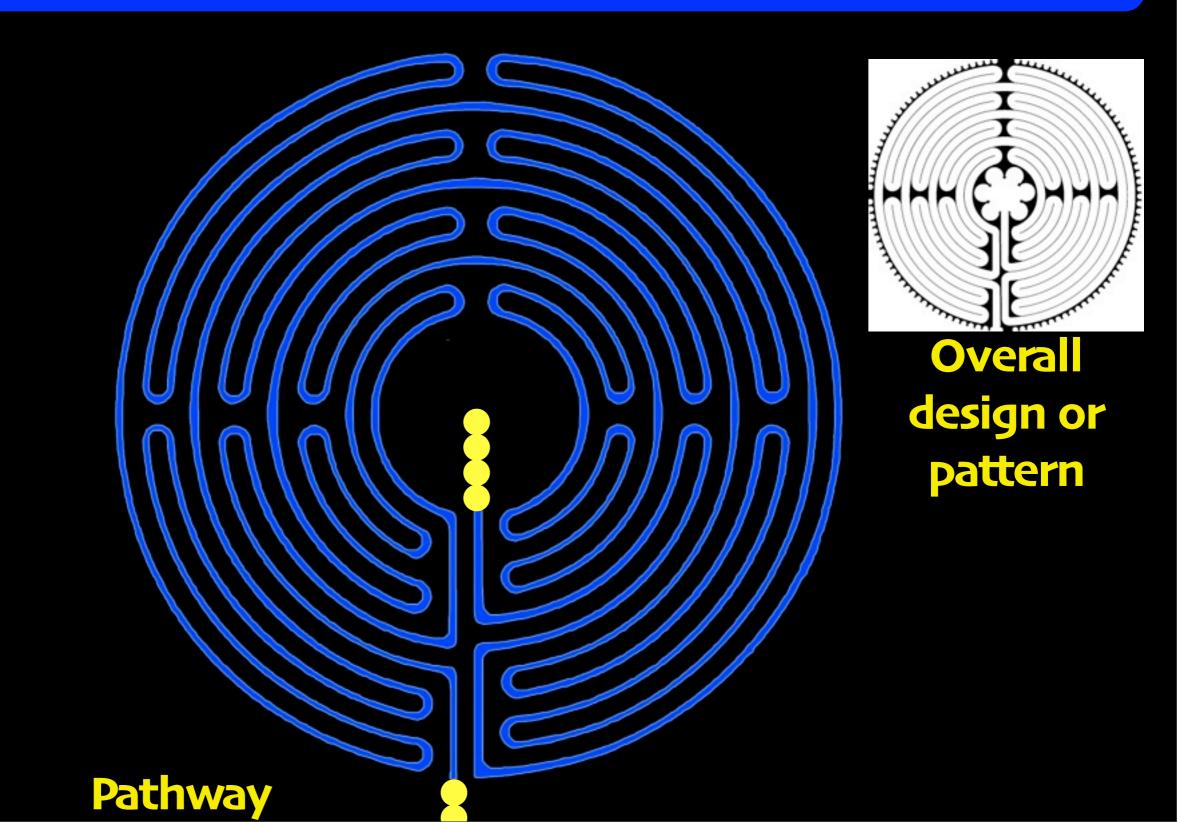


#### Books by Jill on labyrinth prayer--all can be borrowed from the MIT library



#### A labyrinth is a single pathway that turns back on itself before reaching a center.

They are enclosed designs with a single opening in the perimeter.



#### There is a relationship between spirals and labyrinths, but they are different.



### The meandering nature of labyrinths mirrors the natural cleansing motion of water.

#### A labyrinth is different than a wingaba

#### It is helpful to distinguish between labyrinths and mazes.



#### Labyrinths

One path
 Designed to direct the walker
 Lead to a center
 Purposeful
 Sense of safety/sanctuary



#### Mazes

Many paths
 Designed to confuse walker
 No center
 Amusement
 Sense of entrapment





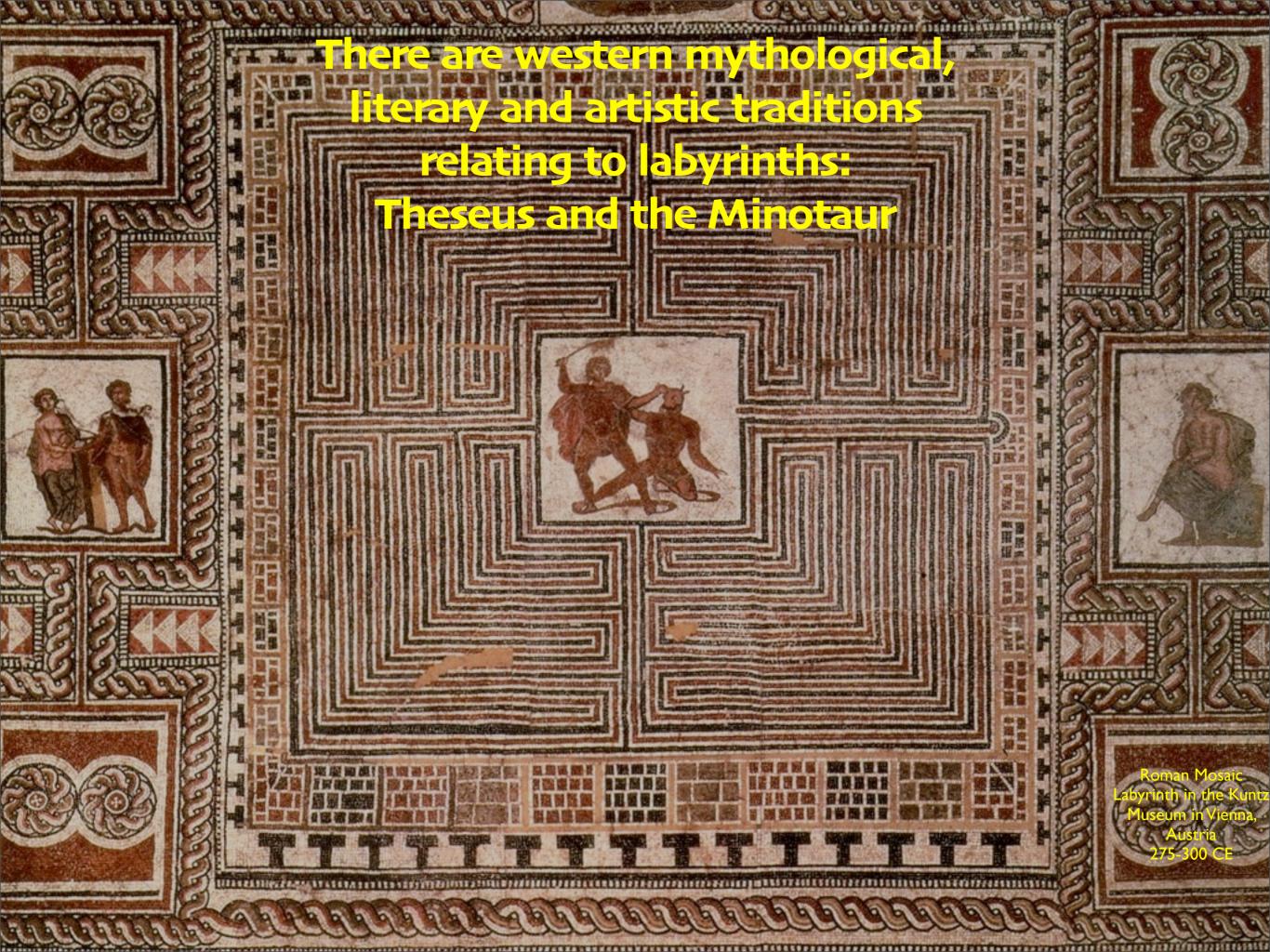
The exact origins of labyrinths are unknown. There are ancient examples on every inhabited continent.

Goa, India Approximately 2,500-2,000 BCE Pansaimol Labyrinth Petroglyph © Jeff Saward see Labyrinths and Mazes & www.labyrinthos.net

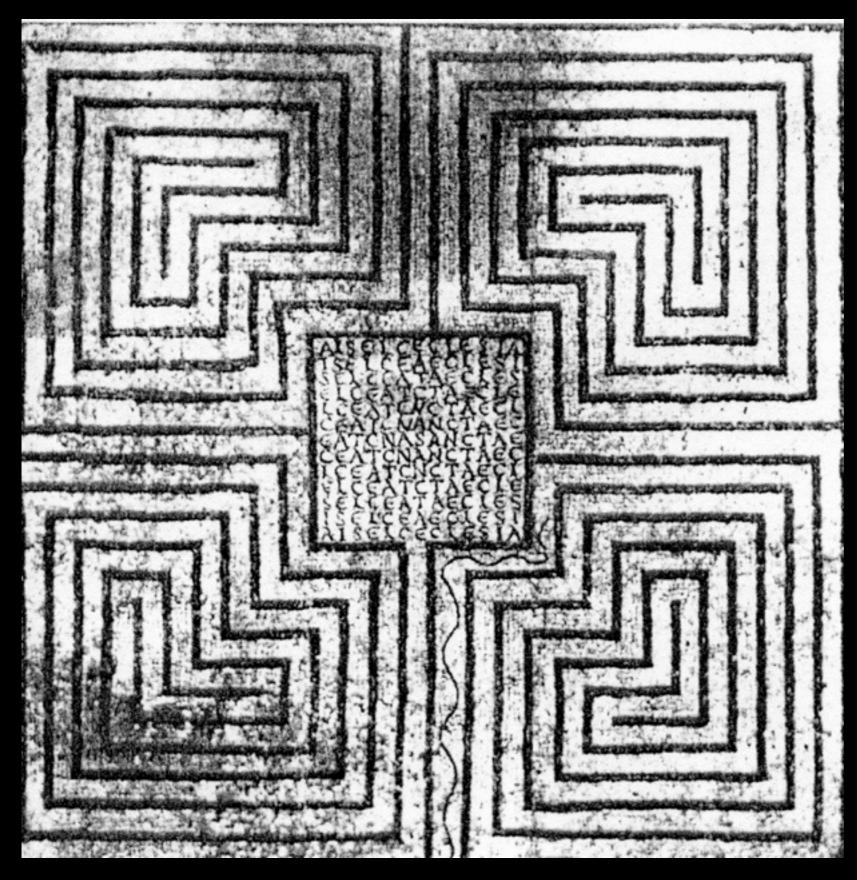


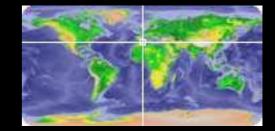
#### The oldest datable labyrinths are petroglyphs.

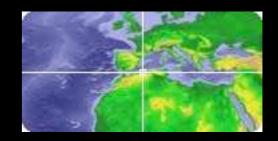


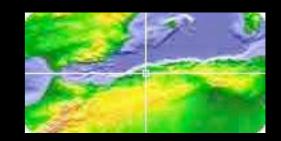


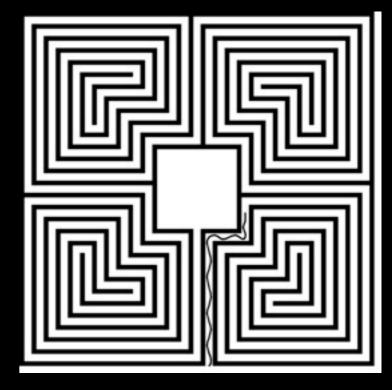
#### The oldest surviving Christian labyrinth











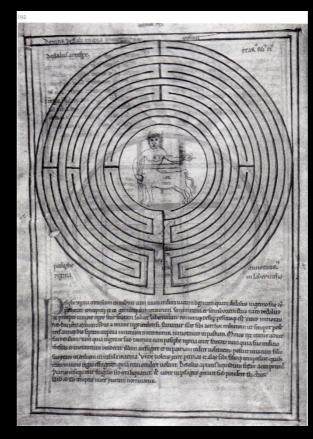
#### Installed 324 CE in the cathedral in Orléansville, Algeria (Africa)

#### Labyrinths in manuscripts from the Middle Ages



10th century St. Germain des Prés – Paris Manuscript relating to the Easter cycle

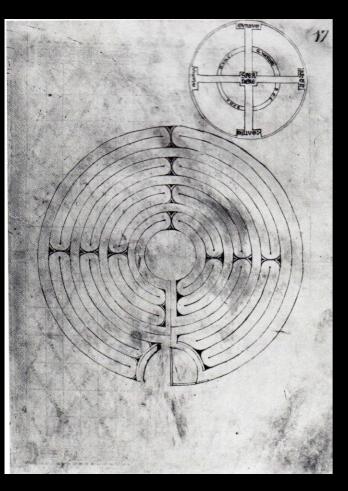
Kern No 181; page 112



Lambert St. Omer entre 1060-1123

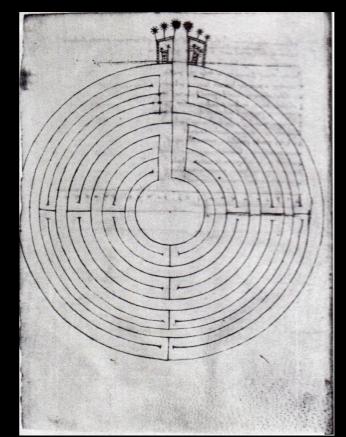
Under the drawing- the story of Theseus and the minotaur

> Kern No 191; page 116



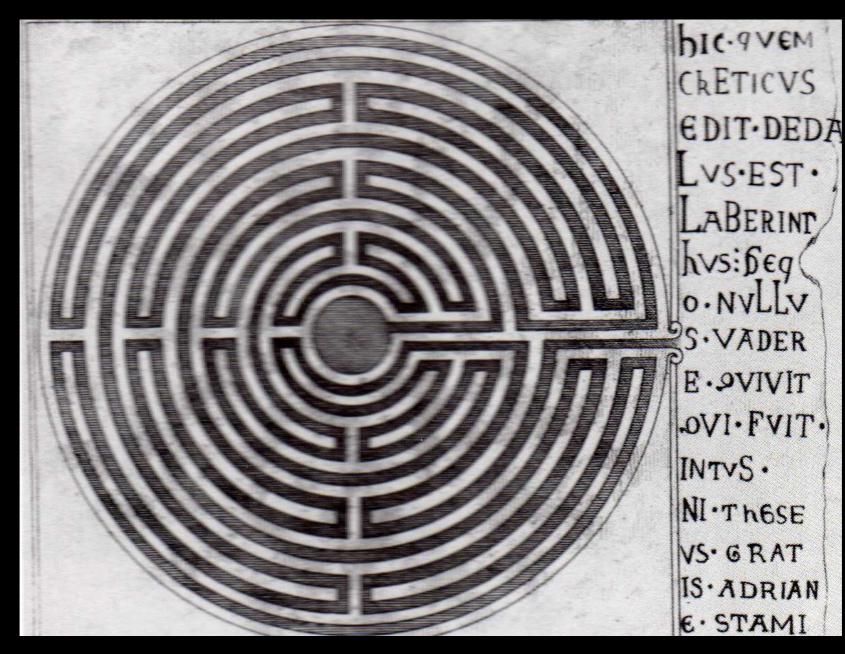
Isodore de Séville 1072 Manuscript concerned with dating Easter

Kern No 183; pages 112-113



Martianus Capella 11th century manuscript which speaks of the seven liberal arts that were a normal part of the education of monks and priests

Kern No 187; page 115 European (non-French) church labyrinths in the Middle Ages <u>Italy:</u> Rome (St. M. Aquiro) 1189, St. M. Trastevere, 12th cent.; Pavie 1100; Piacenza 1107; Pontremoli 12th cent. Spain: Barreure (Graffiti) 12th century on a pillar <u>Germany:</u> Cologne, Cathedral, end of the 13th cent.



Lucca, Italy (outside cathedral-traced by hand) 12th-13th century

	French cathedral labyrinths in the Middle Ages			
1134/5	Auxerre Cathedral of St. Stephen	1690		
1160	Arras Cathedral (in the nave, started 1160)	1793		
1160	Poitiers Cathedral graffiti; lab in nave also?			
1179/80	Sens Cathedral nave, finished 1180	1769		
<b>I2</b> 00	St. Quentin church; Cathedral 1495			
1201	Chartres, Cathedral			
End 13th	Reims Cathedral	1779		
1288	Amiens Cathedral	1825		
End 13th	St. Omer Cathedral	1789		

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4 4.25

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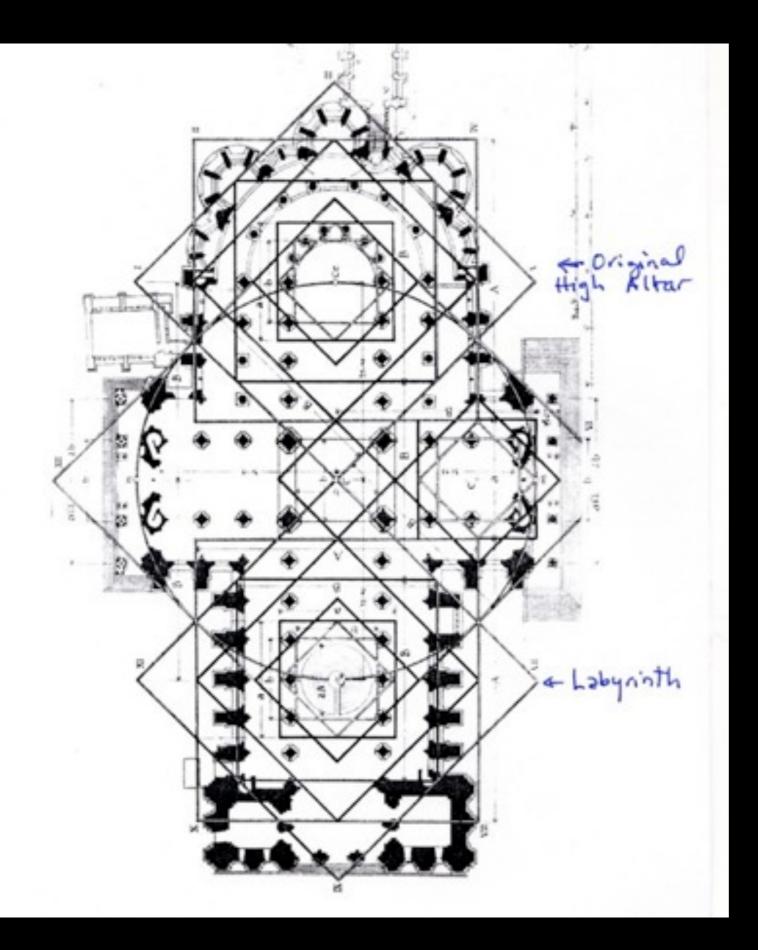
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What was a labyrinth doing in a medieval cathedral? There are many ways to understand labyrinths. The answer you get will depend on who you ask.



Author & architect John James, gallery of kings, south wall



### Theologians:

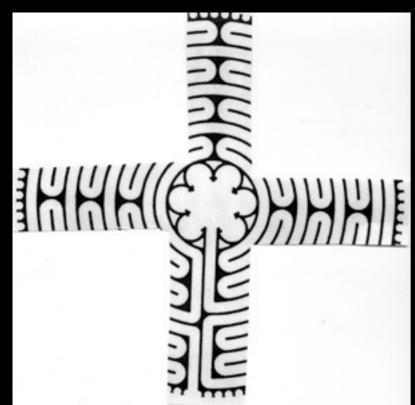
The altar is in direct relationship to the labyrinth.

God's saving presence is with us.

Dessin: Wright, Craig from James. The Maze and the Warrior. Cambridge, Massachusetts: Harvard University Press, 2001.



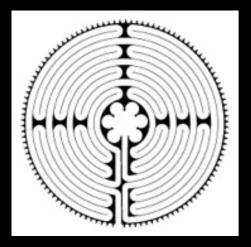
The cross in the labyrinth design is important and instructive.



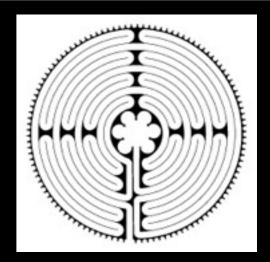
### Theologians:



May I never boast of anything except the cross of our Lord Jesus Christ... Galatians 6:14

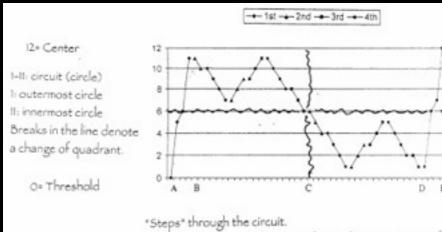


Musicologists: The labyrinth relates directly to medieval liturgy, including the motets that were sung during services.

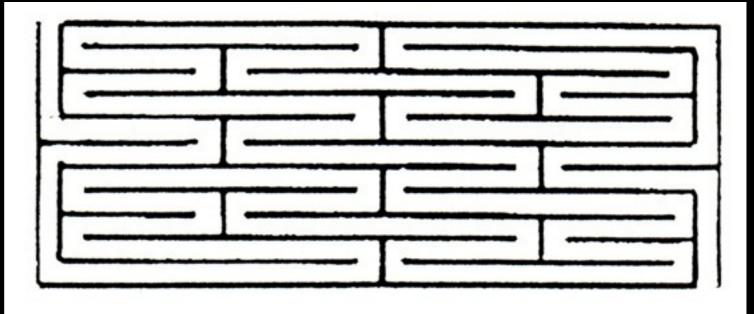


#### QQHHQQHQHQHQQHQHQQHQHQHQQHQQHQQ CENTRE QQHHQQHQHQHQQHQHQQHQHQQHQQHQQHQQQHQQ Sequence of 31 mouvements of the Chartres labyrinth. Wright, 67.

Path of the labyrinth squared off and presented in rectangular form. Caerdroia No. 32: 2001 Robert Ferré



<sup>&</sup>quot;Steps" through the circuit. Each "step": an arc within a quadrant, almost a quarter of a circle.



#### ...has a symmetry from side to side, and from the outside to the centre." John James, The Mystery of the Great Labyrinth at Chartres, 1.

For more information, see: Craig Wright. The Maze and the Warrior. Cambridge, Massachusetts: Harvard University Press, 2001.

Kuipers, Willem. (2000). Cadence Characterises Labyrinths. <u>Caerdroia</u>. 31: 33-40.

# Liturgists: A place where liturgical dramas of Christ's descent to hell and freeing of the captives could be reenacted.

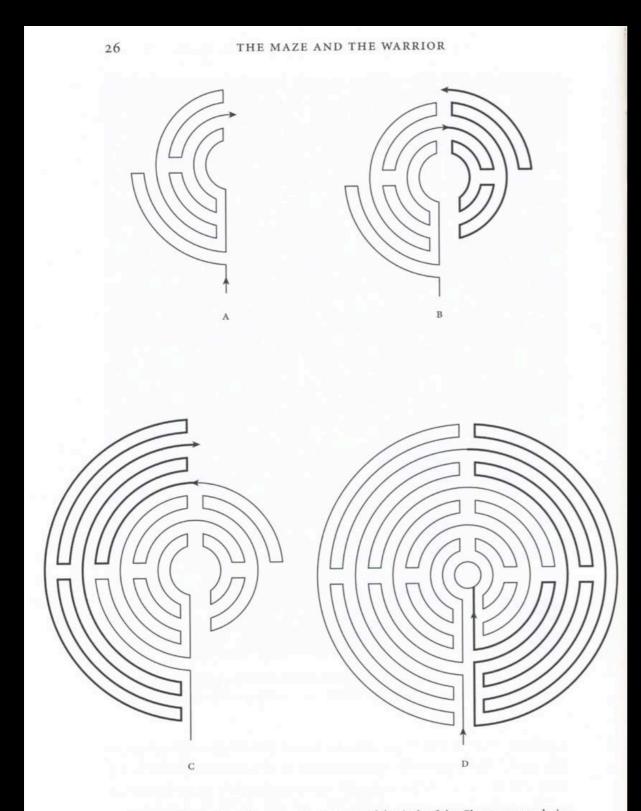


FIGURE 1.11 The systematic process that creates a labyrinth of the Chartres-type design.

"...the need for a sizable space within the church to act out Christ's harrowing of hell."

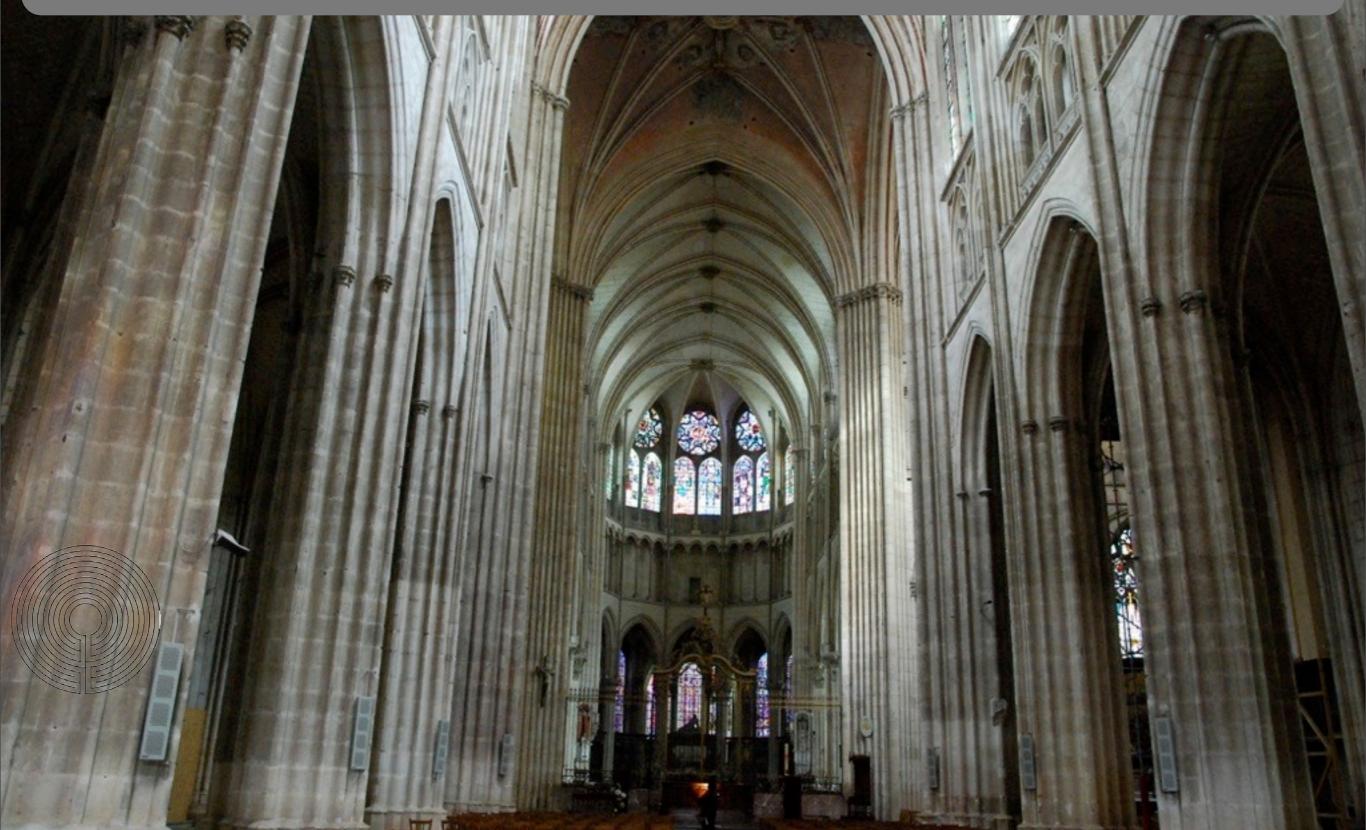
Craig Wright, The Maze & The Warrior, 37.

"He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended into hell. On the third day he rose again."

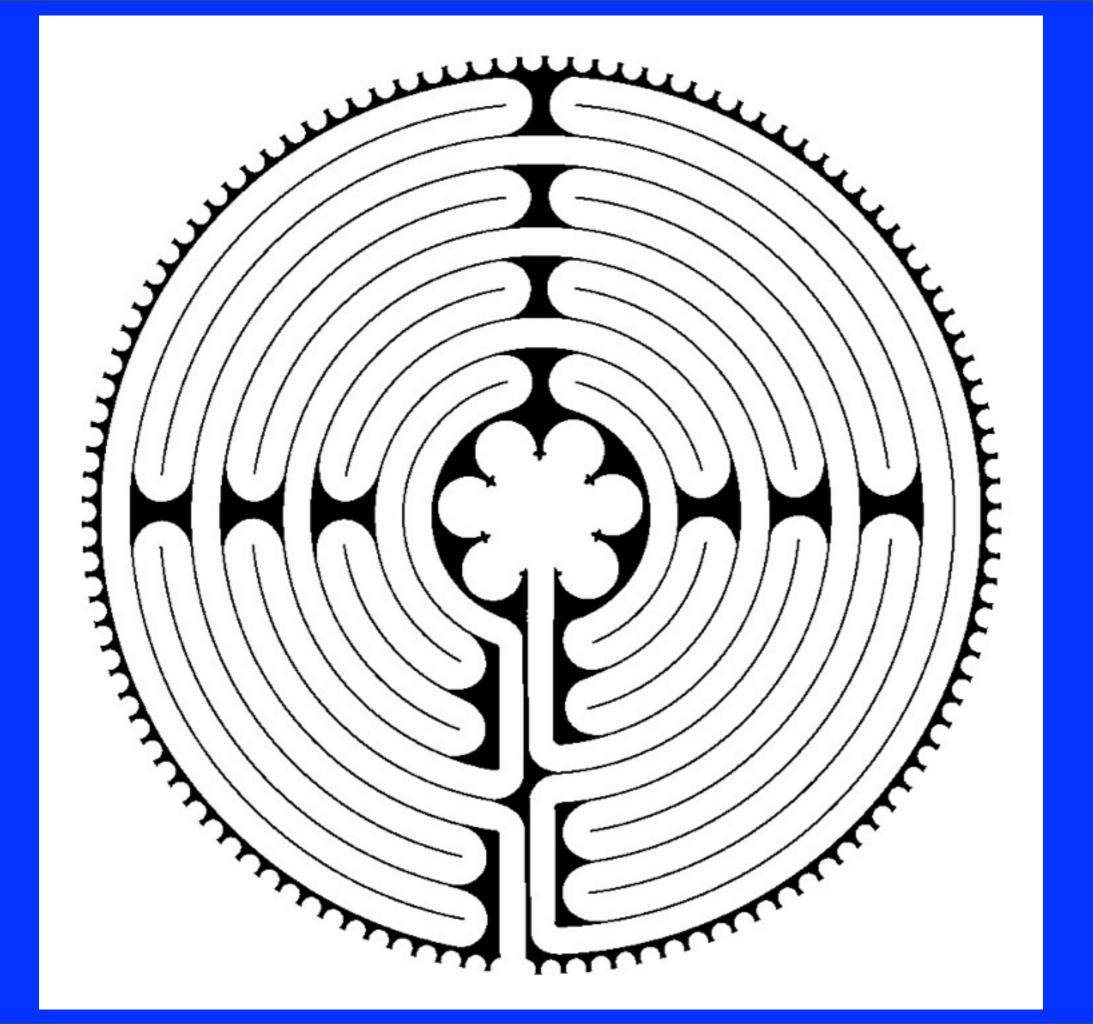
(4th and 5th line of the Apostles' Creed.)

# Medieval clergy: Easter dances celebrating Christ's resurrection



Medieval Easter dances were documented at at Auxerre, Sens, Chartres and Amiens Cathedrals in France Doob, Penelope Reed. <u>The Idea of the Labyrinth</u> <u>from Classical Antiquity through the Middle Ages. Ithica</u>, NY: Cornell University Press, 1990.







God has told you, O mortal, what is good; and what does the LORD require of you but to do justice, and to love kindness, and to walk humbly with your God? Micah 6:8

III

Christ who dwells within us walks with us as we move on a labyrinth. What we bring to a labyrinth experience influences what we take from it.



There are many biblical texts to explore in relation to labyrinth prayer including

Abraham as a pilgrim: Genesis 12 Theme of exile as pilgrimage: Exodus The wise men travel to meet Jesus: Matthew 2:1-12 The shepherds visit Jesus: Luke 2:8-20 The flight of Jesus, Mary, and Joseph to Egypt : Matthew 2:13-15 Jesus walking with the disciples on the Road to Emmaus Luke 24:13-53 Christians as exiles and strangers (pilgrims KJV) 1 Peter 2:11-12

#### What are some of the theological messages of labyrinths?

- Divine help is available.
- A path of wisdom leads one towards God.
- Religious devotion can be pleasurable.
- Truth and God's presence are yoked. As one moves in the Divine Presence, truth becomes clearer and more compelling.
- Moving one's body in faith can support one's desire for spiritual connection.
- Journeying towards intimacy with God is seldom a linear process.
- Sacred patterns can assist seekers in moving beyond their own limitations. God speaks through visual symbols.
- Love for God leads to personal encounters with the Divine, and to a commitment to acting in faith.
- Desire for wider service springs naturally from time spent with God.

Taken from <u>Christian Prayer and Labyrinths</u>. <u>Cleveland: Pilgrim Press</u>, 2004.

## What can be learned about God by using labyrinths as tools for prayer?

God is real-and accessible.

God values truth and communicates it freely.

God's presence supports wholeness.

God is unpredictable — but trustworthy. We cannot control or often even anticipate God's next move in our lives.

> Christian Prayer and Labyrinths. Cleveland: Pilgrim Press, 2004.

Labyrinth walkers report many benefits.

Benefit #1: Provides an opportunity for intentional and extended connection with the Sacred.

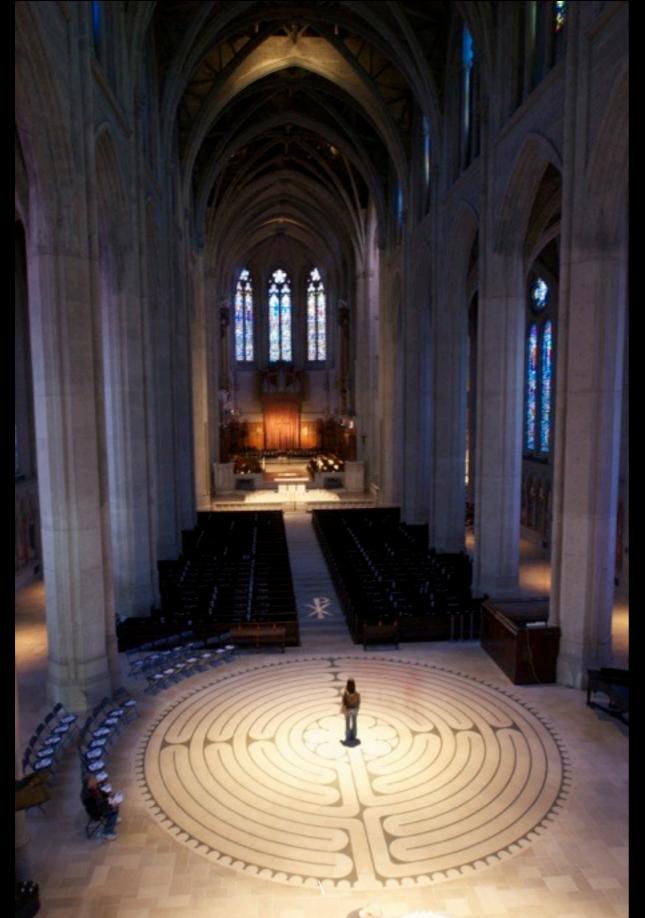
"I can't sit and meditate, but I can walk the labyrinth and stay focused."



#### Benefit #2: Mingling of communal and individual experience. "Even though I focus on what is happening for me, I love feeling connected to those who share the path."



Benefit #3: Labyrinths are "sanctuaries" where people feel safe to explore their relationship with God. "I need a quiet place to pray. The labyrinth has become my prayer village." A Christian in Myanmar







#### Benefit #4: Transformation of thoughts and feelings. "When I started I felt anxious. Now I am feeling joyful."



#### Benefit #5:

Unarticulated hopes, dreams, values, priorities, memories, perspectives, or insights emerge. "Now I know the next step I would like to take..."



Benefit #6: Mirroring of what is happening in one's life. Experiences on the labyrinth serve as metaphors, leading to deeper insight and understanding.

## Benefit #7: The realization of spiritual truth at a deeper, more personal level.

"As I went around and around I came to understand that God really is the light of the whole world."



John Hopkins Hospital Baltimore, Maryland (USA)



Lai Baptist Women's Prayer Group, Mynamar



HEAL Africa Goma, D. R. Congo



John Hopkins Hospital Baltimore, Maryland (USA)



Lai Baptist Women's Prayer Group, Mynamar



HEAL Africa Goma, D. R. Congo





John Hopkins Hospital Baltimore, Maryland (USA)



Lai Baptist Women's Prayer Group, Mynamar



HEAL Africa Goma, D. R. Congo

Builds community (alone/together; rituals)
 Enhances creativity (activating both brain hemispheres)



John Hopkins Hospital Baltimore, Maryland (USA)



Lai Baptist Women's Prayer Group, Mynamar



HEAL Africa Goma, D. R. Congo

## Builds community (alone/together; rituals) Enhances creativity (activating both brain hemispheres) Shifts emotions (joy, peace)



John Hopkins Hospital Baltimore, Maryland (USA)

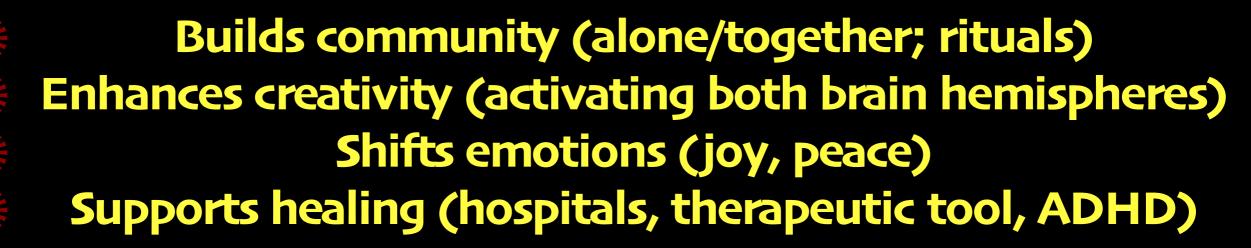
#### Labyrinth Prayer



Lai Baptist Women's Prayer Group, Mynamar



HEAL Africa Goma, D. R. Congo





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#### Labyrinth Prayer



Lai Baptist Women's Prayer Group, Mynamar



HEAL Africa Goma, D. R. Congo

Builds community (alone/together; rituals) Enhances creativity (activating both brain hemispheres) Shifts emotions (joy, peace) Supports healing (hospitals, therapeutic tool, ADHD) Integrates mind-body-spirit



John Hopkins Hospital Baltimore, Maryland (USA)



Lai Baptist Women's Prayer Group, Mynamar



HEAL Africa Goma, D. R. Congo

Builds community (alone/together; rituals) Enhances creativity (activating both brain hemispheres) Shifts emotions (joy, peace) Supports healing (hospitals, therapeutic tool, ADHD) Integrates mind-body-spirit Stimulates thinking (insights, answers, metaphor)



John Hopkins Hospital Baltimore, Maryland (USA)



Lai Baptist Women's Prayer Group, Mynamar



HEAL Africa Goma, D. R. Congo

Builds community (alone/together; rituals) Enhances creativity (activating both brain hemispheres) Shifts emotions (joy, peace) Supports healing (hospitals, therapeutic tool, ADHD) Integrates mind-body-spirit Stimulates thinking (insights, answers, metaphor) Balances the body (health, grounding, pain management)



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Lai Baptist Women's Prayer Group, Mynamar



HEAL Africa Goma, D. R. Congo

Builds community (alone/together; rituals) Enhances creativity (activating both brain hemispheres) Shifts emotions (joy, peace) Supports healing (hospitals, therapeutic tool, ADHD) Integrates mind-body-spirit Stimulates thinking (insights, answers, metaphor) Balances the body (health, grounding, pain management) Fosters socio-psychological growth (self-knowledge)



John Hopkins Hospital Baltimore, Maryland (USA)



Lai Baptist Women's Prayer Group, Mynamar



HEAL Africa Goma, D. R. Congo

Builds community (alone/together; rituals) Enhances creativity (activating both brain hemispheres) Shifts emotions (joy, peace) Supports healing (hospitals, therapeutic tool, ADHD) Integrates mind-body-spirit Stimulates thinking (insights, answers, metaphor) Balances the body (health, grounding, pain management) Fosters socio-psychological growth (self-knowledge) Enriches spirituality (incarnational prayer)

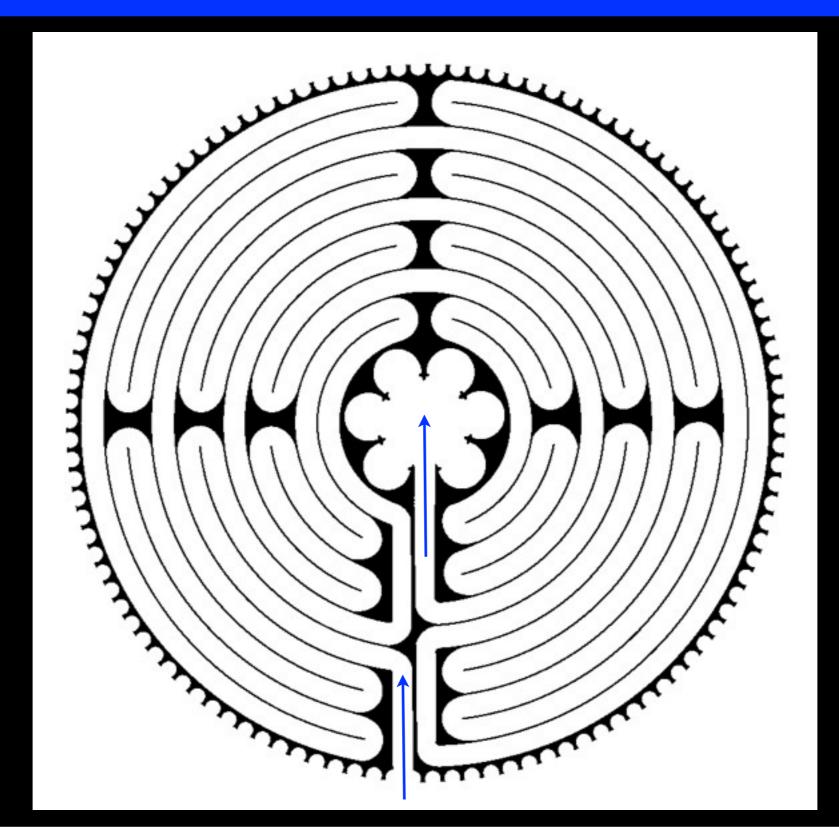
Labyrinth prayer offers a contemplative way of approaching and resting in God's presence... The invitation is to...become quiet within, to slow down, not to "escape" from the world, but to attend to all of life with "quiet still awareness", through the lens of the great love of God. Robyn & Bronwyn Pryor Melbourne, Australia

CONT 1

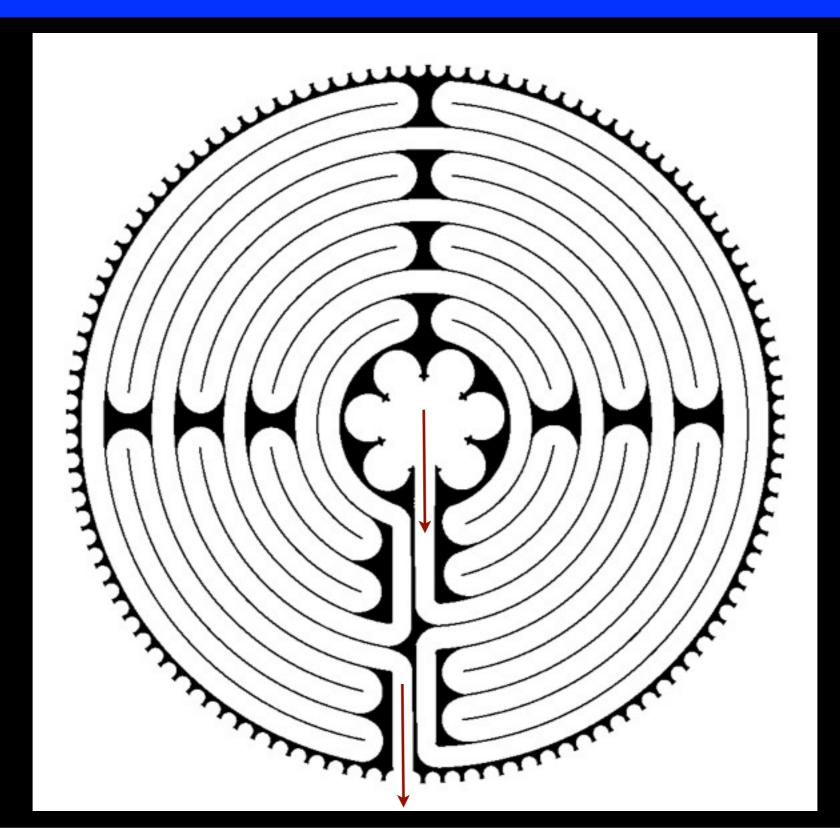




You enter the labyrinth through the opening in its crown. Then, you follow the path to the center.



# The same path is used when returning to the single opening in the perimeter.



## As long as you stay on the path, you can't get lost!

You can get turned around. If that happens, you will either end up at the entrance/exit or the center. Wherever you arrive, you can decide what to do next. You can end your walk or continue.

# There is no one "right way" to pray the labyrinth. People incorporate their regular ways of praying into this prayer walk.

Praying for others Resting in center Praying for self

**Open to God's leading** 

**Reciting Scripture** 

Praying a question

Singing a spiritual song Pray in any other way that you would like.

The second second and and a second se

Photo: Lun Man Hau

## Moving our (outer) bodies on a labyrinth helps transformation to happen inside.

Pay attention to what is happening in the environment and inside of you. Incorporate it all as you pray. The labyrinth often functions like a mirror in which you can see you life more clearly than usual. Ask, "How is this experience like what is happening in my life?"

Many experience an increasing sense of wholeness (health) as they pray walking the labyrinth.

# Be curious. How is God going to bless this time of prayer? What is God trying to communicate?

# God meets us when we pray. Stay flexible. Follow God's lead!

While the path is "predictable", what happens inside us is not!

# You may experience a variety of feelings while walking a labyrinth. Welcome them all. They are messengers sent from God that can help you.

May

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be

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vou.

When you are not walking the labyrinth, you can witness (rather than watch) others, and pray for them.

Walking a labyrinth can feel like a long journey; many important experiences take time to unfold. You are always free to leave the labyrinth. If you want, walk off. You can always return if/when you are ready.

After you have walked a labyrinth once, you will be able to relax and go deeper into the experience the next time.



Preparation

### Pause before the threshold of a labyrinth to prepare yourself for the journey ahead.



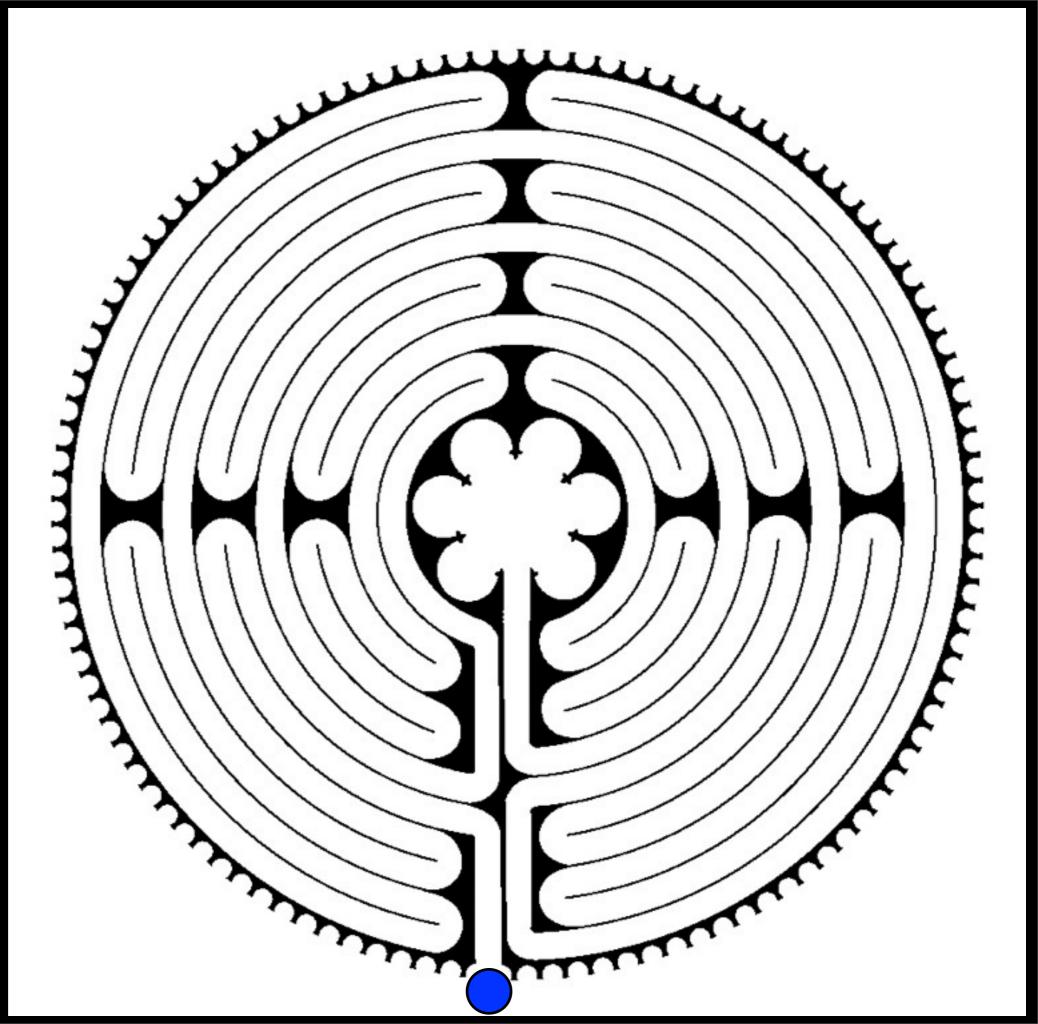
pause...

take a deep breath.

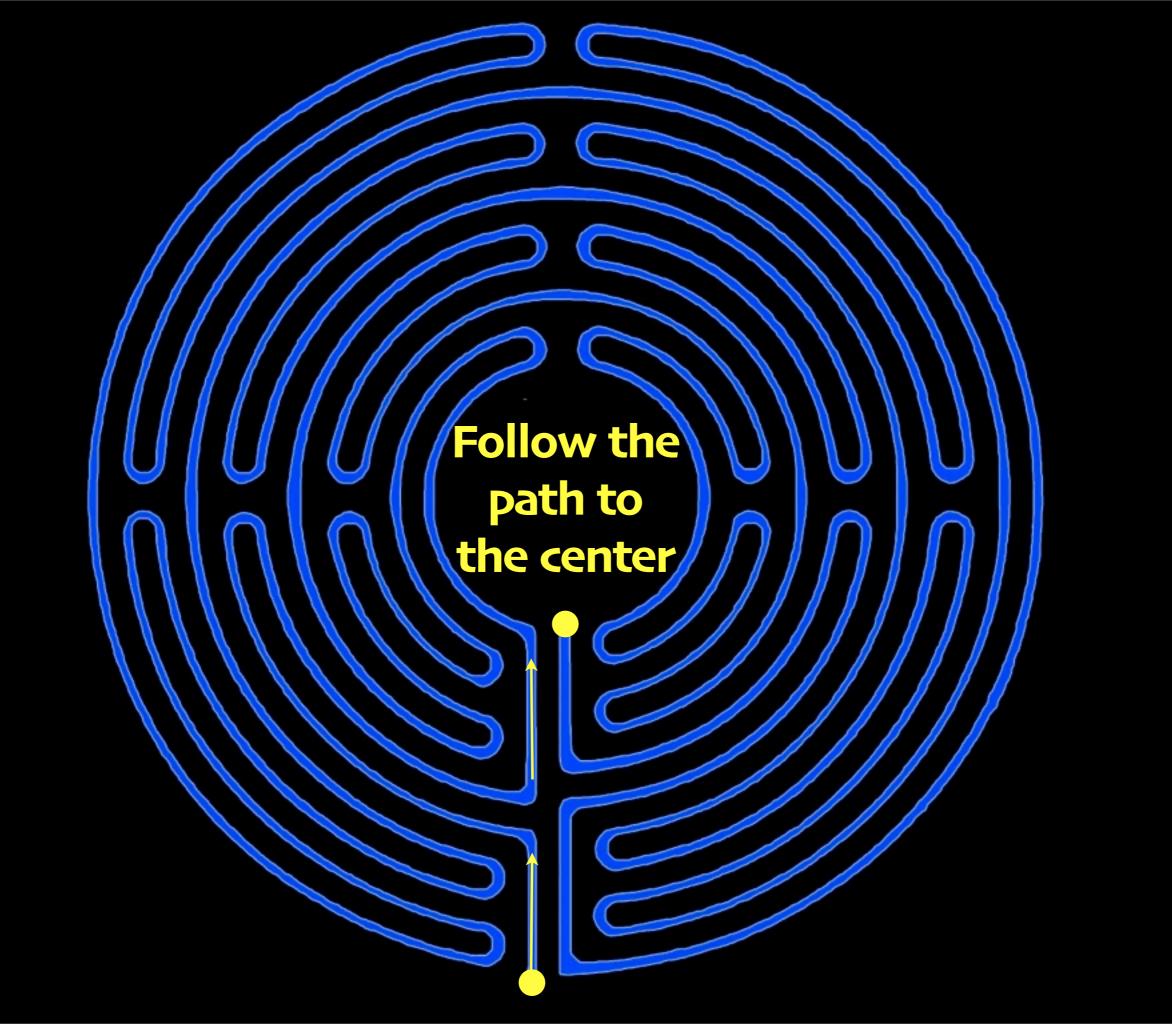
listen with your heart. Take time to prepare yourself.

"What do I most need from God?"

"What do I want to pray about?"



When starting to walk in a group, wait until the person in front of you goes around the first turn. This gives her/him time and space to find an initial rhythm that feels comfortable. Then, it's your turn to cross the threshold.

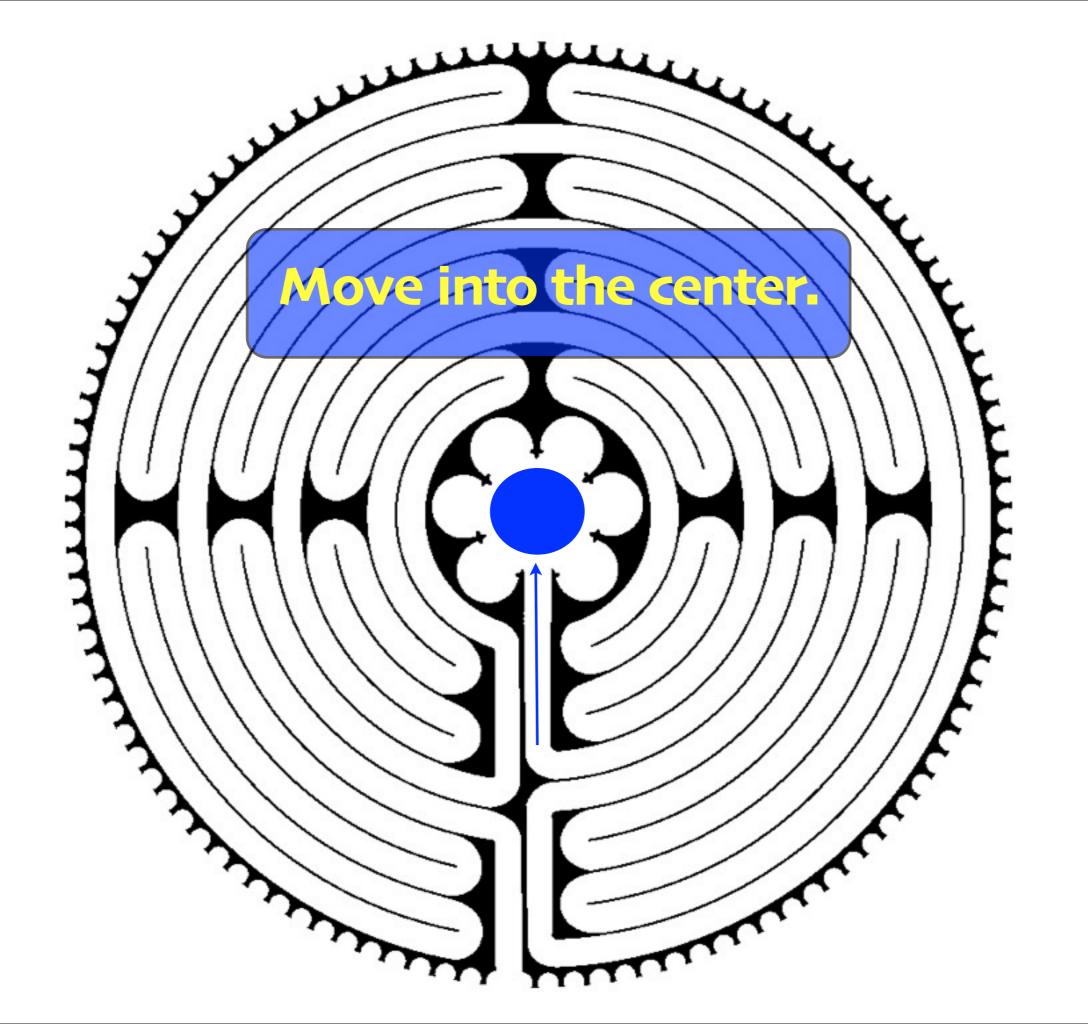




# Find the pace that is right for you.

## Find the pace that is right for you.

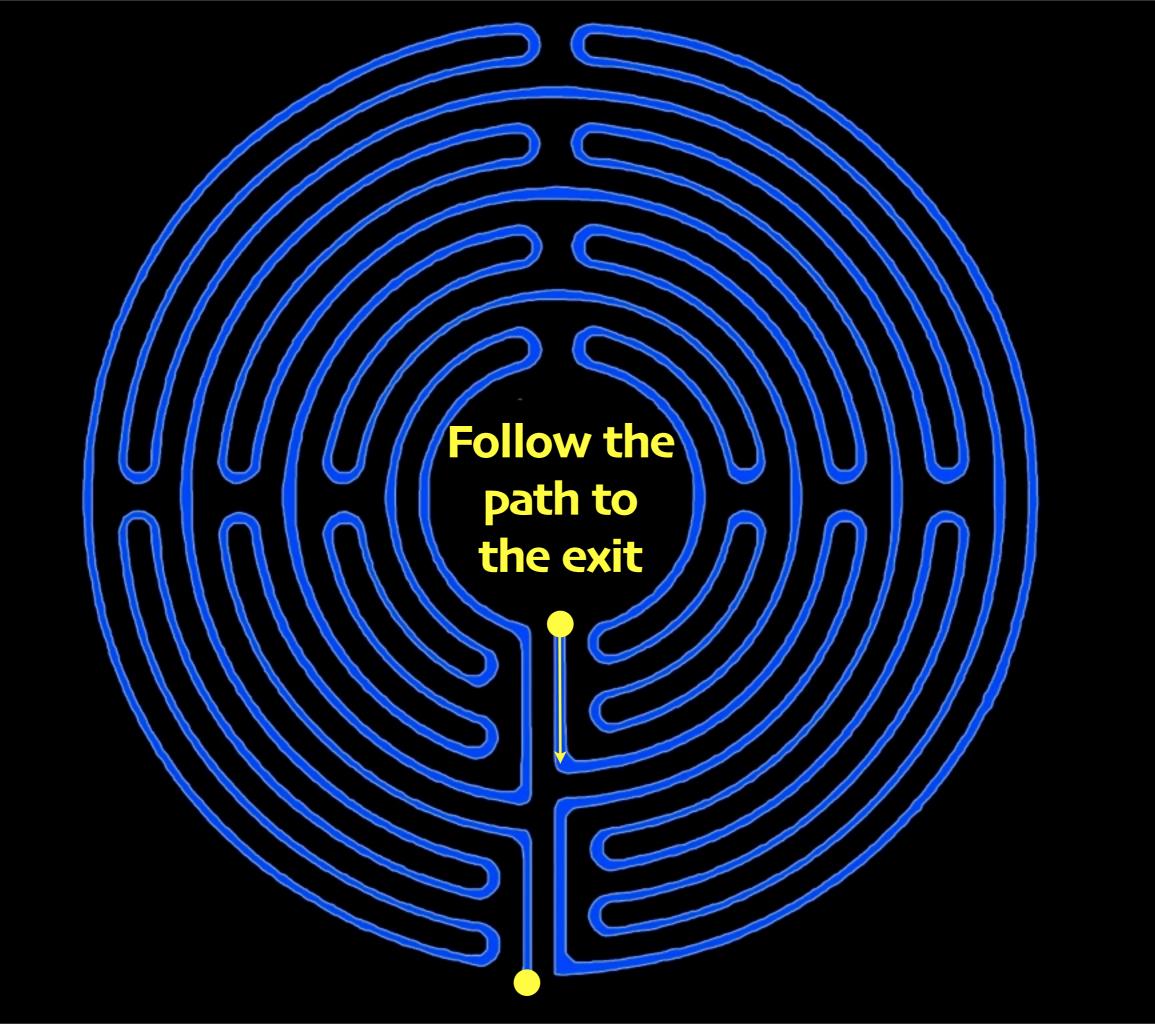
Turning (rounding the 28 semi-circular turns) is a significant part of one's labyrinth experience. When walking the labyrinth you can move around another person, let someone "pass" you, or pause. Labyrinth etiquette allows for all these options! Do what you would do if you met someone on any narrow path.



The center is a wonderful place to rest in God's loving presence. Stay in the center as long as you want.

# "God, what else do you want to communicate?"



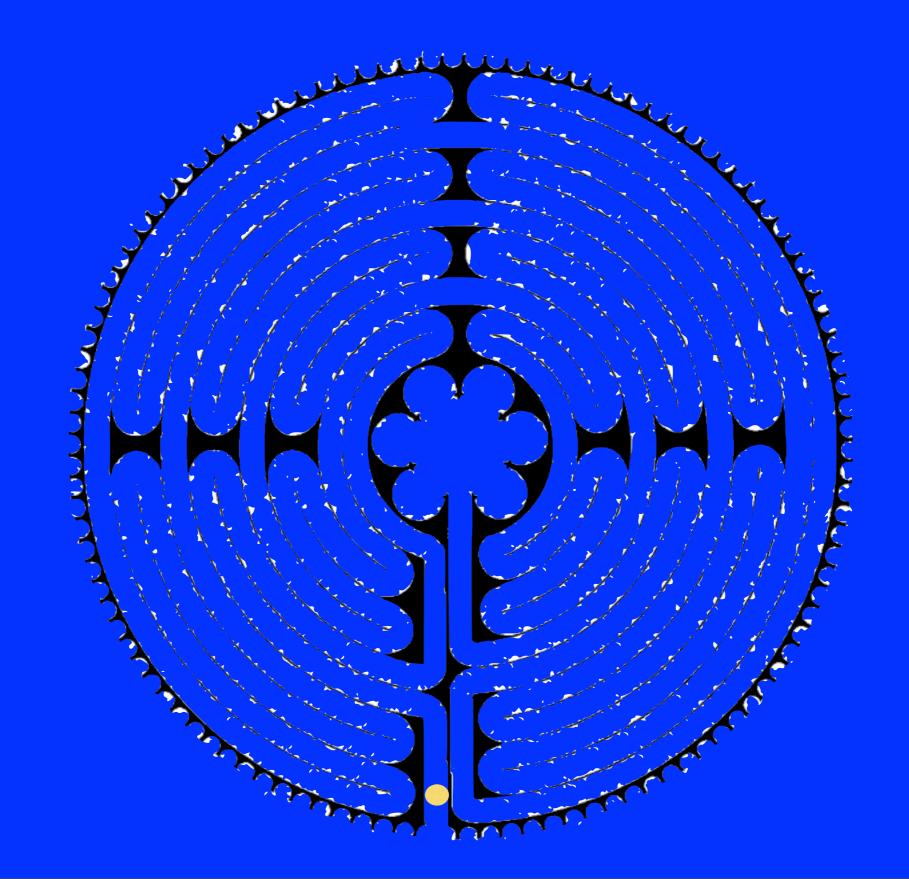


What is my next step? How can I integrate my experiences on the labyrinth into my daily life?

marca.



# Before you exit, pause.



# Take a few moments to savor the gifts God has given.

U.L.P. 12.1

Democratic Republic of Congo

# "We shall not cease from exploration. And the end of all our exploring will be to arrive where we started

and know the place

for the first time."

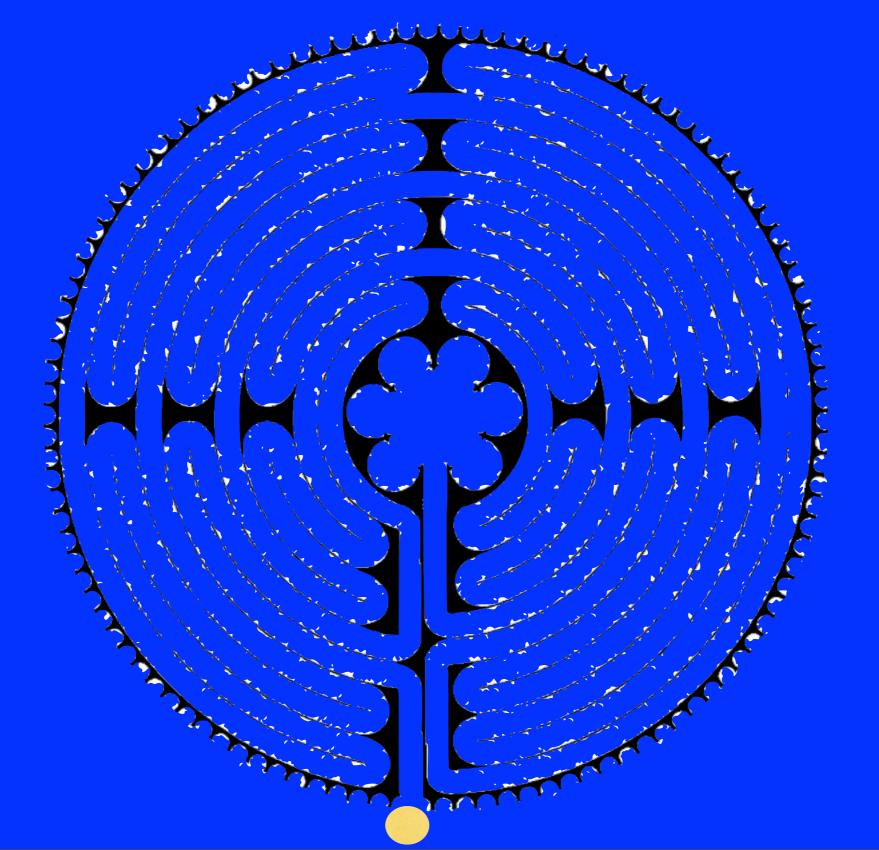
Elliot in Little Gidding

Threshold stone of the Chartres Cathedral labyrinth Walking around the perimeter of a labyrinth can help to bring closure to a labyrinth experience.

AV, BILLING MALL

1152

# Revisting Your Prayer Experience: make time for personal reflection.





What images, and/or experiences were important?

enjeeense

What did God communicate?

What images, and/or experiences were important?

e Jacobo

What did God communicate?

images, and/or experiences were important?

What

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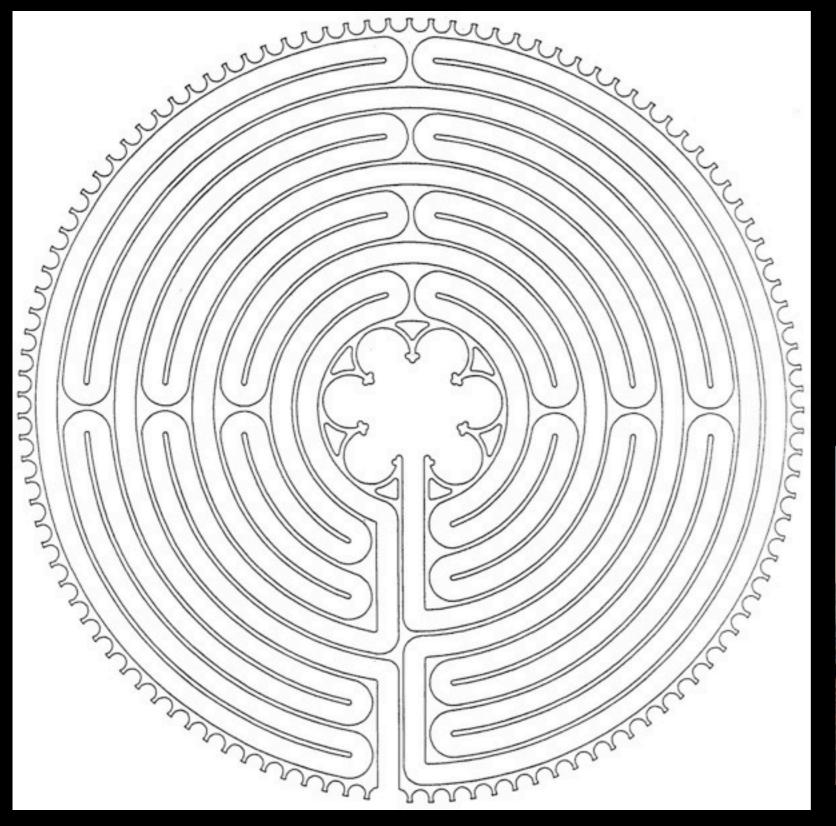
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What are my next steps?





## You can pray with your feet, eyes, or hand.

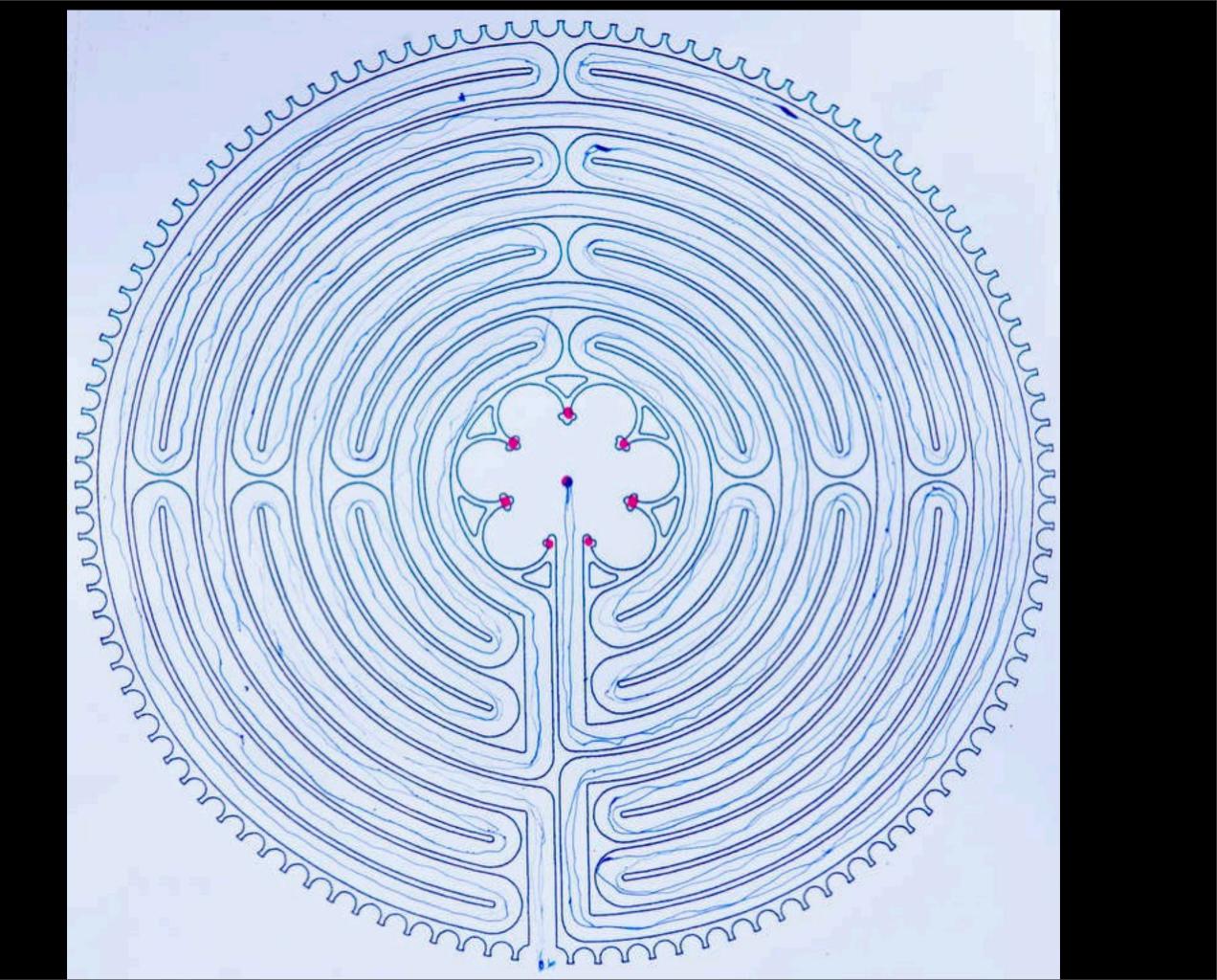




#### Secret Garden Labyrinth Minnesota (USA)



Beach labyrinth of sand and lava stones Hawaii (USA)



## 1. Preparation:

### Pause.

# Take a deep breath.

# Listen with your heart.





Use your finger or a pen to follow the pathway from the entrance in to the center and back out.

2. Before you begin, decide what you want to pray about.

Choose something that really matters to you.

One suggestion: **\*** On the way to the center: pray for others



In the center: rest with God

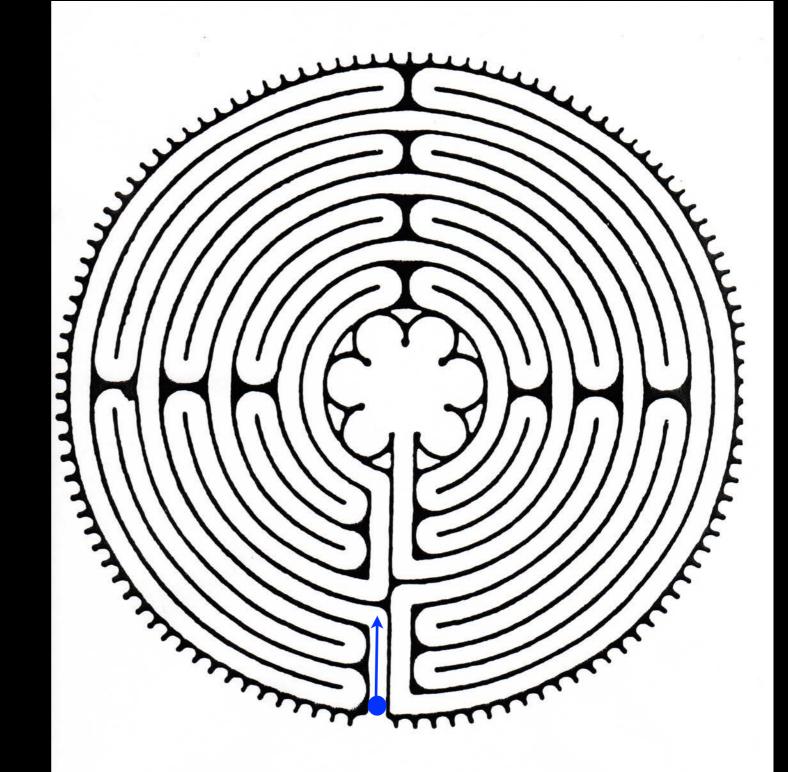
On the way out from the center: pray for yourself.



Walking the Labyrinth by Hand

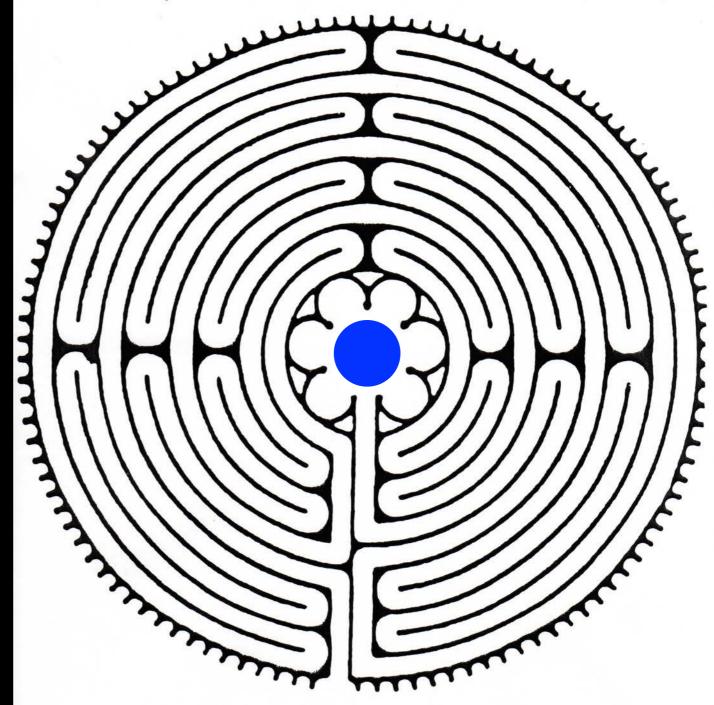
Use your finger or a pen to follow the pathway from the entrance in to the center and back out.

3. Enter. Follow the path with any finger or your pen. Pray as you move towards the center.



Walking the Labyrinth by Hand

#### 4. As your finger or pen rests in the center, rest in God's presence.

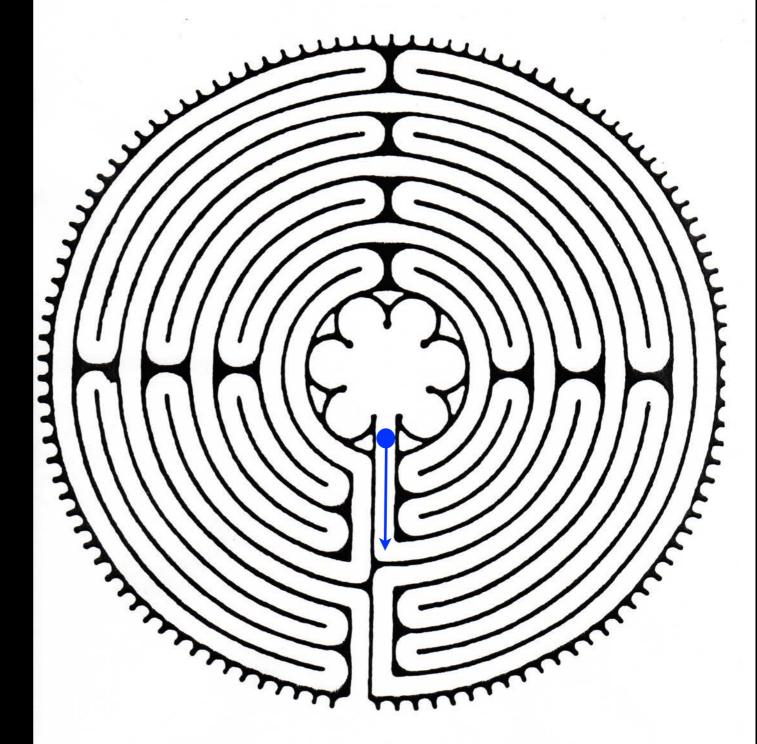


Walking the Labyrinth by Hand

#### 5-

When you are ready, move your finger or pen out of the center and back along the path towards the threshold (exit/entrance).

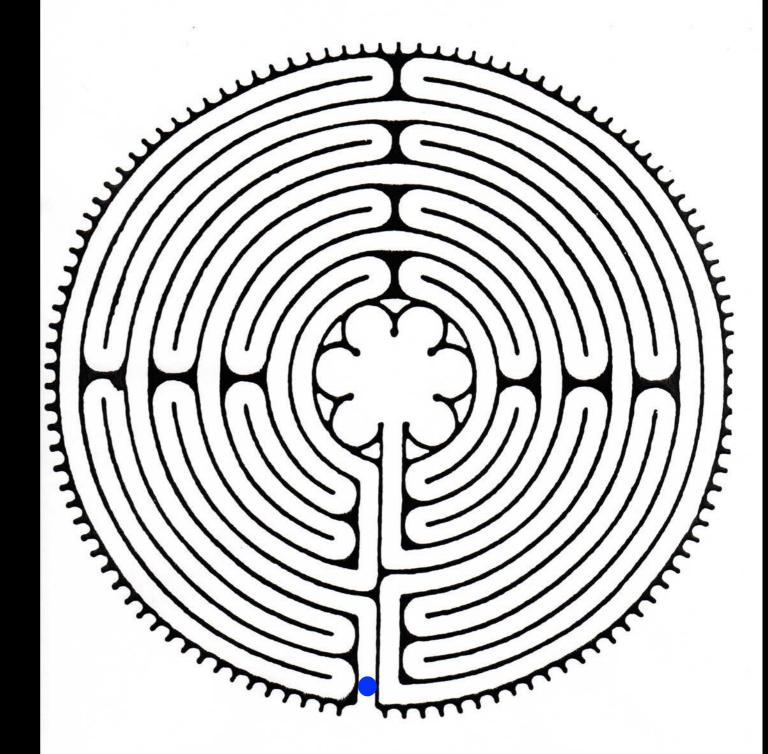
Continue your prayer.



Walking the Labyrinth by Hand

6. When you get close to the threshold, pause.

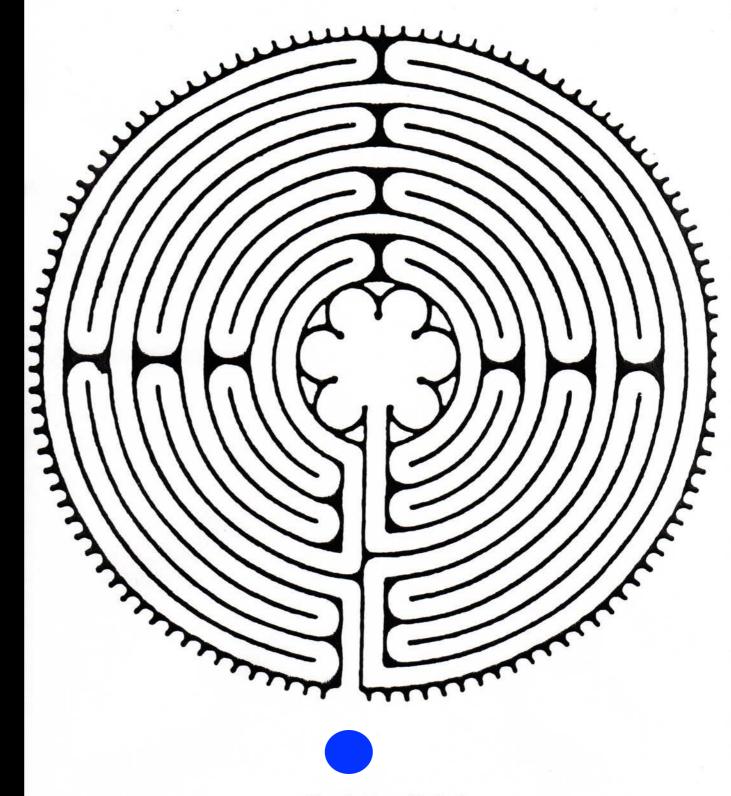
Thank God for what you have experienced.



Walking the Labyrinth by Hand

7-Afterwards, make time to reflect on your labyrinth prayer experience.

Journal, draw, or ponder silently.



Walking the Labyrinth by Hand





# Pause.

# Take a deep breath.

## Pause.

# Take a deep breath.

## Listen with your heart.

## Pause.

# Take a deep breath.

## Listen with your heart.

# Praying with a labyrinth

Proventary.

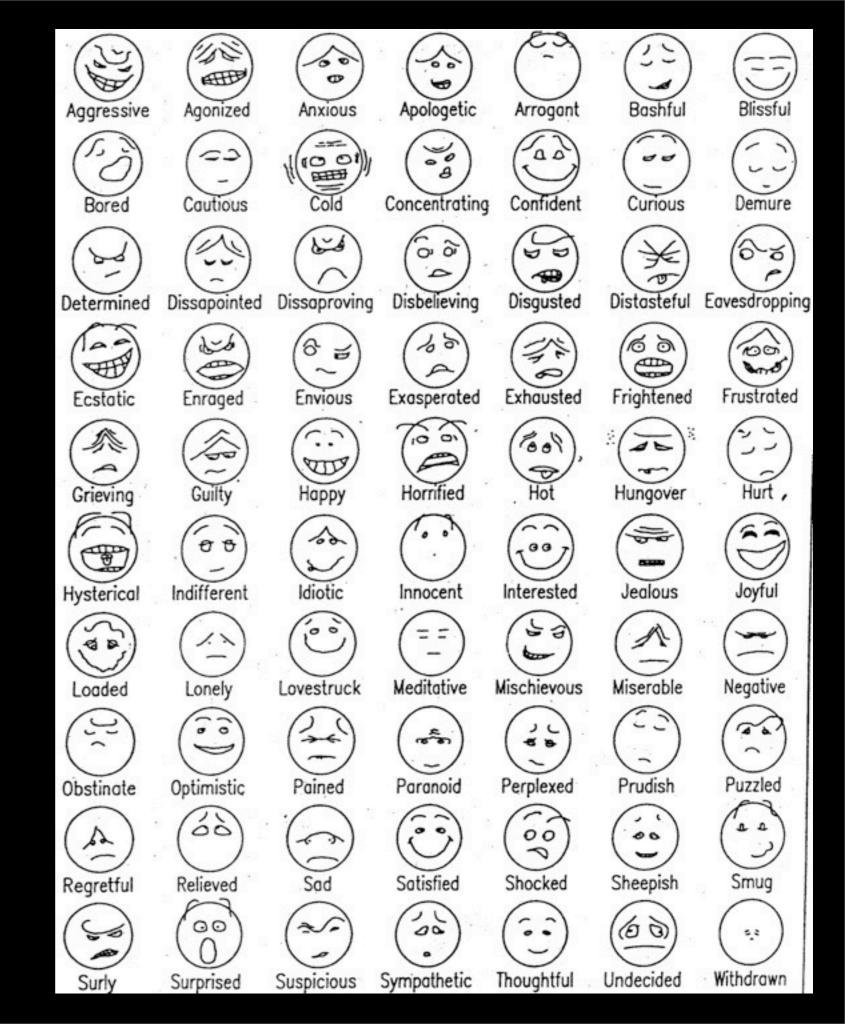
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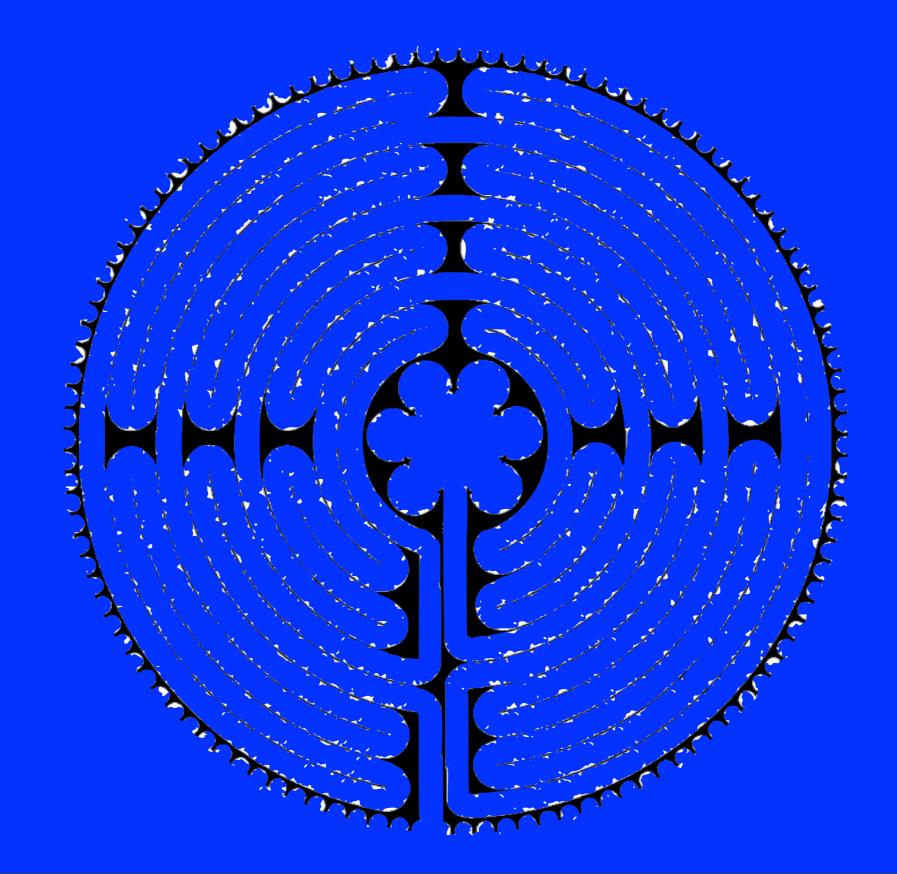
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Share one or two feelings you are experiencing right now.



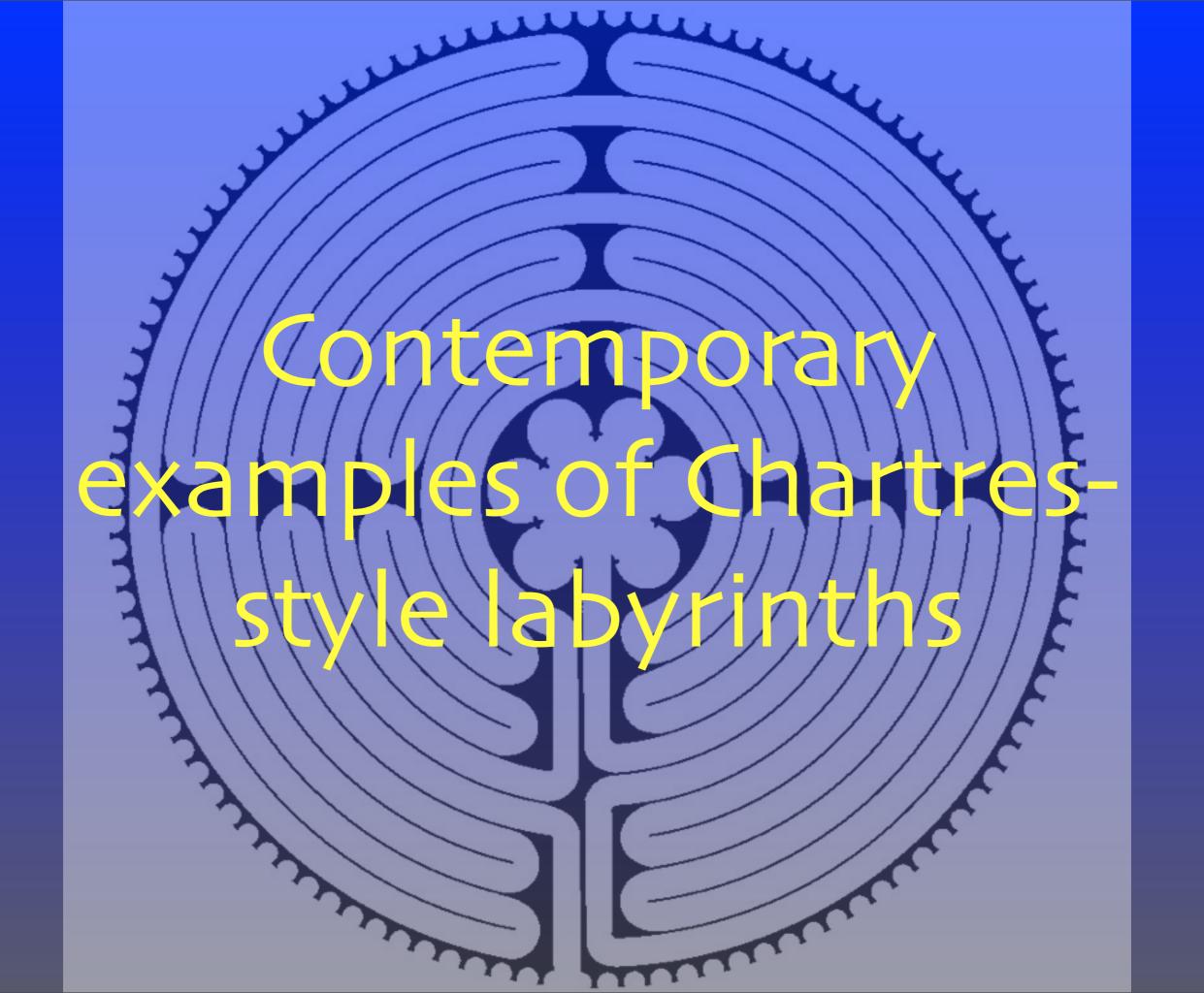


#### What did God communicate?



How did-your labyrinth experiences mirror your life?

How did-your labyrinth experiences mirror your life? Ask yourself, "Where else in my life do I have the same feelings or experiences?"



Terrazo Labyrínth, Grace Cathedral San Francisco, Californía (USA)

Occidental Grand Hotel Cozumel, Mexico

©Lauren Geoffrion Warren



### Church labyrinth Highlands Ranch, Colorado USA

Rancho La Puerta Spa Tecate, Mexico

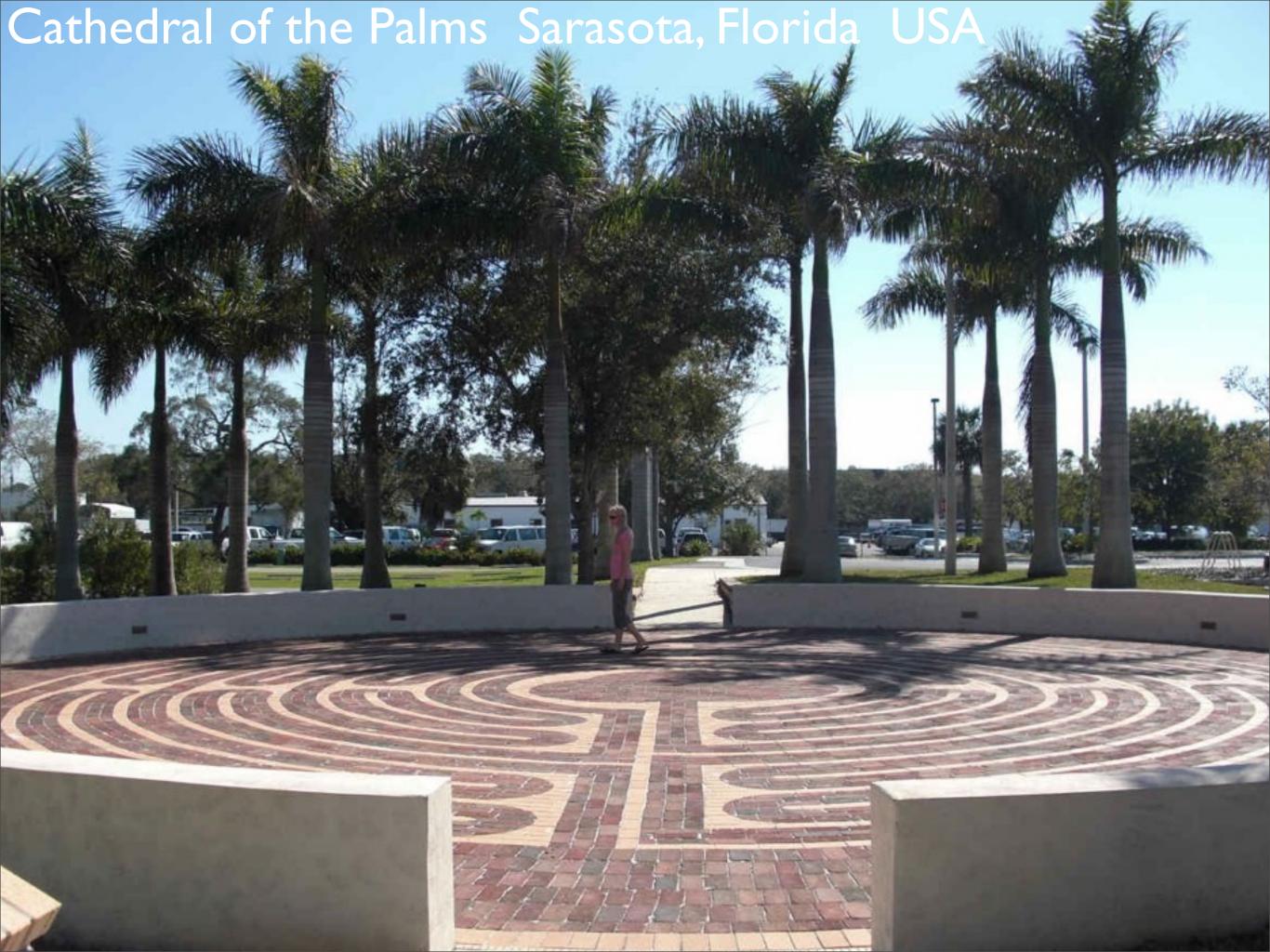
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Farmington Care Center, Minnesota (USA)

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## Episcopal Church Sarasota, Florida USA



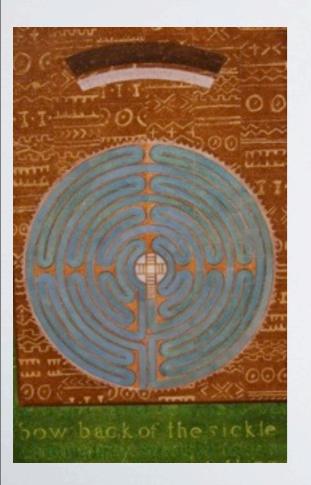
Epíscopal Cathedral, Pheoníx, Arízona (USA)



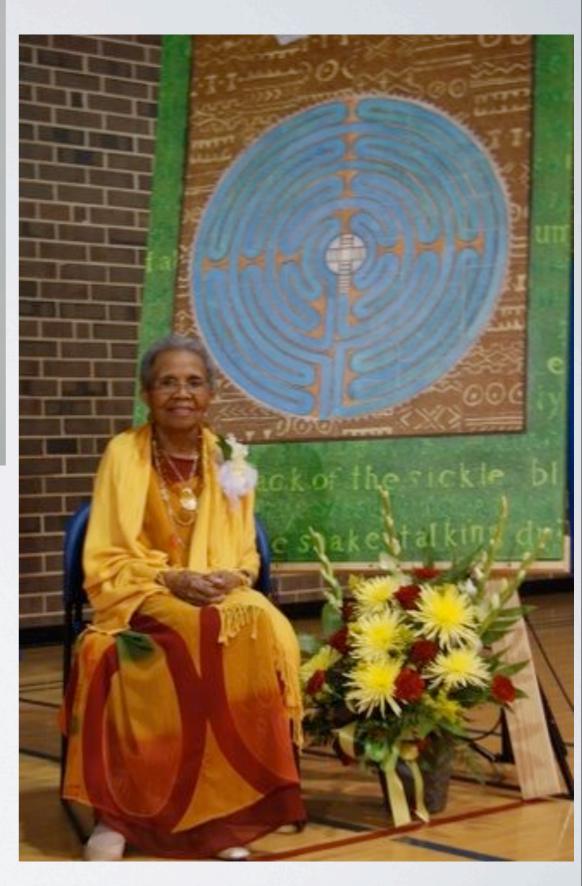
Fírst Universalist Church Labyrinth Minneapolis, Minnesota (USA)







Howey Alexander Labyrinth YMCA North Carolina, USA



Photos © Rev. Cheryl F. Dudley

Maison St.Yves Garden Chartres, France

1/1/1

St Luke's Outside Baltimore, Maryland (USA) Columbine, Colorado USA

#### Northern Rwanda.

Chartres pattern made from bricks and grass. Photo by Rev. Jean-Damascène Nsabimana

## Deephaven, Minnesota USA

Episcopal Church Austin, Minnesota (USA)

Meadow Chartres-style Labyrinth Northfield, MN (USA)

Grass Labyrinth with paths worn from walking (1997-2010) Wisdom Ways Center of Spirituality St. Paul, Minnesota (USA)

Labyrinth mown in the grass & memorial garden Property owned by the Congregational Church Bayport, Minnesota (USA)



Temporary labyrinth made of grass, chalk & flags Wisdom Ways Center for Spirituality & Sisters of Saint Joseph of Carondolet St. Paul, Minnesota (USA)



Musanze, Rwanda





A LAR CALL



### Chartres-style labyrinth in Sedalia, Arizona (USA) Rocks on gravel

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Theolgical Faculty, Uganda ©Emmanuel Ndimukaga

MUNICIUM



# 2009 LABYRINTH CALENDAR Original Art Created by Carlos Arturo Smith



2000 Labyrinth and Healing Art Calendar Carlos: Healing Art Gallery - Studio 665 4th Acv. Langmant, CO 50502 - 309-888-6560 Bruil: c2a20miccare - www.carlobealingart.com

## www.carloshealingart.com



## Bead Labyrinth Artist: Linda Campbell

Finger Labyrinth for the visually and physically challenged.

> Outside Baltimore, Maryland (USA)

The Labyrinth at St. Luke's Episcopal Church, Trinity Parish

This tinger labwinth is offered for the use of physically and visually challenged visitors through the generous support of the TKF Foundations and the gifts of parisblowers and friends.



Plexiglass finger labyrinth photo of Chartres Labyrinth by Alain Kilar DR Congo

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## Canvas labyrinth set up for a Christmas Eve service in the Art Gallery

Hennepin Avenue Methodist Church – Minneapolis, Minnesota (USA)

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#### Chartres-style canvas labyrinth with green paint. Wisdom Ways Center for Spirituality, Sisters of St. Joseph (Carondolet). Saint Paul, Minnesota (USA)

Labyrinth with stones of Chartres (white paint) Canvas, taken to Kivu, D. R. Congo

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## Masking tape Chartres Labyrinth Prayer Vigil, New Palestine, Indiana (USA)

Photo ©Warren Lynn, <u>www.wellfedspirit.org</u>

Blue painters' tape labyrinth on carpet Kokomo First Christian Church, Indiana (USA) ©Photo Warren Lynn, www.wellfedspirit.org

Stitched Chartres Labyrinth Bukavu, D. R. Congo

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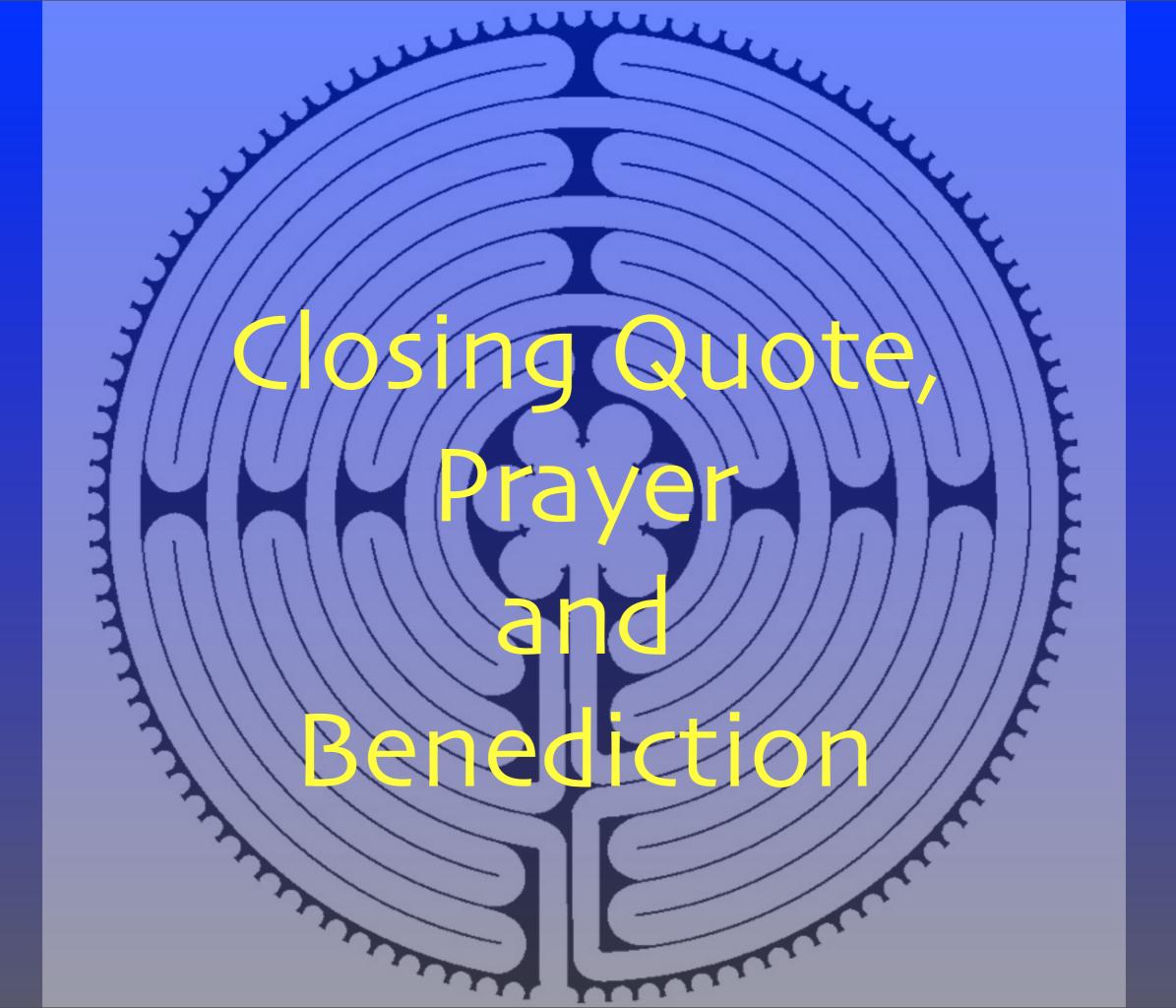
## lvy canvas, "Heart of Chartres"







### Apartment building Chartres, France



#### "I only went out for a walk, and finally concluded to stay out till sundown, for in going out, I found out I was really going in."

John Muir quoted in Phil Couisneau in <u>Pilgrimage</u>, edited by Sean O'Reilly and James O'Reilly (San Francisco: Travelers' Tales, 2000) xvi.

### **Prayer of Dedication**

Lord, I will trust you, help me to journey beyond the familiar and into the unknown.

Give me the faith to leave old ways and break fresh ground with You.

Christ of the mysteries, can I trust You to be stronger than each storm in me?

Do I still yearn for Your glory to lighten on me?

I will show others the care You've given me.

I determine amidst all uncertainty always to trust.

I choose to live beyond regret, and let You recreate my life.

I believe You will make a way for me and provide for me...

I will trust in the darkness and know that my times are still in Your hand.

I will believe You for my future, chapter by chapter, until all the story is written.

Brendan, in <u>Celtic Daily Prayers from the</u> <u>Northumbria Community</u> Harper 2002.





Be Safe and Well Peace, Love, (Wisdom), and Courage.

Egyptian blessing for those leaving on pilgrimage



Ministry website <u>www.fhlglobal.org</u> Labyrinth resources by jill <u>www.jillgeoffrion.com</u> Journey blog by jill <u>jillgeoffrion.wordpress.com</u>

Articles by Tim: <u>www.spiritledleader.wordpress.com</u>

Jill's email: jill.geoffrion@fhlglobal.org Tim's email: tim.geoffrion@fhlglobal.org